

Insert here a biography to be circulated by the Selection Committee to the relevant affiliated organisations and CLP branches. Please note this biography must fit one side of A4.

I believe Labour must select strong, socialist candidates who can challenge the widespread cynicism towards politicians. As a young working-class woman, I can offer voters a real choice and engage with those communities who feel let down by mainstream politics.

I am a passionate NHS campaigner with strong links to NHS activists/stakeholders in Rochford and Southend East. I joined Labour in 2015 because, for the first time in my life, I felt that parliamentary politics had something to offer people like me.

This was largely due to Jeremy Corbyn's election and the anti-austerity direction of his leadership. My generation faces a future of low-pay, insecure work, and hollowed out public services. I am standing for selection to give them a voice and do everything in my power to return a transformative Labour Government.

Coming from a humble background, entering politics was a steep learning curve for me. At 16, I moved out of my home and took a job at a local café. I fell victim to an abusive relationship and it was several years before I was finally able to leave – forging a new life as an actress.

These experiences have shaped my politics and, working as an actress, I have first-hand knowledge of the precarious conditions faced by workers across the county. Throughout my career, I have been a proud trade unionist and I have worked with Equity to improve conditions for my colleagues.

I have been an active campaigner both locally and nationally: campaigning for Sadiq Khan, local council elections, a Remain vote in the EU referendum, and the Queenstown, Stoke Central and Copeland by-elections.

During the 2017 General Election, I functioned as a de-facto campaigns coordinator in my ward, helping to organise local campaigning activity and mobilise new activists. I travelled across the country to campaign in marginal constituencies such as: Brighton, Derby North, Croydon Central and Battersea.

As an active member of the Labour Campaign for Mental Health, I helped organise our founding conference and produced innovative social media content. Our contributions to the #TimeToTalk and Mental Health Awareness Day campaigns have helped to further discussion on mental health in society and in policymaking. I now work as a Parliamentary Assistant to Chris Williamson MP.

Time and time again, voters on the doorstep told me that “nothing ever changes”. Since the General Election that mood is starting to shift. The Conservatives have rarely seemed so ordinary, powerless, and beatable. As Labour's candidate for Rochford and Southend East, I will be a powerful advocate for a renewed, optimistic politics. Together, we can turn Rochford and Southend East red and deliver a Labour Government.

Date form completed

07/11/2017

Please fill in the text fields (highlighted in grey) on this form. Each of the fields will expand to take the amount you type. There are also some tick boxes to complete - just click in the box to enter or remove a checkmark.