

CARING for CREATION - Prayers, Activities, and Ideas

for healing God's good earth, air and water

Do'a Before meals:

Oh my God/ Allah, give blessings to us [with this food which we have received from the goodness of your Creation]. May we escape the fire of Hell. In the name of Allah.

Scriptures / Surahs / Hadith:

Qur'an 21:30 We have made from water every living thing.

Qur'an 16:65 And God sends down water from the skies, giving life thereby to the earth after it had been lifeless: in this, behold, there is a message indeed for people who listen.

Qur'an 2:22 We sent down rain from the heavens, and brought forth therewith fruits for your sustenance.



The Holy Prophet Muhammed (Peace be upon him):

Will there be clean water for our children's future?

- For anyone who will purchase the Ruma Well, and use its water jointly with other Muslims a wonderful place in the Garden of Eden is prepared.
- Excess in the use of water is forbidden, even if you have the resources of a whole river.

Qur'an 7:32 But waste not by excess, for Allah does not love the wasters.

In Islam, refraining from wasting, controlling or polluting water is an act of worship.

How you can care for sacred waters:

USE A SHOPPING BAG - About 2 million plastic bags are used every minute around the world. Plastic bags clog streams, rivers and the harbor. They break down into tiny pieces of plastic that are difficult to remove from God's precious water.

PLANT A TREE - Native trees are God's "cure all" for cleaning the water and restoring the environment to health. They purify the water, prevent soil erosion, reduce climate change and provide shade!

- Trees for Sacred Places - FREE trees for congregations of all faiths statewide in Maryland:
http://www.interfaithchesapeake.org/tree_planting_program

REFILLABLE WATER BOTTLE - Empty plastic water bottles often end up in our local streams and rivers. Take a bottle with you and refill it to save money and reduce trash in God's sacred waters!

LOOKING FOR MORE IDEAS? See our Menu for Action: http://www.interfaithchesapeake.org/menu_for_action
or call us at: 410-609-6852