

WOMEN'S SAFETY RESOURCES

24 Hour Crisis Services:

- **Gerstein Crisis Centre** 416-929-5200 | gersteincentre.org
- **Connex Ontario** 1-866-531-2600 | www.connexontario.ca/en-ca/
- **Distress Centres of Greater Toronto** 416-408- HELP (4357) | www.dcoct.com
- **Assaulted Women's Hotline** 1-866-863-0511 | www.awhl.org
- **Senior's Safety Line** 1-866-299-1011 | www.eapon.ca
- **Kids Help Phone** 1-800-668-6868 | kidshelpphone.ca

Education, Training & Workshops:

- **Wen-Do, Women's Self Defense** 416-929-3636 | wendo.ca
- **Consent Comes First Ryerson** 416-979-5000 ext. 553596 | www.ryerson.ca/sexual-violence/
- **Community Safety & Security Ryerson** 416-979-5040 | www.ryerson.ca/community-safety-security/training-workshops/
- **Metrac** 416-392-3135 | www.metrac.org
- **Women ACT** 416-944-9242 | womanact.ca
- **Canadian Women's Foundation** 1-866-293-4483 | canadianwomen.org

Event Panelists:

- **Pauline Larsen**, Director, Economic and Community Development, Downtown Yonge BIA
- **Uppala Chandrasekera**, Social Worker
- **Susan Davis**, Executive Director, Gerstein Crisis Centre
- **Scott Mckean**, Safe TO - Community Safety & Wellbeing Planning, City of Toronto
- **Inspector Susan Gomes**, Toronto Police Services, 51 Division