

UNDERSTANDING
YOUR RELATIONSHIP
WITH POWER
IS ESSENTIAL
TO CREATING
A JUST, EQUITABLE
AND SUSTAINABLE
WORLD.

CONTACT AND CONNECT

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OCTOBER 21-25, 2017

**CONSCIOUS USE
OF POWER**

THE HAVEN, GABRIOLA ISLAND
BRITISH COLUMBIA
CANADA





WHAT IS THE INNER ACTIVIST?

The inner activist program was created by education and change leaders, many with activist backgrounds.

We assist progressive social change makers to develop the leadership skills needed to become a transforming influence at work and in the world.

Our courses assist **individuals to explore how they operate as leaders. Together we examine whether our intent matches the impact of our actions** and learn concrete skills to bring these further into alignment in three key areas: personal mastery, relationships and power.

Inner activist faculty bring **decades of seasoned curriculum and facilitation skills** to this challenging area of human dynamics. Central to our approach is the understanding and awareness that individuals and groups working for social change do so within the context of social inequity and power difference.

WHY ENROL IN CONSCIOUS USE OF POWER 2017?

Understanding **your relationship to power** and how you use it is essential to supporting individuals, teams and social movements to be empowered, equitable and have a greater impact.

In this course we explore concepts of **power, rank, privilege**, our own experiences of marginalization and belonging, **how the personal intersects with the political**, and the role power plays in our lives and work.

Leveraging these insights, course participants gain the **knowledge and tools they need to respond more effectively to power**, interact more compassionately with others and use their power consciously to **create meaningful and lasting change**.



“One of the strengths of Conscious Use of Power was the diversity! By really cultivating it and living it in community within the course it gave me such a feeling of belonging.”

- Mitch Miyagawa, NVC Trainer, writer and filmmaker

WHO COMES TO INNER ACTIVIST PROGRAMS?

Conscious Use of Power brings together change makers from across North America and around the world who seek **fresh tools for deepening their self-awareness and ability to use power consciously to create a better world**, all within supportive, creative and compassionate environment.

They represent a **wide diversity of backgrounds, cultures, communities and workplaces**. Participants come from non-profit organizations, community groups, government agencies, progressive business, charities and unions. As part of our commitment to a vision of equity and inclusion in all of our programs, **we support participation of individuals from marginalized and underrepresented groups through our bursary program**.

WHAT YOU NEED TO KNOW:

Date: Conscious Use of Power: October 21–25, 2017

***Cost:** \$1100 + accommodation (\$CAN)
*Tuition Bursaries are available for those facing financial barriers:
www.inneractivist.com/bursary

Location: The Haven, Gabriola Island, British Columbia, Canada



Course Leaders:
Camille Dumond (Equity, Diversity & Intercultural Education)
Natasha Aruliah (Equity, Diversity & Intercultural Education)

To register: inneractivist.com/conscious_use_of_power
For more information call Suzanne Nievaart, Outreach & Engagement Coordinator at (250) 882-9399 or email info@inneractivist.com.

Learn more about Conscious Use of Power:
Free lunchtime Webinars & Special Events
To register: www.inneractivist.com/events

WHAT TOOLS AND BENEFITS WILL YOU RECEIVE FROM THIS COURSE?

Our courses integrate **six different approaches to leadership development**, providing accessible and effective tools no matter your learning style or leadership challenge. Conscious Use of Power will assist you to:

- Explore the role of power in your life and your work as a change maker.
- Examine your own identity and experience of marginalization and belonging.
- Learn how to develop your self-awareness and identify how you use and misuse your power.
- Gain tools to more effectively manage conflict and polarizing situations.
- Practice methods of compassionate interaction with others.
- Develop skills for using your power consciously to be more productive and have a great impact.



“Understanding the ways in which the political intersects with the personal is key to our work in the world, to being more effective and more sustainable.”

- Caitlyn Vernon, Coastal Campaigner, Sierra Club of British Columbia