

MODELS of PRIDE

PARENT & PROFESSIONAL INSTITUTE

2017 Workshop Program

Workshop Title: Adult Ally: How to Advocate With and For Your LGBTQ Student

Workshop Description: Our current political climate requires that we all become the strongest advocates for LGBTQ as possible. In this workshop, we will review the rights of LGBTQ students in California and discuss the ways that you can advocate with and for students in your local schools. We will also provide opportunities for adult allies to brainstorm issues in their schools and collectively create action plans that uplift the needs and perspectives of LGBTQ youth.

Workshop Time: Session 3

Workshop Location: MRF 330

Workshop Facilitator: Krystal Torres-Covarrubias

Additional Workshop Facilitators:

Affiliation: Los Angeles LGBT Center

Workshop Title: Allyship in Action

Workshop Description: Ally—it's an action, not a label. Join facilitators from the Anti-Defamation League's A WORLD OF DIFFERENCE Institute for "Allyship in Action" workshop where participants will examine impacts of bias and develop tangible skills to prevent and intervene in bullying. Educators will develop tools to empower themselves, colleagues, and students. Whether we're addressing homophobia, transphobia, sexism, racism, anti-Semitism or another form of bias, we all have a responsibility to create safer schools and spaces.

Workshop Time: Session 2

Workshop Location: WPH 205

Workshop Facilitator: Anthony Eftimeo

Additional Workshop Facilitators: Erin-Kate Escobar

Affiliation: Anti-Defamation League

Workshop Title: Asexuality for Medical and Mental Health Professionals

Workshop Description: This presentation will cover health issues surrounding the asexual community in order to better inform and educate medical and mental health professionals unfamiliar to issues affecting patients who identify along the asexual and aromantic orientation spectrum. We will cover basic terminology, sensitivity training, and suggestions for fostering a safe space for asexual patients.:

Workshop Time: Session 1

Workshop Location: MRF 320

Workshop Facilitator: Izzy Lee

Additional Workshop Facilitators:

Affiliation: Ace Los Angeles

Workshop Title: Becoming a Trans* Ally

Workshop Description: This workshop invites participants to learn and implement new vocabulary expanding on their existing knowledge of trans* and gender-nonconforming identities. Participants will engage with ally-focused practices and develop skills for use and reference within everyday experiences. Becoming a Trans* Ally is designed to support individuals in understanding how to practice active allyship. Through multiple experiential exercises and facilitated discussions participants will address questions and confusions to direct their lives toward enacted social change.

Workshop Time: Session 3

Workshop Location: MRF 229

Workshop Facilitator: Kyle Sawyer

Additional Workshop Facilitators: MD Spicer-Sitzes

Affiliation: Building Allies

Workshop Title: Born This Way? Reconciling Your Feelings as a Parent While Respecting Your Child's Coming Out Process

Workshop Description: Coming out is not always easy. There can be confusion, disappointment, fear and LOTS of questions. Learn how to support your LGBQ child while navigating your own feelings around them coming out. Learn how to create a deeper bond with your child, how to communicate more effectively and listen more deeply while being able to express your own feelings clearly and respectfully. It's a process. Learn how to navigate it seamlessly.

Workshop Time: Session 2

Workshop Location: MRF 320

Workshop Facilitator: Kerri Smith-Osei

Additional Workshop Facilitators:

Affiliation: Coach Kerri R. Smith-Osei, CLC

Workshop Title: Developing Critically Engaged Student Leaders

Workshop Description: Want to take your GSA/LGBTQ club to the next level? Come and learn how to advance your GSA/LGBTQ club at YOUR school! Different components of this training include: organization and time management for student leaders, historical background to LGBTQ activist movements, awareness of various policies in place that protect LGBTQ students, and how to make a club more cohesive, consistent and self-sustainable. Learn from folks who have had hands on experience working with GSAs and advisors on a weekly basis and acquire the tools to help you make your club even more AWESOME!

Workshop Time: Session 1

Workshop Location: WPH B26

Workshop Facilitator: Tasha Colin

Additional Workshop Facilitators: Lauren Moreno

Affiliation: MCQ Training Co.

Workshop Title: eCPR for Suicide Prevention

Workshop Description: This workshop will introduce participants to Emotional CPR. an educational program designed to teach people how to assist others through an emotional crisis. The techniques of Emotional CPR can be used by anyone - friends, family, community members, and mental health professionals. Learn how deepen your listening skills, practice presence, create trauma-informed communities for LGBTQ youth, and help individuals who might be struggling feel more hopeful and engaged in life.

Workshop Time: Session 2

Workshop Location: WPH B26

Workshop Facilitator: Emily Sheera

Additional Workshop Facilitators: Daniel Au Valencia

Affiliation: National Empowerment Center

Workshop Title: Familias Afortunadas

Workshop Description: Latino families of gays, lesbian, transgender and bisexual children will share their journeys of acceptance and love. From single parents, to married parents to gay parents, they will speak about how they came to create a loving and safe home for their children.

Workshop Time: Session 2

Workshop Location: WPH B27

Workshop Facilitator: Gizella Czene

Additional Workshop Facilitators: Familias Medina, Navas, Paez, Ana, y Vargas

Affiliation: PFLAG Español

Workshop Title: Gender Dysphoria - Beyond the Diagnosis

Workshop Description: While Gender Dysphoria is widely recognized as the persistent distress that arises from the incongruence between one's assigned sex at birth and one's gender identity, the manner and scope of how gender dysphoria impacts transgender youth is rarely talked about. This workshop, led by Aydin Olson-Kennedy, MSW and Johanna Olson-Kennedy, MD, will explore some of the nuances of gender dysphoria not often considered in the conversation about transgender lives.

Workshop Time: Session 3

Workshop Location: MRF Hamovitch

Workshop Facilitator: Johanna Olson-Kennedy, MD

Additional Workshop Facilitators: Aydin Olson-Kennedy, MSW

Affiliation: Children's Hospital Los Angeles

Workshop Title: Género y Diversidad Sexual

Workshop Description: La diversidad en la identidad sexual y del género está creciendo. Mientras más instituciones reconocen el valor e importancia de la diversidad en la identidad sexual y del género, la implementación del Transition Guideline, pólizas no discriminatorias, y ambientes culturalmente inclusivos son primordial. Discutiremos las mejores prácticas para la inclusión de gente Transgénero, el trabajo que hace TEEP aquí en Los Ángeles, y varias formas que gente pueden hacerse aliados e involucrarse en el apoyo de gente Transgénero.

Workshop Time: Session 1

Workshop Location: MRF Hamovitch

Workshop Facilitator: Drian Juarez

Additional Workshop Facilitators: Laura Vargas, M.A.

Affiliation: Transgender Economic Empowerment Project, Planned Parenthood

Workshop Title: GSAs: Best Practices

Workshop Description: This workshop will consist of two parts: 1. A handout with materials from various LGBTQ support organizations, and a listing of resources from GSA Network (Gender & Sexualities Alliance Network/formerly Gay-Straight Alliance Network) and GLSEN (Gay, Lesbian, Straight Education Network), and local GSA's. 2. A Question & Answer session with a panel of local, successful GSA Advisors. The panel will answer questions about how to start, run, and maintain a successful GSA club over many years, focusing on practical responses to problems that advisors face.

Workshop Time: Session 2

Workshop Location: MRF Hamovitch

Workshop Facilitator: Doug Pollock

Additional Workshop Facilitators: Bridget Brownell, Lewis Chappellear, Tere LaGiusa

Affiliation: Marmonte GSA

Workshop Title: Keeping Faith: Honoring Your Child and Your Beliefs

Workshop Description: When a child comes out as LGBTQ, parents from religious and/or conservative families may feel backed into a corner. Do they have to choose between deeply held beliefs or supporting their child? Many have found that you don't have to leave faith behind when someone you love comes out. In this interactive session, parents and LGBTQ persons who have wrestled with religion will share their experiences and provide a safe space for you to tell your story.

Workshop Time: Session 2

Workshop Location: WPH B28

Workshop Facilitator: Mariette Sawchuk

Additional Workshop Facilitators: Rev. Ed Hansen, Karen Mason, Stuart Higgins

Affiliation: PFLAG Los Angeles

Workshop Title: LGBTQ Youth Suicide: Research and Practice Partnerships

Workshop Description: LGBT youth are 4x more likely than their straight peers to attempt suicide, and suicide attempts by LGB youth are 5x more likely to require medical attention. The National Transgender Discrimination Survey estimates that 41% of transgender individuals will attempt suicide during their lifetimes. Because of this established elevated suicide risk among LGBT individuals, developing culturally competent research practices for this population is of utmost importance. This workshop will provide research on factors that may increase suicidality among LGBT youth, and practical advice for how to talk with children, youth and clients who may be at risk for suicide.

Workshop Time: Session 3

Workshop Location: WPH B27

Workshop Facilitator: Jeremy Goldbach, PhD, LMSW

Additional Workshop Facilitators: David Bond, LCSW

Affiliation: USC School of Social Work

Workshop Title: LGBTQA Youth Detained: Following the Road to Custody

Workshop Description: LGBTQA youth are over represented in the juvenile justice system. This work shop will explore the different avenues that LGBTQA youth enter the system and ways to advocate in the best interest of youth through the judicial process. Learn to identify these entry points and develop appropriate interventions to prevent our youth from perpetuating this very preventable cycle. Time will be allowed for an open discussion on possible solutions.

Workshop Time: Session 3

Workshop Location: WPH B26

Workshop Facilitator: Timothy Vallez

Additional Workshop Facilitators:

Affiliation: Los Angeles County Probation Department

Workshop Title: Love, Actually: Defining Healthy and Unhealthy Relationships with LGBTQ Youth

Workshop Description: One in three youth report experiencing interpersonal violence in their relationships; for LGBTQ+ youth, that number is even higher. The LA LGBT Center's RISE Program will discuss the prevalence and unique risks of violence, especially for transgender and gender non-conforming youth, as well as strategies and resources for helping professionals empower LGBTQ+ youth in defining and creating healthy relationships.

Workshop Time: Session 1

Workshop Location: WPH B28

Workshop Facilitator: Ariel Bustamante

Additional Workshop Facilitators:

Affiliation: Los Angeles LGBT Center's RISE Program

Workshop Title: Medical Care for Transgender Youth - Blockers and Hormones

Workshop Description: The intent of this workshop is to provide an introduction to the medical interventions currently available to assist transgender youth with physical gender transition. We will review the the latest guidelines and interventions for transgender youth including hormone blockers, gender affirming hormones, and surgery.

Workshop Time: Session 2

Workshop Location: MRF Auditorium

Workshop Facilitator: Johanna Olson-Kennedy, MD

Additional Workshop Facilitators:

Affiliation: Children's Hospital Los Angeles

Workshop Title: Meeting the Needs of Queer Youth of Color

Workshop Description: For many educators, navigating conversations around race and sexuality can be difficult, especially when folks are struggling with the gender binary and concepts related to expectation and presentation. In this workshop learn how, by examining race, sexuality, and other dimensions of intersectionality, to better recognize and understand the needs of QPOC, specifically those who might be considering higher education or activism work related to racial disparity.

Workshop Time: Session 2

Workshop Location: WPH B30

Workshop Facilitator: Dr. Jonathan P. Higgins

Additional Workshop Facilitators:

Affiliation: Pomona College

Workshop Title: Mi Hijo/a es LGBT ¿Qué Hago?

Workshop Description: ¿Qué hago ahora que sé que mi hijo/a es LGBTQ? Uno de los primeros pasos que podemos hacer es buscar una comunidad de familias que apoyan a sus hijos/as LGBT. En este mini-grupo de PFLAG (padres y madres que apoyan a la comunidad LGBTQ) verá que Uds. no están solos/as y podrán educarse sobre los pasos de la aceptación y los recursos que existen para nuestras familias.

Workshop Time: Session 1

Workshop Location: MRF 229

Workshop Facilitator:

Additional Workshop Facilitators:

Affiliation: PFLAG Los Angeles/PFLAG Español

Workshop Title: NB 101: The Basics of Nonbinary Identity

Workshop Description: Learn the basics of nonbinary identity and become an ally to nonbinary people. This panel introduces and explains concepts including nonbinary gender today, third genders throughout cultures and history, romance and attraction involving nonbinary people, gender neutral pronouns and titles, and nonbinary social issues. There will be a Q&A with the nonbinary panelists for further questions.

Workshop Time: Session 2

Workshop Location: MRF 303

Workshop Facilitator: Nick 556

Additional Workshop Facilitators: Alex Souter

Affiliation:

Workshop Title: Our Bodies, Our Selves, Our Rights: Sex Ed for the 21st Century

Workshop Description: Under the California Healthy Youth Act, California public schools must provide comprehensive sex education that acknowledges gender diversity and same-sex relationships. This workshop will focus on students' right to accurate, unbiased, and inclusive information and equip you with ideas to advocate for improvements to school sex ed offerings in public schools. Also learn relevant laws and policies including minors' rights to confidential health services and confidential medical releases in schools.

Workshop Time: Session 1

Workshop Location: MRF 330

Workshop Facilitator: Amanda Goad

Additional Workshop Facilitators: Melissa Goodman

Affiliation: ACLU of Southern California

Workshop Title: Rainbow Connection: Helping LGBTQ Youth Building Communities

Workshop Description: Come learn from the founders of Brave Trails, a LGBTQ leadership summer camp, about building community. We'll discuss why it is important for LGBTQ youth to have access to LGBTQ spaces and learn about how community impacts LGBTQ youth. You'll come away with tangible resources for LGBTQ youth and students.

Workshop Time: Session 3

Workshop Location: WPH B30

Workshop Facilitator: Jessica Weissbuch, LMFT

Additional Workshop Facilitators: Kayla Weissbuch

Affiliation: Brave Trails

Workshop Title: Sex, Love, & Marriage: Dating in the 21st Century

Workshop Description: This workshop will explore strategies mental health professionals can utilize for LGBTQ clients who are dating. The use of social media in dating and courtship will be discussed along with key areas of treatment. This presentation will most directly pertain to theory -and practice- related aspects of the professional practice of psychology and will be beneficial to participants interested in exploring integration of lay and professional methodologies, as well as developing their clinical skills repertoire.

Workshop Time: Session 1

Workshop Location: MRF 303

Workshop Facilitator: Gregory Canillas, Ph.D.

Additional Workshop Facilitators: Jayce Baron

Affiliation: Chicago School of Professional Psychology, Kiss & Tell Networks

Workshop Title: Shutting Down the B-Word: How to Empower Bullied LGBTQIA Youth

Workshop Description: LGBTQIA youth of today are frequently bullied in a manner that leaves them feeling alienated, depressed and disempowered. As caretakers, parents, and professionals, our typical first instinct to "fix" the problem may inadvertently re-enforce victimhood and silence a youth's emerging voice. In this workshop, participants will learn practical, hands-on psychological tools to empower victims of bullying with strength-based and non-shaming techniques, which are aimed at helping LGBTQIA youth not only survive today's bullying culture, but thrive in spite of such oppression and marginalization.

Workshop Time: Session 1

Workshop Location: WPH B30

Workshop Facilitator: Michael Anthony-Nalepa, M.A.

Additional Workshop Facilitators:

Affiliation: The AnonymoUS Initiative, Antioch University

Workshop Title: So You Have a GSA, Now What?

Workshop Description: As Gay-Straight Alliance/Gender & Sexuality Alliance advisors, learn how to best support your student-led club. After this workshop you will walk away with strategies and resources for club meetings, campus events, field trips and community events you can start using immediately. Other topics to be covered are empowering youth leadership, networking, guest speakers, address student leadership burnout, fundraising and how to maintain a robust program throughout the year.

Workshop Time: Session 3

Workshop Location: WPH B28

Workshop Facilitator: Tere La Giusa

Additional Workshop Facilitators: Jim Trumps

Affiliation: Saugus High School, Highland High School, The OUTreach Center

Workshop Title: Suicide Prevention 101: LGBTQ Youth

Workshop Description: The statistics are startling: LGBTQ young people are at a much higher risk for suicide than their straight, cisgender peers. The good news is there are ways to address and prevent this. Come learn from a member of the Trevor Project and the National Suicide Prevention Line about the tools and resources available for our youth. We will discuss the intersection of LGBTQ identities and suicide, including risk factors, warning signs, crisis intervention, and safety planning for suicide.

Workshop Time: Session 1

Workshop Location: WPH B27

Workshop Facilitator: Jennifer Dihenia

Additional Workshop Facilitators:

Affiliation: The Trevor Project

Workshop Title: Supporting Trans Youth: A Mother & Daughter's Perspective

Workshop Description: It is well known but not often discussed that families of transgender youth struggle with coming to terms with their transition. Often, parents go through a grieving period when their child identifies as transgender which can sometimes put a strain on the relationship. In this workshop, hear from a mother and daughter who worked through these issues and now have an even stronger, more loving bond. They will discuss how to manage an adult's emotions/responses while honoring their child's transition. They will also provide multiple practical strategies for supporting trans youth from an adult's point of view.

Workshop Time: Session 3

Workshop Location: MRF 303

Workshop Facilitator: Cheryl Babb, LCSW

Additional Workshop Facilitators: Honor Babb

Affiliation:

Workshop Title: Surprising – And Empowering – LGBTQ History

Workshop Description: Everyone knows Shakespeare's plays but how many of us know about his love sonnets to another guy? Being queer is nothing new – and that's empowering! From looking at who writes history to exploring the primary sources that inspire history to be written, we'll discuss how some surprising historical figures (including Abraham Lincoln, Mahatma Gandhi, Sappho, Eleanor Roosevelt, the Pharaoh Hatshepsut and Christine Jorgensen) were men who loved men, women who loved women, and people who lived outside gender boundaries.

Workshop Time: Session 2

Workshop Location: MRF 330

Workshop Facilitator: Lee Wind

Additional Workshop Facilitators:

Affiliation: I'm Here. I'm Queer. What The Hell Do I Read?

Workshop Title: The Parents' POV (PFLAG): From Coming Out to Becoming an Ally & Everything In Between

Workshop Description: Becoming aware that our kids may be LGBTQ sets in motion a process of exploration and, hopefully, growth in us as parents. We can help each other develop the comfort and skills that enable us to be the best parents and LGBTQ allies we can. Parents of LGBTQ children will share personal stories, exploring how families of varying backgrounds handled our child's "coming out" and where we are on the journey. We will discuss resources that have helped us with time for questions about your own family experience.

Workshop Time: Session 1

Workshop Location: MRF Auditorium

Workshop Facilitator: Liz Mullen

Additional Workshop Facilitators: PFLAG Los Angeles Speakers Bureau

Affiliation: PFLAG Los Angeles

Workshop Title: Un Guía Para Entender, Apoyar y Alentar a Los Niños, Jóvenes y Familias LGBTQI2-S.

Workshop Description: Este taller proporciona información para los padres y familiares que buscan apoyar la salud de los niños y jóvenes que se identifican como lesbianas, gays, bisexual, transgénero, explorando, intersexuales o dos espíritus (LGBTQI2-S). Este taller ayudará a los padres inclusión plena y afirmativa de la diversa juventud LGBTQI2-S.

Workshop Time: Session 3

Workshop Location: MRF 206

Workshop Facilitator: America Islas

Additional Workshop Facilitators:

Affiliation: Los Angeles LGBT Center's RISE Program

Workshop Title: PYD: Unpacking Queer Narratives of Black & Brown Youth in Systems of Care

Workshop Description: Black and Brown youth are disproportionately represented in systems of care; ie foster care, homelessness, juvenile justice. We are constantly addressing challenging behaviors without providing outcomes where youth can thrive. This workshop will share and address the needs of Black and Brown youth in systems through a Positive Youth Development (PYD) framework. We must seek to provide our youth a partnership that will benefit them holistically to succeed in education, career and their future goals.

Workshop Time: Session 3

Workshop Location: MRF Auditorium

Workshop Facilitator: Martel Okonji, M.A.Ex

Additional Workshop Facilitators:

Affiliation: Los Angeles LGBT Center

Workshop Title: Walking Through The Mine Field of LGBTQ Teen Talk

Workshop Description: Talking to any teen can be difficult. Learning how to communicate with your LGBT teen and understanding their world presents an entirely new set of challenges. In this highly interactive workshop explore how the influences of a hetero-centric communication styles can effect your conversations with your teen, learn tools to bridge the gap, and build awareness of the needs of your LGBT teen.

Workshop Time: Session 2

Workshop Location: MRF 229

Workshop Facilitator: John Sovec, MA, LMFT

Additional Workshop Facilitators:

Affiliation: PGU