

Prompts to Reach Developmental Outcome Measures

These prompts can be used as a guide while working with young people to identify:

- One to two areas of development that they can improve and
- One to two areas of strength that they can use to build from

Case Name: _____

Case No.: _____

Assessed By: _____

Date: _____

Check the statements that are consistently true for the individual being assessed.

(6) ASPECTS OF IDENTITY: Young people demonstrate a positive identity when they have a sense of personal well-being and a sense of connection and commitment to others.

1. Safety and Structure:

- Does this young person feel safe in their daily life and environment?
- Can this young person tell you at least one place where they feel safe?
- Are daily events somewhat predictable? Do they know what to expect on a daily basis?

2. Self Worth:

- Does this young person believe they are a “good person?”
- Does this young person feel they contribute to helping themselves, helping others?

3. Mastery and Future:

- Does this young person believe they are “making it?”
- Does this young person believe they will succeed in the future?

4. Belonging and Membership:

- Does this person value others in their family, others in their community?
- Does this young person believe they are valued by others in their family, others in their community?

5. Responsibility and Autonomy:

- Does this young person believe that they have at least some control over daily events?
- Does this young person understand that they are accountable for their own actions?
- Does this young person understand that they are accountable for the consequences of their actions on others?

6. Self-Awareness and Spirituality:

- Does this young person believe that they are unique?
- Do they feel intimately attached to an extended family, cultural group, community, higher deity, and/or principles?

Continue on to Areas of Ability...

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(6) AREAS OF ABILITY: Young people demonstrate ability when they gain knowledge, skills, and attitude that prepare them for adulthood.

1. *Physical Health:* Does this young person have the ability and motivation to:

- Act in ways that best ensures current and future physical health for self and for others?

2. *Mental Health:* Does this young person have the ability and motivation to:

- Respond affirmatively to and cope with positive *and* adverse situations?
- Reflect on their emotions and surroundings in a constructive way?
- Engage in leisure and fun that does not cause harm to them or others?

3. *Intellectual Ability:* Does this young person have the ability and motivation to:

- Learn in school and in other settings, and gain basic knowledge needed to graduate high school?
- Use critical thinking, be creative, use problem-solving and expressive skills, and conduct independent study?

4. *Employability:* Does this young person have the ability and motivation to:

- Gain the functional and organizational skills necessary for employment
- Have a realistic understanding of careers and options, and the steps necessary to reach goals?

5. *Civic and Social Ability:* Does this young person have the ability and motivation to:

- Work collaboratively with others for the larger good?
- Sustain caring friendships and relationships with others?

6. *Cultural Ability:* Does this young person have the ability and motivation to:

- Respect and affirmatively respond to differences among groups and individuals of diverse backgrounds, interests, and traditions?

You can track the results in the chart.

1. Circle "I" or "A" to indicate Identity or Ability.
2. Write number of the area underneath.
3. Write the title of the area in the space provided.

DEVELOPMENTAL OUTCOME MEASURES			
Areas with <i>less than half</i> checked = Areas of challenge		Areas with <i>at least half</i> checked = Areas of strength	
I	A	I	A
I	A	I	A
I	A	I	A
I	A	I	A