

U3A PROSPECT

Sharing Skills and Experience with Friends

University of the Third Age Prospect

Post Office Box 601, Prospect East, South Australia, 5082

Phone 0410434048 Email u3aprospect@gmail.com



SEMESTER 2, 2018: TERM 3 & 4 ACTIVITIES

Beginning Monday July 23rd

Activities will run for 8 weeks in Term 3 and continue for 6 weeks in Term 4 unless otherwise stated.
All activities are held at the Prospect RSL Hall, Cnr Menzies Cres & Willcox Ave, unless otherwise stated.

TUESDAY

Tuesday FILM CLUB: Palace Nova Cinema, Prospect Rd

1st Tuesday of the Month - morning session

7th August, 4th September, 6th November

Meet in the Prospect Cinema upstairs foyer.

Members will be sent an email, a few days prior, to indicate which film will be attended that month. If you wish, stay afterwards for coffee and discussion in one of the nearby cafes. **Group Leader: Susan Wilson**

HAPPY FEET CIRCLE DANCING (NEW)

(no partner required)



Tues 10.00 – 11.30 am weekly

Bring your happy feet along and enjoy the fun, health and well-being benefits of Circle Dancing with Lyn. Dances are carefully taught each week with easy to learn steps such as walking, swaying, step touches, grapevines. The emphasis is on enjoying the dancing rather than obsessing about getting the steps right. Simple traditional folk and more contemporary dances are stepped out to a variety of traditional, classical, modern, fun, meditative style music from around the world. A cuppa and chat break is scheduled during the lesson.

Participants should wear comfortable shoes to dance on wooden floor and preferably not sneakers that tend to grip floor. Please bring a water bottle.

NB: No prior learning required however students must be able to stand and move unaided and medically capable of participating in a dancing class with gentle to moderately vigorous exercise.

Group leader: Lyn Porter. Lyn has been teaching Circle Dancing to U3A Adelaide & U3A Adelaide Hills since 2013. Lyn has trained with numerous world master teachers.

GUEST SPEAKER SERIES 1

Tues 1.00 – 2.30 pm

31st July 1.00 - 2.30pm

“William Blake, A shared exploration of his life and work.” (Discussion group session)

Presenter, Ian Starr has long been interested in the life and work of William Blake. He will look at Blake's life and work in the context of tumultuous history in Europe and Britain



during his lifetime (1757 to 1827). Blake's biographer, Peter Ackroyd, sets the context of the importance of Blake's work in the video clip “The Romantics Program” which will be shown as part of the session. The group will listen to and discuss the poems 'Auguries of Innocence' 'The Chimney Sweeper', 'A Little Boy Lost', 'Preface to Milton', 'Jerusalem', 'London' and 'The Tyger'. **Max number: 10 (discussion group)**

28th August 1.00 - 2.30 pm

“Breaker Morant”

Harry Harbord Morant is an Australian legend. Although executed in Pretoria for the murder of Boer prisoners and civilians in 1902, Morant refuses to lie down and die. These days nobody questions that he was guilty but the argument that he did not receive a fair trial by the standards of the day, and should therefore receive a posthumous pardon, will not go away. It surfaced in the Commonwealth Parliament as recently as February 2018.

So what's the truth about the Breaker?

Presented by Dr Tony Stimson. Tony holds a PhD in History and was a co-founder and principal of Eynesbury Senior College, institutes of business and technology and international English language academies until stepping down in 2007. Since then he has been preoccupied with two books on South Australia's involvement in the Anglo-Boer War - they should appear either later this year or early next year. He is a frequent visitor to Australian battlefields in South Africa and is President of the South Australian Boer War Association, an association for descendants of men who served and anyone interested in the war in South Africa.

21st September (11.00 am Members General Meeting)

“Developing a Creative and Smart City”

Presented by Chris Hannaford, Director of Business and Innovation, City of Prospect

16th October 1.00 - 2.30 pm

“The Practical and Ethical Challenges of Writing Other People's Lives”

Identifies the five stages in writing other people's lives, and discusses the practical and ethical challenges that arise at each stage. **Presented by Dr Sandra Lindeman.** Sandra is an accredited editor. She has written/edited six biographies and two community histories. She has Honours and Masters Degrees in Anthropology and a PhD in English.

TUESDAY CONT.

13th November 1.00 - 2.30 pm

“The Headstone Project”

Presented by John Brownlie

John Brownlie, in his retirement, has taken over the reins in SA of a nationwide movement, walking around cemeteries, searching for unmarked graves of returned WWI veterans. The Headstone project aims to provide a headstone, a record of service and a re-dedication service for those veterans. Hear about the success stories so far.

“SMART BYTES” DIGITAL COURSES (NEW)

Tues 1.00 – 2.30 pm (selected dates)

Group tutorials will be held for the first 30 minutes, followed by small group/1:1 learning. Courses will be tailored to suit your needs. Support given in a friendly and encouraging environment.



24th July Getting to Know Your Device and the Be Connected online learning program.

In this session, you will learn about using a computer or mobile device such as a tablet or smartphone. It will introduce you to the Be Connected Website where you can find lots of easy courses to help you become connected.

7th Aug Basic online activities.

In this session you will learn some essential skills to get you online: email, search engines, safe passwords, downloading documents and photos.

21st Aug Socialising online with Facebook.

In this session, you will learn all about the social network Facebook. The course covers how to set-up a Facebook account, keep your account safe, create your Facebook profile, find your friends and family. The course will also show you how to post messages, pictures and updates.

4th Sept Connecting online: Skype, Facetime and WhatsApp – keeping in touch with family and friends online.

In this session you will learn how to get set up with the correct equipment to make video calls. It will also teach you about some different ways to make free video calls using applications such as Skype, WhatsApp and Facetime.

23rd Oct Apps for Seniors – games, health, transport...

In this session, we will explore a range of apps (android and mac) that are useful for seniors in their everyday lives.

“SMART BYTES” DIGITAL COURSES cont.

6th Nov Buying and selling online

In this session, you will learn all about shopping online. The session covers how you can use the internet to compare prices, your rights when buying online and secure payment methods you can use when shopping online.

20th Nov Apps for Travel

In this session, we will explore a range of apps (android and mac) that are useful for senior travellers. You may wish to share apps that you have used in your own travel experiences with others.

Participants need to bring their own devices. Internet is available (free of charge) at the RSL Hall.

Group Leaders: Daniel Turner and Jenny Rossiter. Daniel turned 60 this year and retired last year after 35 years working in Aboriginal Education, the last 18 years with the University, spending considerable time working on computers. Jenny has taught digital technologies in a school setting for the past 15 years. She enjoys playing games, using Pinterest and facetime with her family on her iPad.



Be Connected
Every Australian online.

**Network
Partner**

WEDNESDAY

BOOK CLUB

**10.15 – 11.45 am 3rd Wednesday of the Month
Beginning Wed Aug 15th**

Prospect Library, Thomas St, Nailsworth

Read books and meet new people. An opportunity for enthusiastic readers to come together once a month to discuss a particular book. Books are chosen by the group from a range of sets available at the Prospect Library. Members do not need to purchase books. **Group Leader: Karen Tierney**, avid reader and “experienced book clubber”

MEDITATION

Wed 9.30 - 11.00 am weekly

Each session will consist of guided meditation and opportunities to learn about and discuss relevant issues. **Group Leader, Jack Piesiewicz** is a retired high school teacher with a lifelong interest in spiritual matters, having been involved with a number of meditation groups.

WEDNESDAY CONT

FIRST STEPS IN FRENCH CONVERSATION (Cont'd)

Wed 11.15 am – 12.45 pm

Weekly for 9 weeks (finishing 19th Sept)

Learn basic grammar, pronunciation and vocabulary and some conversational French – useful everyday phrases suitable for



those planning to travel to French speaking countries. Tutor Penelope Hackett-Jones has a lifelong interest in language and has taught French at a U3A for over 15 years. Participants need to bring a pen and paper and purchase the text book.

DRAWING

Wed 1.00 – 3.00 pm weekly



This course is aimed at those who wish to learn the basics of how to draw. Tutor Anneke Hoffman is a retired Secondary Art Teacher of 40 years, having attended numerous workshops at the North Adelaide School of Art, Central School of Art and Pepper St Art Centre. Materials required: A3 Drawing folder, HB, 2B, 4B pencils and eraser.

THURSDAY

RESEARCHING YOUR FAMILY HISTORY FOR FREE (NEW)

Thurs 10.00 – 11.30 am

Fortnightly – 4 sessions – begins 26th July

Interested in learning about your family history but don't know where to start or don't want to subscribe to expensive online sites? This course will give a basic introduction to how to access information for free; how to collect and record data, using a variety of sources such as birth, death and marriage records; census; cemetery records; military records; photographs. Lesley and Marg are keen historians who will be able impart tips and tricks they have learnt from years of research.

Presenters: Marg Davey and Lesley Attema, Prospect Family History Group

HISTORY SERIES Term 3 (NEW)

Thurs 10.00 – 11.30 am

Lecturer: Sue Garforth

After a varied career in both the Public Service and private enterprise, Sue spent the last 15 years of her working life teaching in high schools in both Australia and England. She is now happily retired and able to indulge her passion for history by lecturing at U3A.

1066 AND ALL THAT

2nd & 16th August (2 sessions)

A look at Anglo Saxon England from the departure of the Romans to the arrival of the Normans. It covers almost a third of recorded English history and yet is relatively unknown. A fascinating period - not at all the "dark ages".

HISTORY SERIES cont

THE ENGLISH CIVIL WAR

30th Aug, 13th Sept, 20th Sept (3 sessions)

Not just roundheads and cavaliers, but religious upheaval, the end of absolute monarchy and the beginnings of democracy, attempts even at communism, women's rights, impassioned defences of freedom of speech. In fact the beginning of the modern world.

COME AND TRY PETANQUE (NEW)

Thurs 10.00 am – 12 noon

18th, 25th October, 1st & 8th November

(4 sessions)



Venue: Prospect Petanque Club, Buchanan St, Nailsworth (enter off West Terrace)

Petanque is a family bowls game where gender, age and physical prowess have very little impact on success. Learn how to play petanque and relax in the peaceful surrounds of the club rooms. Established in 1996, Prospect Petanque is one of the largest Petanque Clubs in South Australia.

\$10 "materials fee" for hire of petanque balls and morning tea. Paid directly to the tutor on the first day.

Wear soft soled flat shoes, hat and sunscreen. Petanque balls supplied. **Tutors/Coaches: Alan Sanderson and Brett Williams**, President and Vice President, of the Prospect Petanque Club, and all round good guys!

MOSAICS

Thurs 1.00 – 3.00 pm weekly



Learn basic mosaic techniques. First project – decorate a garden pot (\$5.00 material cost, paid direct to the group leader). After that, you will be given ideas for your own project, including types of resources available and where to purchase suitable materials. Teresa will guide you and teach you tricks and tips that she has learnt over the years. You will enjoy good company in a relaxed and fun environment. **Group Leader Teresa Pizzino** has been a mosaic artist for over 10 years and is the group leader of Cracked Pot Mosaics, local community group.

CRAFTY CARDS (NEW)

Thurs 1.00 – 3.00 pm weekly

Learn to make easy greeting cards: tap into your creative side, save money on buying commercial cards and enjoy a sociable crafting activity. **Group Leader Sue Harrington** has been scrapbooking since 2005, has attended and led many classes herself. Participants to bring scissors, glue stick, old cards to cut up, double sided tape (optional)

FRIDAY

EIGHT BALL AND SNOOKER

Fri 9.30 – 11.00 am weekly

Come 'N Try Eightball. Course is open to beginners and to those who just like to play. Opportunity to play on a full-size Snooker table. **Group Leader Neil Rossiter**, President Prospect RSL.

MAH JONG BASICS

Fri 9.30 am – 12.00 noon weekly

Mah Jong is a table game of 3-4 players and played with a set of 144 special tiles. The game includes many interesting features of the old Chinese game but has been adapted to meet the demands of western countries. All levels of players welcome. Come and learn to play in a very relaxed and informal environment. Mah Jong sets are supplied.

Tutor Kaye Armstrong is a qualified Mah Jong Teacher from the local community group, NorthWinds Mah Jong Club.

CLASSIC FILM VIEWING & DISCUSSION GROUP

(NEW)

Fri 1.00 – 3.30 pm RSL Hall



(Fortnightly – begins 27th July)

Once a fortnight, we will be watching a classic film released prior to 1960. The group will have input as to the selection of movies they wish to watch. Prior to viewing there will be a short information session about the film. After viewing there will a group discussion. Due to time constraints will not be watching 3 – 4 hour epics! The first film we will watch is a 1942 classic – can you guess which one? So BYO popcorn, Jaffas, Fantails and Choc tops, sit back, relax and enjoy! **Group Leader: Daniel Turner**, avid film buff

TELL ME WHAT YOUR THINK

Fri 1.00 – 3.00 pm



(Fortnightly – begins 3rd August)

The group discusses topical social, cultural and political issues under the heading of current affairs, using a wide variety of reputable sources to investigate and reflect on issues in an effort to better inform ourselves and understand the world. Topics for Terms 1 and 2 included:

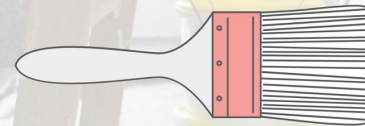
Nick Zenophon, our ever-changing suburbs, international aid, the United Nations Organisation, the Western World, organised religion, healthy eating and the environment, and renewable energy.

The group will decide topics each fortnight for the next meeting. **Group Leader, Marilyn Pearson**. Marilyn has been an active participant in the discussion group and has taken on the role of group leader for Term 3. David Kilner, will return as group leader in Term 4.

9th - 11th July

9.00am - 3.00pm

Can you spare a couple of hours in the holidays?



WORKING BEE

Help paint the two *side* walls inside the RSL Hall

Morning tea, lunch, afternoon tea, paint and tools supplied.

In collaboration with the Prospect RSL

Please email u3aprospect@gmail.com to let us know if you can help with the painting. Many hands make light work. Just a few hours will help considerably. A coat of paint will lighten up the hall

OUT AND ABOUT EXCURSIONS

SEMESTER 2

- **Monday 6th August: Adelaide Town Hall, 2.00 to 3.00pm – no cost**
Go on a fascinating tour of the building guided by City of Adelaide's passionate and knowledgeable volunteers. Learn about the building's architecture, world famous organ, history, and Colonel William Light: British military officer and the first Surveyor-General of the Colony of South Australia. View the bronze statue of Queen Adelaide on the ground floor, then venture up the grand marble stairs (or take the lift) to the stunning art exhibitions and displays in the level one grand main foyer.
Members to meet outside the Town Hall at 1.45 pm
- **Monday 3rd September: Behind the Scenes: Care & Repair - State Library of SA 2.00 to 3.00 pm - no cost (max 10 persons)**
A rare opportunity to visit the State Library's conservation and restoration studios, meet their specialist staff and see their amazing practice in action.
Location: Meet level 1, opposite the Security cloaking desk at 1.45 pm
- **Monday 5th November Adelaide Botanic Gardens (details to be advised)**

COMMUNITY EVENTS

(Supported by U3A Prospect: you do not have to be a U3A Member to attend these events)

- **Tour of the Prospect Air Raid Shelter**
Sunday 25th November Tour 1: 3pm; Tour 2 - 3.30pm,
Willcox Avenue, Prospect
U3A Prospect, Prospect RSL and Prospect Local History Group jointly present a tour of the Prospect Air Raid Shelter, which was built in 1942. Prospect Local History Group and the City of Prospect have together brought fresh life to this historic wartime area through landscaping and seating. Display panels tell the story of how the air raid shelter came to be built in the darkest days of the Second World War. The Prospect Air Raid Shelter Gardens commemorate those who served in the War and particularly honours the civil defence effort in our local community.

In this tour we will also visit the interior of the shelter and learn how our civil defence was planned. Closed footwear essential. Steep steps to climb for tour of interior. Outside is accessible.
Entry by gold coin donation.
Bookings essential - book via Eventbrite - www.eventbrite.com.au
- **Architects on Show - Free Event**
Saturday 11th August, 2.00pm to 4.00pm.
Australian Institute of Architects SA and Prospect Council.
Presentation by Architects Damian Madigan - Uni SA and Julian Rutt Lumen Design are speaking on The Missing Middle. (Housing)
No booking required
North Adelaide Football Club Legends Room
People are welcome to stay for a beverage after.

U3A PROSPECT SPECIAL EVENTS AND IMPORTANT DATES

- **Friday 21st September - Members General Meeting 11.00 am**
Prospect RSL Hall
Guest Speaker – “Developing a Creative and Smart City” ,
Chris Hannaford, Director of Business and Innovation, City of
Prospect
- **Saturday 27th October - Prospect Spring Fair, Broadview Oval,**
9.00 am – 4.00 pm
(U3A Prospect Promotional Stand – volunteers needed)
- **Friday November 30th - Members General Meeting 11.00 am &**
END OF YEAR CELEBRATION LUNCH 11.30 am
onwards (venue to be advised)
- **Friday December 7th - 2019 Course Enrolment and Membership**
Registration Day 9.30 am - 3.00 pm
- **Office Closed from December 8th**
- **Office re-opens January 18th - 2019 Course enrolment and**
membership registrations



JOIN THE PROSPECT RSL

YOU DON'T NEED TO BE A VETERAN TO JOIN
SOCIAL NIGHT: THURSDAY NIGHT

Email admin@prospectrsl.com.au or Ph 0466887975 or speak to Alan behind the bar

U3A Prospect
COURSE ENROLMENT FORM
SEMESTER 2 (Term 3 & 4) 2018

Please return completed form via email, mail, or in person at the U3A Prospect Office

Member 1 Family Name..... Given Name.....

Member 2 Family Name Given Name.....

Membership number (if known)

Registration Day and Open Morning: Friday June 29th June 10.00 – 11.00 am

In person enrolment and registration at the U3A Prospect Office (Prospect RSL Hall) at other times from 9.30 – 11.30 am, Fridays during term times.		Member 1 (tick)	Member 2 (tick)
TUESDAY			
Film Club	1 st Tuesday of the month		
Happy Feet Dancing	10.00 – 11.30 am		
Guest Speaker Series:			
William Blake, his life and his work	1.00 – 2.30 pm 31 st July		
Breaker Morant	1.00 – 2.30 pm 28 th August		
Developing a Creative and Smart City	11.00 am 21 st September (Members General Meeting)		
The Practical and Ethical Challenges of Writing Other People's Lives	1.00 – 2.30 pm 16 th October		
The Headstone Project	1.00 – 2.30 pm 13 th November		
SMART Bytes: Digital Learning Program			
Getting to Know Your Device	1.00 – 2.30 pm 24 th July		
Basic Online Activities	1.00 – 2.30 pm 7 th August		
Socialising Online	1.00 – 2.30 pm 21 st August		
Connecting Online	1.00 – 2.30 pm 4 th September		
Apps for Seniors	1.00 – 2.30 pm 23 rd October		
Buying and Selling Online	1.00 – 2.30 pm 6 th November		
Apps for Travel	1.00 – 2.30 pm 20 th November		
WEDNESDAY			
Meditation	9.30 – 11.00 am		
First Steps in French Conversation (cont'd)	11.15 am – 12.45 pm		
Drawing	1.00 – 3.00 pm		
Book Club (venue: Prospect Library)	9.30 – 11.00 am (3 rd Wed Monthly)		
THURSDAY			
Come 'N Try Petanque (Nailsworth)	10.00 am – 12 noon 18 th & 25 th October, 1 st & 8 th November		
Researching Your Family History For Free	10.00 – 11.30am (fortnightly from 26 th July)		
History Series: 1066 And All That	10.00 – 11.30 am (2 nd & 16 th August)		
History Series: The English Civil War	10.00 – 11.30 am 30 th August, 13 th & 20 th September		
Mosaics	1.00 – 3.00 pm		
Crafty Card Making	1.00 – 3.00 pm		

FRIDAY			
Eightball & Snooker Basics	9.30 – 11.00am		
Mahjong Group	9.30 – 12.00 noon		
Classic Film Viewing & Discussion Group	1.00 – 3.30pm (Fortnightly from 27th July)		
Tell Me What You Think	1.00 – 2.30pm (Fortnightly from 3rd August)		
OUT & ABOUT			
Adelaide Town Hall	2.00 – 3.00 pm Monday 6 th August		
State Library of SA	2.00 - 3.00 pm Monday 3 rd September		
U3A Prospect General Meeting	10.00 am Friday September 21 st		
Adelaide Botanic Gardens (TBC)	Monday 5 th November – time TBC		
U3A Prospect Members General Meeting	10.00 am Friday November 30 th		
End of Year Celebration Lunch	11.30 am Friday November 30 th		

SEMESTER 2, 2018: TERM 3 & 4 ACTIVITIES

Beginning Monday July 23rd

Activities will run for 8 weeks in Term 3 and continue for 6 weeks in Term 4 unless otherwise stated.

All activities are held at the Prospect RSL Hall, Cnr Menzies Cres & Willcox Ave, unless otherwise stated.

Return your enrolment forms by email, by post, bring them to the Open Morning on Friday June 29th at the RSL Hall or on Fridays between 9.30 - 11.30am, during term times.

Post Office Box 601, Prospect East , South Australia, 5082

Phone 0410434048 Email u3aprospect@gmail.com