

Menu for Action

FOR FREDERICK COUNTY CONGREGATIONS



All congregations Frederick County are encouraged to choose one or more of these actions to put their learning into action. Actions could also be incorporated into your religious education program.

Forming

1. Organize a spiritual outdoor experience/ nature walk ☐
2. Host an environmental movie night ☐
3. Host a workshop on the intersection of faith and environment ☐
4. Offer a Creation Care study based upon your faith ☐
5. Offer a sermon on environmental issues ☐
6. Organize an environmental book study group ☐
7. Organize an "Inspirational Tour" looking at existing green projects ☐
8. Host an educational event about one of Frederick's most pressing environmental issues ☐
9. Host an educational event about bottled water ☐
10. Educate about gardening and lawn care for the environment ☐

Going Forth

1. Involve other congregations, the neighborhood, or general public in any Forming or Caring activities ☐
2. Coordinate a community rain barrel workshop ☐
3. Hold a native tree/plant training and sale ☐
4. Spearhead multi-congregational storm drain stenciling /murals ☐
5. Spearhead a multi-congregation stream cleanup or block-by-block trash cleanup ☐
6. Spearhead an inspirational community outdoor experience with other congregations ☐
7. Take action to advocate for clean water. Contact your state or local representative and/or write a letter to the editor ☐

Caring

1. Organize recycling at your congregation ☐
2. Install rain barrels, a rain garden, or a cistern ☐
3. Organize and participate in a tree planting ☐
4. Schedule a congregational stream cleanup or trash pickup ☐
5. Remove invasive plant species ☐
6. Install a community garden on congregation grounds to benefit your congregants or to donate the food ☐
7. Design conservation landscaping ☐
8. Conduct an audit of chemicals at the congregation and properly dispose of them ☐



For more information contact Bonnie Sorak at
bonnie@interfaithchesapeake.org
www.interfaithchesapeake.org
410-609-6952



Menu for Action Resource List - for Frederick County congregations

FORMING

Items 1-8: Interfaith Partners for the Chesapeake can assist you with any of the following:

1. Coordinate a spiritual outdoor experience/nature walk
2. Host an environmental movie night for your congregation
3. Host a workshop on the intersection of faith and environment
4. Offer a Creation Care themed Bible Study
5. Offer a sermon on environmental issues
6. Organize an environmental book study group
7. Organize an "Inspirational Tour" looking at existing green projects

Contact Interfaith Partners for the Chesapeake: <http://www.interfaithchesapeake.org>,
410-609-6852

8. Host an educational event about one of Frederick's most pressing environmental issues for any of the following:

- Monocacy River
- Drinking Water
- Forest Loss
- Agricultural Pollution

Contact Potomac Conservancy: <https://potomac.org>, 301-608-1188

9. Host an educational event about bottled water:

View the video "Tapped" and encourage people to begin carrying their own water bottle:
https://www.youtube.com/watch?v=c_b0A3legAg

10. Educate about gardening and lawn care for the environment:

Contact Master Gardeners: Master Gardeners offer gardening help, landscape planning, workshops, and educational events. <https://extension.umd.edu/frederick-county/home-gardening/master-gardener-program> Susan Trice 301-600-1596, strice@umd.edu

Contact Home & Garden (also from UMD Extension): online resources - get help with lawn, garden or pest questions, "ask an expert" <http://extension.umd.edu/hgic>

CARING

1. Organize recycling at your congregation:

How can our congregation participate in recycling?

Contact Frederick County: <https://frederickcountymd.gov/1764/Recycling-Information>,
301-600-2960

2. Install Rain Barrels, a Rain Garden, or a Cistern:

Rain Barrels – Contact Scott Key Center: <http://www.scottkeycenter.org/products/rain-barrels>, 301-600-1631

Rain Gardens – NRCS office in Frederick:

<https://www.nrcs.usda.gov/wps/portal/nrcs/main/md/contact/local/#Frederick>,
301-695-2803

3. Organize and participate in a tree planting or host an "Arbor Day Every Day" Event:

Where can we get trees to plant and learn how to plant them?

Contact Stream-Link Education: <http://www.streamlinkededucation.org>, 443-538-6201

4. Schedule a congregational stream clean up or trash pickup:

Contact The Alice Ferguson Foundation: <http://fergusonfoundation.org>, 301-292-5665

Contact Frederick County: <https://frederickcountymd.gov/7564/Litter-and-Floatables>,
301-600-1416

5. Remove invasive plant species:

Contact Maryland Sierra Club – Catoctin Group:

<https://www.sierraclub.org/maryland/catoctin-group>, 301-277-7111

6. Install a community garden to benefit your congregants, or to donate the food:

Contact Master Gardeners: <https://extension.umd.edu/frederick-county/home-gardening/master-gardener-program> Susan Trice 301-600-1596, strice@umd.edu

7. Design conservation landscaping:

Contact Master Gardeners: <https://extension.umd.edu/frederick-county/home-gardening/master-gardener-program> Susan Trice 301-600-1596, strice@umd.edu

8. Conduct an audit of chemicals at the congregation and properly dispose of them:

Survey your congregation building and grounds for cleaning materials and lawn chemicals.
Properly dispose of them during household hazardous waste drop-off days.

Contact Department of Utilities and Waste Management:

<https://frederickcountymd.gov/106/Utilities-Waste-Management>, 301-600-1825

GOING FORTH

1. Involve other congregations, the neighborhood, or general public in any Forming or Caring activities.

2. Coordinate a community rain barrel workshop

Host a community event that trains people how to install rain barrels on their property.

See in CARING #2.

3. Hold a native tree/plant training and sale

See in CARING #3.

4. Spearhead multi-congregational storm drain stenciling/murals

Labels storm drains to inform public that water flowing into them goes to the nearest river or stream and does not go to a water treatment facility.

5. Spearhead a multi-congregation stream cleanup or block-by-block trash cleanup

See in CARING #4.

6. Spearhead an inspirational community outdoor experience with other congregations:

- **Frederick County Parks:** <https://www.recreator.com>, 301-600-1646
- **Catoctin Mountain Park:** <https://www.nps.gov/cato/index.htm>, 301-663-9388
- **Sugarloaf Mountain:** <http://www.sugarloafmd.com>, 301-874-2024

7. Take action to advocate for clean water

Contact your state or local representative and/or write a letter to the editor regarding specific environmental issues. IPC can help identify the issues and provide sample letters.

<http://www.interfaithchesapeake.org/advocacy>

Other Resources:

Frederick County Green Home Challenge: <https://www.frederickgreenchallenge.org/about-the-challenge/green-leader>

Become a Green Leader in the Green Home Challenge to conserve valuable resources, reduce your environmental impact, and create a healthy home.