



## ADHD WA ADULT SUPPORT GROUP

An opportunity for adults with ADHD and those who support them to gather information about ADHD and share ideas and strategies.

Facilitated by Elena Trethowan, provisional psychologist at ADHD WA; with the support of Lou Brown, ADHD coach.

Held on the 3rd Tuesday of the Month

7.30pm to 9.30 pm

Dates for 2019

Tuesday	19th February
Tuesday	19th March
Tuesday	16th April
Tuesday	21st May
Tuesday	18th June
Tuesday	16th June
Tuesday	20th August
Tuesday	17th September
Tuesday	15th October
Tuesday	19th November
Tuesday	17th December

Venue: The Niche, 11 Aberdare Rd (cnr of Aberdare Rd & Hospital Ave), Nedlands.

Phone 08 6457 7544 for further information

SUPPORT | INFORMATION | ADVOCACY

[www.adhdwa.org](http://www.adhdwa.org)