

RECRUITING PARTICIPANTS FOR A RESEARCH STUDY

Study Title: Assessing the Prevalence of and Risk Factors for Disordered Eating Behaviors in Adolescents with Inflammatory Bowel Disease



Researchers are interested in understanding **body image concerns** and **disordered eating behaviors** in adolescents with Inflammatory Bowel Disease. This voluntary study is an **online survey** that is estimated to take **20-30 minutes to complete**, and will ask participants to answer a **variety of questions** about your **eating behaviors**, **quality of life**, and **emotional health**. Participating in this study is your choice and will not impact your care.

You are welcome to participate in the study if you:

- Have been diagnosed with **Inflammatory Bowel Disease** for at least **6 months**
- **Speak, read, and understand English**
- Are **between the ages of 12 and 22 years old**
- **Currently receive care** for your Inflammatory Bowel Disease at **any ImproveCareNow site**
- Have **access to the internet**, through a computer, smartphone, tablet, etc.

Participants in the study can be entered into a raffle to win a \$25 Amazon giftcard upon completion of the survey.

To learn more about the study and complete the online survey, please visit <https://redcap.drexelmed.edu/redcap/surveys/> and enter code “XYHNJHLCF” to access the online survey or you can contact the study coordinator, Jennie David (jgd46@drexel.edu)

This study was reviewed by the Drexel IRB.