



Date		Spiritual Reflection	Description/Action	Link
1 Wed		Enduring like the earth and sky. Until all beings are freed from sorrow. And all are awakened. - Shantideva	How will you celebrate the 50th anniversary of Earth Day? In these trying times of coping with COVID-19 look into working virtually with your congregation leadership to encourage them to sign the IPC Partner Congregation Pledge.	https://www.interfaithchesapeake.org/ipcpartpledge
2 Thur	Learning Lab	"The world is green and beautiful, and Allah has appointed you his stewards over it." - Hadith	Learning Lab: Planning for a Zero Waste Congregation	https://www.interfaithchesapeake.org/zerowaste
3 Fri		Bless these gifts to the well-being of your world and all its inhabitants, that we might all praise your holy name. Adapted from Psalm 65	Planning to make Easter baskets? Purchase Fair Trade Certified™ chocolate, which is free from child labor, and supports farmer communities	https://shop.equalexchange.coop/collections/chocolate
4 Sat.	Holy Sat.	"God looked at everything that God had made, and indeed, it was very good." - Gen. 1:31	Take a walk and notice signs of new life, resurrection, and spring in your neighborhood. Take pictures or notes in a journal of what you see or use Picture this app to identify the plants that you see	https://www.inaturalist.org/
5 Sun		"On either side of the river is the tree of life ... and its leaves are for the healing of the nations." - Rev. 22:2	Comemorate this Spring holiday season by planting a native tree. Use this coupon to locate a local nurserey where you can buy a tree	bit.ly/MDtreecoupon
6 Mon		"My help comes from the LORD, who made heaven and earth." Psalm 121:2	Consider serving plant-based dishes for Easter Sunday	http://StFrancisAlliance.com/recipes
7 Tues		"All nature serves God"- Psalm 97	Identify important critters in your nearby creek and report your findings to a database to track the health of rivers	https://anshome.org/creek-critters/
8 Wed	PASSOVER BEGINS	"For seven days you are to eat bread made without yeast".- Exodus 12	Use the Passover Haggadah for Environmental Justice at your virtual Seder this year	https://www.rac.org/sites/default/files/Earth%20Justice%20Seder%20Haggadah%20Mar%20202016.pdf
9 Thur	2ND NIGHT SEDER	"Ma Nishtana" – "Why is this night different from all other nights?"	Havaya Family Seder-Everyone is invited for a one-hour, family friendly gathering. No experience necessary. All you need is yourself and, if you want, some Passover-related foods (matzah, charoset, bitter herbs ... and whatever else you want to eat or snack on). Feel free to sit at your table, recline on your couch, or sit in bed -- there's no right or wrong way to do this. And invite your friends to join us (virtually, of course!).	https://zoom.us/join/joinMeeting?meetingId=917352222222&meetingName=Ma+Nishtana+2nd+Night+Seder
10 Fri	GOOD FRIDAY	"Create in me a clean heart and put a new and right spirit within me" - Psalm 51:10	Eating less meat may be a way to fast as the Lord desires	bit.ly/2iX9w9i
11 Sat		"Eat and drink from the provision of Allah, and do not commit abuse on the earth, spreading corruption." - Qur'an 2:60	Make the most over the food you have. In the US, >30% of all food is wasted each year. Reduce your food waste by planning well and eating leftovers. Consider composting what's left at home or get table scraps picked up	https://www.CompostCrew.com , https://www.VeteranCompost.com , https://www.KeyCompost.com
12 Sun	EASTER SUNDAY	"The New Testament does not only tell us of the earthly Jesus and his tangible and loving relationship with the world. It also shows him risen and glorious, present throughout Creation by his universal Lordship" - Pope Francis, Laudato Si'	Pray for all our neighbors who face environmental devastation and for the courage of Jesus to sustain your commitment to environmental justice. Read more:	http://www.usccb.org/about/leadership/holy-see/francis/pope-francis-encyclical-laudato-si-on-environment.cfm
13 Mon		"Where your treasure is, there your heart will be also." - Matthew 6:21	God's Creation is a treasure. Advocate for sustaining the health of neighborhoods, our local streams and the treasure of the Chesapeake Bay	https://d3n8a8pro7vnm.cloudfront.net/ipc/pages/52/attachments/original/1585246472/Streams_in_the_Wasteland_Activity.pdf?1585246472
14 Tue		"For God so loved the Cosmos ..." - John 3:16	God's circle of love is infinite and all-inclusive. Reflect and open your heart today to those in Creation, human or non- human, who are outside your circle of love.	bit.ly/IPCej
15 Wed		"Walk gently on Earth" - 25:63, The Qur'an	Care for Creation and support clean energy by divesting from fossil fuels and reinvesting in ways that support people and the planet	http://GreenAmerica.org/divest-reinvest



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16 Thur	"Thou kind Lord! Unite all. Let the religions agree and make the nations one, so that they may see each other as one family and the whole earth as one home. May they all live together in perfect harmony" - Bahá'í Prayer	The Power to Motivate: Learn to Lead a Behavior Change Campaign at Your Congregation. Sign up to attend this instructional webinar with Suzanne Etgen from the Anne Arundel County Watershed Stewards Academy at IPC's Events webpage	https://www.interfaithchesapeake.org/events
17 Fri	"God's promise depends on faith and rests upon grace to be guaranteed to all descendants of Sarah and Abraham." - Romans 4:16	Sign up to get IPC's newsletter for actions supporting the future of your descendants	bit.ly/ipcnewsletter
18 Sat	"You will be like a well-watered garden, like a spring whose waters never fail" Isaiah 58:9-14	Rest today. Take a break from the TV and internet. Turn off everything, and unplug it if you can. Play a game, go for a walk, or read a book! Read Blessed Earth's resources on Sabbath living:	SabbathLiving.org
19 Sun	"Train your children from their earliest days to be infinitely tender and loving to animals." Abdu'l-Bahá	Support cleaner energy at home. Support 100% wind power through your energy bills	IPLdmv.org/CleanEnergy
20 Mon	God of sacred waters, may we be a blessing to your waters.	Engage your congregation in one or two actions from our Menu for Action	bit.ly/actionmenu
21 Tues	"As he was coming up out of the water ..." - Mark 1:10	Can anyone be baptized in your local stream? Locate your waterway and it's condition:	bit.ly/watershedfinder
22 Wed	EARTH DAY! "I am establishing my covenant with you, your descendants, and with every living creature ..." - Genesis 9:9-10	Take a walk and observe the interdependence of God's Creation. Use IPC's Spiritual Walk guide:	bit.ly/IPC-Walk
23 Thur	RAMADAN BEGINS Eid al-Fitr "O you who have believed, decreed upon you is fasting as it was decreed upon those before you so that you may become righteous." - 2:183, The Qur'an	Connect with Green Muslims to live in the environmental spirit of Islam, striving towards connection with nature and environmental stewardship.	https://www.greenmuslims.org/
24 Fri	"Lift up your voice like a trumpet!" Isaiah 58:1	Arbor day! Advocate for and plant trees-Get 10 free trees	https://shop.arborday.org/memberships-ten-trees.aspx
25 Sat	"May all I say and all I think, be in harmony with thee, God within me, God beyond me, maker of the trees." - Chinook prayer, Pacific Northwest Coast, North America	Find a local stream and do a personal or family stream cleanup. Register your congregation to participate in Sept. in Project Clean Stream	bit.ly/projectcleanstream
26 Sun	"Whoever serves me must follow me ..." - John 12:26a	In your home, replace incandescent and compact fluorescent lights with LEDs. Each bulb replaced will save hundreds of pounds of climate pollution over time. Google your utility for rebate and incentive programs.	https://bgesmartenergy.com/residential/help-me-save/lighting-discounts
27 Mon	"The month of Ramadan in which was revealed the Qur'an, a guidance for mankind, clear proofs for guidance and criterion... (between right and wrong)". 2-185, The Qur'an)	Care for creation: choose a bank that aligns with your values	http://GreenAmerica.org/better-banking
28 Tues	"God's promise depends on faith and rests upon grace to be guaranteed to all descendants of Sarah and Abraham." - Romans 4:16	Wash laundry in cold water for the week and hang it up to dry to save energy and money.	bit.ly/DitchYourDryer
29 Wed	"O God, the waters of life are your gift, in trust for us all." - Revelation 22	Advocate for the health of neighborhoods, our local streams, and the treasure of the Bay by using reusable bags whenever you go out for groceries or other shopping. Create one out of an old t-shirt	https://bit.ly/2UtnyAZ
30 Thur	"That the One who began a good work in you will bring it to completion"- Philippians 1:6	Take time to give thanks for the changes of heart and habit you have taken on since Earth Month began, and continue to live out your call to Creation stewardship with hope always in your heart! Contact IPC to engage your congregation	https://www.interfaithchesapeake.org/