Workshop Title: #EndTransDetentions and #TransResilience: Fighting Deportations and for Community Survival

Workshop Summary: Queer and trans youth are leaders in the immigrant freedom movement! Undocumented immigrant youth and their families are part of queer and trans communities everywhere! Meet organizers and hear about how you can help to #FreeThePeople and #EndDeportations! We get people OUT of detention, organize to keep families together and fight to end trans detentions! Join us for a safe space to share, love ourselves, and love each other throughout the fight.

Room Assignment: THH 116

Workshop Session: Session 1 (10:30-11:45 A.M.)

Workshop Category: Activism / Social Justice, People of Color Community & issues, Self-Empowerment

Facilitators: William Posadas, Yessica Gonzales, Jazmin Hernandes

Affiliation: LA-Immigrant Youth Coalition

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Workshop Title: #WhatsYourNameTho? The Magic of Naming Ourselves in the Trans Community

Workshop Summary: What’s in a name? Naming ourselves is often a big first step in owning our trans selves and showing ourselves to the world. We have complicated, beautiful, funny, and tender stories about our many names. Join the St. John’s Trans Right to Health Committee to learn about the Legal Name and Gender Change process, Trans health services, and learn how you can be involved in healthcare policy change and expanding services to diverse trans communities.

Room Assignment: THH 116

Workshop Session: Session 2 (1:30-2:45 P.M.) or Session 3 (3:15-4:30 P.M.)

Workshop Category: Gender (i.e. Queer, Trans, Intersex, etc.)

Facilitators: William Posadas, Jason Hill, Jaden Fields, Alexander Fuller, West Seegmiller, Anna Gerringer, Ezak Perez

Affiliation: St. John's Trans Right to Health Committee

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Workshop Title: Action Planning: Building Your School's GSA

Workshop Summary: Want to start a GSA or LGBTQ club at your school or make your group even better? Then this workshop is for you! Come learn about goal-setting tools to help your club become a force on campus! This workshop will also discuss leadership and actions so your
club can be the best it can be. Don't miss this opportunity to connect with other GSA/LGBTQ Club leaders and share successes and challenges!

**Room Assignment:** VKC 111

**Workshop Session:** Session 2 (1:30-2:45 P.M.)

**Workshop Category:** Activism / Social Justice, Self-Empowerment

**Facilitators:** Mike Freeman, CAN Members

**Workshop Title:** All In, All Out, or Somewhere In Between

**Workshop Summary:** Who is in charge of your coming out story? YOU ARE! In this workshop, we will talk about how to make your coming out process powerful and meaningful. The only person in charge of your story is you and we will share effective tools to maintain your sanity and happiness during the amazing experience of coming out!

**Room Assignment:** VKC 150

**Workshop Session:** Session 1 (10:30-11:45 A.M.)

**Workshop Category:** Coming Out / Families, Self-Empowerment

**Facilitators:** John Sovec

**Workshop Title:** Art, Identity, & YOU!

**Workshop Summary:** From Ancient Egyptian tomb paintings, to Andy Warhol's soup cans, to your own creative expressions... Join your tour guide, Casey Hoke, a trans, queer "ARTivist" on a visual journey of expression through time and learn a bit about each other on the way with your own creative expressions!

**Room Assignment:** VKC 158

**Workshop Session:** Session 2 (1:30-2:45 P.M.)

**Workshop Category:** Arts & Culture, LGBTQ+ History

**Facilitators:** Casey Hoke

**Affiliation:** QueerArtHistory.com / Point Foundation

**Workshop Title:** Asexuality 102: Aces and Aros and Gray, Oh My!

**Workshop Summary:** Want to know what asexuality and aromanticism is all about? Are you familiar with the terms, but want to know more? Come to a discussion with real live aces and aros. All topics and questions are welcome.

**Room Assignment:** VKC 153 (Session 2) or VKC 150 (Session 3)

**Workshop Session:** Session 2 (1:30-2:45 P.M.) or Session 3 (3:15-4:30 P.M.)
**Workshop Category:** Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
**Facilitators:** Shari B. Ellis, Samantha Chappell
**Affiliation:** Ace Los Angeles

**Workshop Title:** Ask The Elders
**Workshop Summary:** This is a transformational Q&A panel featuring LGBTQ elders, ranging in ages 60-90 years old. This is a special opportunity to ask questions from the trailblazers that lead the way in the Gay Liberation Movement - all the way back to Stonewall. Come ask any questions you have about life, LGBTQ history, how we can create a substantial and productive future - everything is on table. Learn from those who went before you and build inter-generational bridges with the people who put everything on the line so we can enjoy the freedom we have today.

**Room Assignment:** THH 112
**Workshop Session:** Session 1 (10:30-11:45 A.M.)

**Workshop Category:** Activism / Social Justice, Self-Empowerment
**Facilitators:** Jesse Brune-Horan
**Affiliation:** Inspire Spiritual Community

**Workshop Title:** Bad Love: Finding and Building Healthy Relationships
**Workshop Summary:** Whether you've been in a bad relationship, know someone in a bad relationships, or want to learn more about building healthy relationships, this workshop is for you! Dating and intimate partner violence are problems in every community - including LGBTQ youth. It is sometimes hard to recognize the signs of a relationship escalating towards violence and harm, and even harder to leave this sort of relationship. This workshop will help educate you about resources for finding help, and recognizing "red flags" in relationships.

**Room Assignment:** VKC 152
**Workshop Session:** Session 2 (1:30-2:45 P.M.)
**Workshop Category:** Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
**Facilitators:** Prof. John Bartelt Klein, Prof. Linda Bartelt, University of La Verne Class of 2021 students Kacie Birdsell, Karlee Fink, Terralyn Garza, & Alexi Gonzalez
**Affiliation:** University of La Verne
**Workshop Title:** Becoming A Filmmaker

**Workshop Summary:** Filmmaker Ewan Duarte expresses his Trans and Queer identities in his writing and filmmaking. Come learn how Ewan incorporates authentic LGBTQ narratives in his work, and how you can, too! Ewan will present his previous award-winning short films, "Spiral Transition" and "Change Over Time," and come see a special sneak peek of his current documentary in the works, "Queering Yoga."

**Room Assignment:** THH 102

**Workshop Session:** Session 3 (3:15-4:30 P.M.)

**Workshop Category:** Arts & Culture, Gender (i.e. Queer, Trans, Intersex, etc.)

**Facilitators:** Ewan Duarte

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**Workshop Title:** Becoming a Trans Ally

**Workshop Summary:** This workshop is designed to engage participants in critical thinking regarding their own identity in relation to trans and gender-nonconforming (GNC) identified individuals. This workshop is meant for anyone who wants to create a change in their environment. Whether you are a family member, a teacher with a gender nonconforming student, community member, or just someone who wants to learn how to become an active-ally in their everyday lives. We focus on participants lived experiences to educate and empower folks to be active allies to the trans and gender-queer communities. This workshop addresses privilege, intersectional identities and asks participants to use these ideas as a lens.

**Room Assignment:** VKC 157

**Workshop Session:** Session 1 (10:30-11:45 A.M.)

**Workshop Category:** Activism / Social Justice, Ally Community & Issues, Gender (i.e. Queer, Trans, Intersex, etc.)

**Facilitators:** Kyle Sawyer, MD Spicer-Sitzes

**Affiliation:** Building Allies

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**Workshop Title:** Behind the Scenes of ABC’s The Real O’Neals

**Workshop Summary:** The Real O’Neals is a television show that helped redefine what LGBTQ representation looks like on major network television. Come hear the exclusive story of how this show became a reality! This panel will give you an opportunity to ask the creators of the show everything you’ve ever wanted to know about working in production, including how LGBTQ writers share their stories onscreen. Moderated by show co-creator David Windsor and featuring a special message from the cast, this workshop is bound to leave you inspired.
Room Assignment: VKC 152
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category:
Facilitators: David Windsor, Todd Holland, Billy Finnegan, Becky Mann, Adam Roberts, Cheryl Holliday, Josh Kirby, Rob Sudduth

Workshop Title: Being LGBTQ in the U.S. Military: My Story
Workshop Summary: Come hear the amazing story of how a 15-year veteran of the US Air Force serving under the Don't Ask Don't Tell policy joined the movement to repeal the law. As Trump attacks our LGBTQ community in the armed forces, it is important to understand the insider's take on how actions like this affect the people serving our country. This workshop will be an inspiring lesson on how to fight the forces that attempt to silence us and be a leader for what you believe in!
Room Assignment: VKC 109
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Activism / Social Justice, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Jeff Mueller
Affiliation: OutServe-SLDN

Workshop Title: Beyond Monogamy: Let's Talk About Open Relationships
Workshop Summary: Is more than one prince/ss charming possible…at the same time? Can you have a bf/gf and a one night stand with no strings attached? What if you could switch partners for a day, or a night? Come and learn from the experience of two guys that have an open relationship. We will talk about how relationships beyond monogamy can also succeed.
Room Assignment: THH 121
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.), Relationships
Facilitators: Alexander Pacach, Gambit Mac

Workshop Title: BI-VISIBLE: Decoding the Myths & Stigmas of a Binarism
Workshop Summary: Learn how to decode the myths and stigmas that Bi/Pan/Queer Folx's face in a society that lives within binaries. Creating a dialogue for the BPQ around identity, authenticity, and lack of visibility. This is a peer-focused process with educational elements to re-construct activism around visible BPQ identity.
Room Assignment: VKC 101 (Session 1), VKC 104 (Session 2)
Workshop Session: Session 1 (10:30-11:45 A.M.) or Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: April Mollner, Gina Silano, Outreach Coordinator and Relapse Prevention Counselor
Affiliation: Seasons In Malibu

Workshop Title: Big Fat Love: Taboo Bodies and Desires
Workshop Summary: What's different about dating and relationships between fat people & their admirers? Being fat or having an attraction to fat people means facing unique challenges and blazing our own trails. We'll focus on the central issues of our relationships in a safe, non-judgmental space where we're free to ask questions and examine beliefs. Topics include self-empowerment, objectification, dating, and being fatsexual.
Room Assignment: VKC 151
Workshop Session: Session 1 (10:30-11:45 A.M.) or Session 2 (1:30-2:45 P.M.)
Workshop Category: Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Dan Oliverio

Workshop Title: Brave Space: Team Building Activities for Queer Leaders
Workshop Summary: Get ready to play! This workshop is perfect for school clubs, community groups, or anyone looking to meet some awesome people and have fun. You will learn how to lead 10 team-building activities that will make your group laugh, play, and bond. This workshop will take you from Icebreaker games on the first day, to building your power team!
Room Assignment: VKC 158
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Self-Empowerment
Facilitators: Kayla Ryan
Affiliation: Brave Trails

Workshop Title: Breaking Stereotypes: Greek Life and the LGBTQ+ Community
Workshop Summary: College can be an exciting time, full of new beginnings, rediscovery, and finding your path -- and fraternities & sororities can play a big part in the process! Come hear from Kevin Dwyer, the first openly gay president of a Greek organization at Loyola Marymount University, and Larry Daves, Program Coordinator of Greek Life at LMU, about the inclusivity, leadership opportunities, and character building that Greek Orgs can offer LGBTQ+ students. Bring your questions and come participate in a safe space discussion about how Greek Life can spark change in your communities, and how you can be a part of that change!

Room Assignment: THH 111
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Education / Careers
Facilitators: Kevin Dwyer, Larry Daves

Workshop Title: Building BFF
Workshop Summary: Relationships and friendships can be risky! There's a fear of being hurt or rejected any time you choose to get close to someone, and sometimes it may even feel like there's no point in letting anyone in. However, we are hardwired for relationships -- relationships are scientifically proven to make us feel happier, smarter and more fulfilled. Whether you're searching for new friends, or want to get closer to the ones you have, this experiential, interactive workshop is designed to help you connect with others and help you feel understood. And who knows, you might make some BFFL's while you learn!

Room Assignment: THH 118
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Self-Empowerment
Facilitators: Danny Haloossim, Oliver Drakeford, Leor Ram, Erika Ober
Workshop Title: Building Your Community: Activism Through Storytelling
Workshop Summary: Come join the LifeWorks Community Action Network (CAN) and learn from your peers how to actively share your story and recognize the strengths of others. You can be an activist by sharing this storytelling practice at your school and in your community! Engage others and participate in changing the culture of racism, sexism, classism, homophobia and transphobia in your schools and community.
Room Assignment: VKC 111
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Activism / Social Justice, Self-Empowerment
Facilitators: Mike Freeman, CAN Members

Workshop Title: Clap for Your Damn Self! Dare to BE the REAL You!
Workshop Summary: These days, no one teaches you how to love and celebrate yourself, especially after realizing how deeply your sexual orientation impacts day to day life. If you're ready to move on from the B.S. that's holding you hostage and making you doubt yourself, come learn how to UNLEASH your personal power! Get the tools that will set you up for self-empowerment SUCCESS.
Room Assignment: VKC 106
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Coming Out / Families, Self-Empowerment, Self-love, Self-care, Self-celebration
Facilitators: Kerri Smith-Osei

Workshop Title: Cognitive Liberty: A Human Rights Perspective On Queer Identities
Workshop Summary: Learn how Cognitive Liberty (the right to any and every thought, feeling, experience, and expression of such that does not harm anyone else) applies to the LGBTQ community and the fight for gender and sexual equality. Cognitive Liberty includes topics such as body positivity, disability justice, religious diversity, and more! Learn how LGBTQ people can be allies to other communities fighting for Cognitive Liberty!
Room Assignment: THH 113
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Health
Facilitators: Emily Sheera Cutler
Affiliation: Southern California Against Forced Treatment
**Workshop Title:** Colliding Worlds: The Gay Christian Organist  
**Workshop Summary:** Growing up black, gay, and Christian was not easy in the South. But Jim Tyler did it, and is sharing his story of intersectionality as he trained to become an organist and work with different churches around the US. Some people might say Christianity and LGBTQ identities don't mix, but today you can hear an inspiring story of how they can!  
**Room Assignment:** THH 110  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Activism / Social Justice, Arts & Culture  
**Facilitators:** Jim Tyler  
**Affiliation:** ReconcilingWorks a.k.a. Lutherans Concerned NA

**Workshop Title:** Coming Out in a Family of Color  
**Workshop Summary:** If you are black, Latin@ or Asian, you’re probably familiar with the concept of family as an all-important safe place against challenges like discrimination and immigration. But what if you are LGBTQ? Is it safe to be yourself at home? Things that make families of color strong—religion, customs, and solidarity—can also make it hard for you to come out. In this workshop, you’ll hear from people of color who have tips on how to safely share your identity with your family.  
**Room Assignment:** VKC 150  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Coming Out / Families  
**Facilitators:** Stuart Huggins  
**Affiliation:** PFLAG Los Angeles

**Workshop Title:** Conscious Dating  
**Workshop Summary:** Are you ready to explore dating but aren’t sure what to do or how to begin? Have you already started dating and found it to be a little crazy? A lot of folks have dating nightmares - but it doesn't have to be that way! Learn a fun approach to dating that will leave you feeling inspired, empowered, and excited to connect and grow with others.  
**Room Assignment:** THH 112  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)  
**Facilitators:** Jesse Brune-Horan  
**Affiliation:** Inspire Spiritual Community
Workshop Title: CONSENT! The Why & How Everyone Needs to Know
Workshop Summary: Consent is a hot topic right now for a reason! We all benefit when we are clear about what we want and what is healthy in sexual relationships. Using a variety of activities, we will explore our individual values, likes and dislikes, deal makers and deal breakers; evaluate what is safe and unsafe; and understand that no two people, regardless of bio sex, gender identity or sexual orientation, will totally agree on what great sex is. You do you! It's not gay sex or lesbian sex or straight sex or queer sex. A whole range of sexual behavior can be available to anyone. Let's make sure it's healthy for your minds, bodies, and spirits!
Room Assignment: VKC 108
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Emmalinda MacLean, Siaira Shawn
Affiliation: More Than Sex-Ed, a project of Community Partners®

Workshop Title: Conversion Therapy: History and Reality
Workshop Summary: This history lesson/social activism workshop will teach you all about conversion therapy: What it is, how it works (or rather, how it doesn't work), why it was developed, and why many people are still being subjected to it today. Participating in this workshop will give you the tools to recognize abusive practices hiding under other names.
Room Assignment: THH 115
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Activism / Social Justice, Health
Facilitators: Daniel Au Valencia
Affiliation: Los Angeles Neurodiversity (LAND), Southern California Against Forced Treatment

Workshop Title: Days of Dialogue with the LAPD
Workshop Summary: Let's Talk about the Future of Policing: Days of Dialogue and the LAPD LGBTQ Community Outreach Program will host a discussion between LGBTQ youth and law enforcement. This is a safe space for you to bring up the issues that matter to you, including implicit bias, gun laws, community policing, and racial profiling. Come listen and make your voice heard!
Room Assignment: VKC 102
Workshop Session: Session 1 (10:30-11:45 A.M.)
**Workshop Category:** Activism / Social Justice, Education / Careers  
**Facilitators:** Jules Sohn  
**Affiliation:** Los Angeles Police Department

**Workshop Title:** Disability, Chronic Illness, & Neurodiversity Within the LGBTQIA+ Community  
**Workshop Summary:** Join us for a decentralized dialogue about the intersections of disability, chronic illness and neurodiversity within the queer, transgender, and intersex communities, with a particular focus upon femmes and transgender women. The event will create a space for disabled, chronically ill, and neurodiverse people to express and share their personal experiences, stories, and truths. So often these topics and intersections are silenced within spaces or not discussed, and we always hope that our dialogue creates a space focused upon expressing, sharing, learning and hopefully healing as well opening up further dialogues and events.

**Room Assignment:** VKC 106  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)

**Workshop Category:** Activism / Social Justice, Gender (i.e. Queer, Trans, Intersex, etc.), Health, People of Color Community & issues, Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)  
**Facilitators:** Lilac Vylette Maldonado, Rajah Jones, Nami System Hatfield

**Workshop Title:** Discover Our LGBTQ History  
**Workshop Summary:** Everyone knows Shakespeare’s plays but how many of us know about his love Sonnets to another guy? Being Queer is nothing new – and that’s empowering! From looking at who writes history, to focusing on primary sources so we can hear their own words, we’ll explore how some surprising people from the past (including Abraham Lincoln, Mahatma Gandhi, Sappho, Eleanor Roosevelt, the Pharaoh Hatshepsut and Christine Jorgensen) were men who loved men, women who loved women, and people who lived outside gender boundaries.

**Room Assignment:** THH 108  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)

**Workshop Category:** Coming Out / Families, Self-Empowerment  
**Facilitators:** Lee Wind  
**Affiliation:** I'm Here. I'm Queer. What The Hell Do I Read?
Workshop Title: Don't Yuck My Yum: Sex-Positive Spaces
Workshop Summary: Let's talk about sex! What is it, when should it occur, how to do it safely, and so much more! Not only will this be a safe space to talk about sex, but we want to teach you about fostering safe spaces to talk about sex, too! Whether you want to learn about PrEP/PEP, getting tested, communicating with friends/family, or whatever, bring your questions and an open mind to this amazing workshop!
Room Assignment: VKC 108
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Health, Self-Empowerment
Facilitators: Paul Chavez, Victoria Alexander, Brian Toynes
Affiliation: Los Angeles LGBT Center

Workshop Title: eCPR for Suicide Prevention
Workshop Summary: Come learn about Emotional CPR, an educational program designed to teach people how to assist others through an emotional crisis. The techniques of Emotional CPR can be used by anyone - friends, family, community members, and mental health professionals. Learn how to use Emotional CPR to create trauma-informed communities for LGBTQ individuals.
Room Assignment: THH 114
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Ally Community & Issues, Health, Crisis intervention
Facilitators: Emily Sheera Cutler
Affiliation: National Empowerment Center

Workshop Title: Educational Justice for LGBTQ Youth
Workshop Summary: Say “No” to school pushout and “Yes” to safe schools! LGBTQ youth, youth of color, and youth with disabilities are being pushed out of school and into prison. In this interactive, youth-led workshop, you will learn about the school-to-prison pipeline, educational injustices, new laws and how LGBTQ youth can fight back!
Room Assignment: VKC 105
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Ally Community & Issues, Education / Careers, Gender (i.e. Queer, Trans, Intersex, etc.), People of Color Community & issues, Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Andy Gonzalez, GSA youth presenters Alex Perez, Brian Perez, Andrew Guedea, Alex Medina
Affiliation: GSA Network

Workshop Title: Empowering Survivors: Sexual Violence Within the LGBTQIA+ Community
Workshop Summary: Sexual violence affects the LGBTQIA+ community, especially youth, at a higher rate than other populations. This workshop will create a safe space for participants to discuss what sexual violence means and how to recognize it; how to define and teach consent; the obstacles and concerns of filing a report; and how to support and empower LGBTQIA+ survivors of violence. After our workshop, our team will be available to connect onsite survivors with affirming local services.
Room Assignment: VKC 110
Workshop Session: Session 1 (10:30-11:45 A.M.) or Session 2 (1:30-2:45 P.M.)
Workshop Category: Health, Violence & Trauma
Facilitators: Addison Rose Vincent, Mrs. Karen Diaz-Clarke (she/her)
Affiliation: Strength United

Workshop Title: Fearless and Free
Workshop Summary: Fear controls many aspects of everyone's daily lives, but we are all capable of living beyond that fear! Learning to love yourself unconditionally and gaining the confidence to express yourself gives you the power to be fearless! Join us for exercises in being truly you and learning how to tackle anything that stands in your way!
Room Assignment: VKC 106
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Self-Empowerment
Facilitators: Brooke Jordan

Workshop Title: Find Your Voice As A Poet
Workshop Summary: Calling all poets! Join in for a conversation about how to know yourself better as a writer. Being LGBTQIA+ among having several other intersectionalities, and having feelings & opinions at the same time can pile up! Using words to express complex emotions can allow for meditative space. Come ready to take notes and step up to share your art!
Room Assignment: VKC 161
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Arts & Culture, Self-Empowerment
Facilitators: Alex Grey

Workshop Title: Finding Your History
Workshop Summary: Finding Your History is a workshop where you'll learn about LGBT+ history, both around the world and in your own life. Come hear from Mysterie as he shares how a young trans man learning about LGBT+ history discovered more about his own identity than expected. Let's explore together!
Room Assignment: THH 108
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Arts & Culture, Education / Careers, Gender (i.e. Queer, Trans, Intersex, etc.), People of Color Community & issues, Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Mysterie Peña

Workshop Title: Finding Your Unicorn Herd: Find Your People, Stay on Fleek, and Slay Rejection! YAASSS!
Workshop Summary: Growing up in the LGBTQ community can be difficult and lonely...but, it can also be fabulous! AND IT WILL BE! Alex, an LGBTQ community activist/merman, and Caleb, an out-gay Lutheran pastor/martian, know there is more to being queer than the bars, stereotypes, and selfies. Being LGBTQ+ can open you up to a world of experiences and people that you never thought you’d encounter. Although things might be tough for us out there, learning how to build your own squad can change your world. Come for a variety of fun games and role-play activities where we will start living our best life right now!
Room Assignment: Founders Park
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Activism / Social Justice, Ally Community & Issues, Health, Self-Empowerment
Facilitators: Caleb Crainer, Alex van der Hoek
Affiliation: St. Andrew's Lutheran Church

Workshop Title: God Stuff
Workshop Summary: We hear so much about God, but how often do you hear the most important God thing of all: God loves you just the way you are! As RuPaul would say, "Can I
Get An Amen!?" This workshop is designed to affirm that all people are valued by God. Come and hear personal stories of those who found love, acceptance & grace, as well as some basic information to give you assurance when others try to say otherwise.

**Room Assignment:** VKC 151  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Spirituality / Faith  
**Facilitators:** Jerrell Walls, Tony and Sarita Berzoza, Abby Lynn, Ken Kabalican, Doug Lopez  
**Affiliation:** Christ Chapel of the Valley

**Workshop Title:** GSA Idea Share: How To Work With Allies  
**Workshop Summary:** Does your school have a GSA (Gay-Straight Alliance) or other organization for queer students and allies? Would you like to start one, or find ways for the existing organization to be better? In this workshop, queer students and allies will brainstorm organizing and event ideas for better, more effective GSAs.

**Room Assignment:** VKC 152  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)  
**Workshop Category:** Activism / Social Justice, Ally Community & Issues  
**Facilitators:** Drew Walleck, University of La Verne College of Law, Class of 2019  
**Affiliation:** University of La Verne

**Workshop Title:** Heal Your Heart: Coming Back from Trauma as New, Stronger You  
**Workshop Summary:** Changing the world begins from within. During this workshop, we are going to explore 5 simple steps towards recognizing and addressing our past so we can go out into the world ready to make amazing change. We all have skeletons in our closet & invisible wounds that need healing, and this workshop will engage you in activities that help us move in the right direction. Let's create a community of LOVE that inspires and supports each other, because none of us are in it alone.

**Room Assignment:** THH 113  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Self-Empowerment, Spirituality / Faith  
**Facilitators:** Greg Johnson, Marilyn White  
**Affiliation:** L.O.V.E. Foundation
Workshop Title: Healthy or Nah? Real Talk About Relationships
Workshop Summary: Everyone deserves a safe and healthy relationship! Right now, one in three young people experience dating abuse - either physically or sexually. Break the Cycle will deliver an engaging, dynamic and informative #BTCRealTalk where participants will create an open space to evaluate their perceptions of healthy, unhealthy, and abusive relationship. Learn how to get help for yourself, a friend and take action to create a world where healthy relationships are the norm.
Room Assignment: VKC 108
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Health, Self-Empowerment
Facilitators: Tonjie Reese
Affiliation: Break the Cycle

Workshop Title: How to Have a Kick Ass GSA
Workshop Summary: In this youth-led, interactive, Models of Pride favorite, you will gain a better understanding of the different types of GSAs, setting up strong meetings, how to connect with other youth leaders, and gain skills and ideas in fundraising, outreach, campaigns, community organizing, membership support, and team-building activities.
Room Assignment: VKC 105
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category:
Facilitators: Christopher Covington

Workshop Title: I AM ME: Tips on Being Happy and Authentically You
Workshop Summary: What comes after "I AM" is the most important thing we will ever say. Learning how to empower ourselves and be happy in our own skin takes courage, but it's one of the most rewarding ways to live life. This fun, inspiring, and motivating workshop isn't only for you, but for each of the lives you'll touch. It's a gift to give yourself and to the entire planet. Happiness always begins with us.
Room Assignment: VKC 107
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Self-Empowerment
Facilitators: Chris Tompkins, Kiki Cates, Jose Covarrubias
Affiliation: Tilly's Life Center
**Workshop Title:** I Have Nothing to Be Sorry About  
**Workshop Summary:** We have negative feelings when we are about to come out: fear, embarrassment, uncertainty, insecurity, and more. But why do we have these feelings? All we are doing is revealing our true selves to loved ones so that we can get closer to each other. Stand up! Join us for this powerful coming out workshop! This is your moment!  
**Room Assignment:** THH 117  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Coming Out / Families  
**Facilitators:** Sun Quanjun  
**Affiliation:** California State University San Marcos, Associated Students, Inc

**Workshop Title:** Igniting the Power of an Ally  
**Workshop Summary:** Join Facilitators from the Anti-Defamation League’s A WORLD OF DIFFERENCE® Institute for the “Igniting the Power of an Ally” workshop where participants will learn about the importance and power of being an ally while also looking at the impact of bias and bullying and developing real-time skills they can take to prevent and intervene in bullying.  
**Room Assignment:** VKC 160  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Activism / Social Justice, Ally Community & Issues  
**Facilitators:** Anthony Eftimeo, Erin-Kate Escobar  
**Affiliation:** Anti-Defamation League

**Workshop Title:** Introduction To Meditation  
**Workshop Summary:** Heard about the benefits of meditation, but think you don't know enough to start? Think that to meditate you need to devote hours of discipline before you can even begin? Learn the real truth about what meditation is and how to get started right now on your inner journey. It's much easier and way more fun than you ever imagined; get started today in this fun and informative workshop in which you will learn a variety of meditation techniques for you to choose from.  
**Room Assignment:** VKC 156  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)  
**Workshop Category:** Spirituality / Faith  
**Facilitators:** Michael Lennox
Workshop Title: Just Do YOU!
Workshop Summary: This workshop is a celebration of you! Through personal storytelling and group discussions, we are going to engage in activities that enable everyone to develop an action plan for self-empowerment. You're going to leave this workshop feeling unstoppable, because we want you to change the world! Get ready to inspire and be inspired in this workshop designed for everyone to be a Model of Pride!
Room Assignment: VKC 111
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Self-Empowerment, Spirituality / Faith
Facilitators: Myron McFee-Tucker

Workshop Title: Know Your Rights During Police and ICE Interactions
Workshop Summary: Learn from ACLU advocates about your rights -- and how to safely assert them -- when confronted by a police officer or Immigration (ICE) agent. We'll offer general tips plus some of particular relevance to the LGBTQ+ community. Please bring your questions and concerns!
Room Assignment: THH 119
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Self-Empowerment
Facilitators: Adrian Acencion Martinez, Luis Nolasco
Affiliation: ACLU of SoCal, LGBTQ Project

Workshop Title: Conozca Sus Derechos Durante las Interacciones de Policía e ICE
Workshop Summary: Aprenda de los defensores del ACLU acerca de sus derechos - y cómo afirmarlos de manera segura - cuando se enfrenté con un oficial de policía o agente de Inmigración (ICE). Ofreceremos consejos generales más algunos de particular relevancia para la comunidad LGBTQ+. ¡Por favor traiga sus preguntas e inquietudes!
Room Assignment: THH 119
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category:
Facilitators: Diana Gonzalez, Luis Nolasco
Affiliation: ACLU of SoCal, LGBTQ Project
Workshop Title: Laugh Out Proud
**Workshop Summary:** Using comedy improv we will explore skills of listening, being open, being in the moment, and SAYING YES to ourselves. We often learn to say no to who we are and say no to others for who they are. Improv is a great tool to get out of our heads and just be in the moment with a group of strangers and say YES I accept you! You do not have to be an actor or even funny to take this workshop. Just come play and be YOU!

**Room Assignment:** Founders Park

**Workshop Session:** Session 3 (3:15-4:30 P.M.)

**Workshop Category:** Arts & Culture, Self-Empowerment

**Facilitators:** Jessica Hardy

**Affiliation:** Chicago Comedy Film Festival

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Workshop Title: LGBTQ Resistance: Building Unity from Stonewall to Right Now

**Workshop Summary:** You can help unite students, lgbtq people, women, immigrants and other communities to organize against racism and discrimination. As the attacks from Trump's administration continue, the LGBTQ community and it's militant history of resistance will only grow stronger. Join with Answer-LA, lgbtq and a diverse group of grassroots/community organizers as we discuss ways to unite and support our struggles to win equal and civil rights not just for ourselves, but for all people facing violence and discrimination.

**Room Assignment:** VKC 160

**Workshop Session:** Session 2 (1:30-2:45 P.M.)

**Workshop Category:** Activism / Social Justice, People of Color Community & issues

**Facilitators:** Carolyn Gomez, Joe Delaplaine

**Affiliation:** ANSWER Coalition

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Workshop Title: Life Is But A Dream: Learn To Interpret Your Dreams

**Workshop Summary:** If dreams are messages from the unconscious, then working with them can yield amazing results. When you know how to effectively use these powerful experiences, great progress can be made in the process of awareness, insight and self-actualization. Don't miss out on this amazing journey.

**Room Assignment:** VKC 156

**Workshop Session:** Session 2 (1:30-2:45 P.M.)

**Workshop Category:** Spirituality / Faith

**Facilitators:** Michael Lennox
Workshop Title: Making a Movie Using Your Smartphone!
Workshop Summary: Want to tell your story on screen but don’t know the first thing about making a movie? Outfest, the leading LGBT media arts organization is here to help! The winners of our annual One Minute Movie Contest are happy to show you how they made their first short films. Come join us and watch their stories on the big screen, then learn how to make your own!

Room Assignment: THH 102
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Arts & Culture, Self-Empowerment
Facilitators: Jessica Broutt, Kieran Medina
Affiliation: Outfest

Workshop Title: Me Quiero, Me Cuido Y Soy Queer (LGBTQ+)
Workshop Summary: Esto es un divertido e interactivo taller que le guiará a la identificación de las necesidades para cuidar del cuerpo, el alma y la mente. Participaremos en una charla sobre: ¿Cómo sé lo que necesito? ¿Cómo puedo saber cuándo no lo estoy recibiendo? ¿Qué estoy haciendo actualmente para obtener mis necesidades? ¿Cuáles son las barreras para mi auto-amor y cuidado? Acompáñenos y construirá su plan de auto amor y cuidado. ¿Tiene un increíble plan de auto amor y cuidado o sabe de recursos? ¡Acompáñenos y comparta su plan y recursos! ¡Todos son bienvenidos!

Room Assignment: THH 106
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Health, Self-Empowerment
Facilitators: Patricia Gonzalez, MFT, Dr. Traci Lowenthal
Affiliation: Creative Insights Counseling

Workshop Title: Mental Health Wellness Skills
Workshop Summary: We need to be talking more about mental health! Everyone experience sadness, anxiety, nerves, anger, and more, so why aren't we all being equipped with skills to handle these feelings in ourselves or loved ones? This workshop will teach you six wellness skills that you can use to address the physical, emotional, and mental challenges that everyone -- whether LGBTQ or not -- experiences in life. Come join us as we learn to use peace strength, & happiness to counter some of the negatives in our lives.

Room Assignment: THH 113
Workshop Session: Session 1 (10:30-11:45 A.M.)
**Workshop Category:** Health, Self-Empowerment, Mental health  
**Facilitators:** Amber Legault, Elsa Rodriguez  
**Affiliation:** Abrams & Associates Counseling

**Workshop Title:** Mindfulness Tools for LGBTQ People & Allies  
**Workshop Summary:** Whether the challenges in your life are internal, external, or both, this workshop will provide attendees with some tools you can take with you to utilize when it's time for some self-care. Being a teenager is tough enough, but an LGBTQ identity, or being an ally to the LGBTQ community, can add a lot of stress. Come take some time to engage in self-compassion and community.  
**Room Assignment:** THH 106  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Health  
**Facilitators:** Hector Einhorn-Martinez  
**Affiliation:** Alliant International University CSPP Los Angeles

**Workshop Title:** Modern Day Slavery: Prevention & Identification Within the LGBTQ Community  
**Workshop Summary:** Sex trafficking is a bigger problem than many people realize. If you or someone you know has ever lived on the streets and/or struggled to attain basic needs, this workshop can help you become better informed to take action. Youth in the LGTBQ community sometimes find themselves in difficult situations and are at risk of being forced, coerced, or fraudulently enslaved into sex or labor trafficking. The Coalition to Abolish Slavery and Trafficking workshop will help you identify signs of human trafficking, and learn how you can be an advocate to prevent this in your community.  
**Room Assignment:** VKC 160  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)  
**Workshop Category:** Activism / Social Justice, People of Color Community & issues  
**Facilitators:** Aida Diaz, West Seegmiller  
**Affiliation:** Coalition to Abolish Slavery and Trafficking

**Workshop Title:** Money Matters for the Young, Fabulous and Queer  
**Workshop Summary:** Is that banker interested in you, or just trying to make interest off you? Learn about the basics of what makes the world go 'round -- money! We'll discuss Love and
Money, Credit, Loans, Savings and how to make money Werk for you!

**Room Assignment**: THH 109

**Workshop Session**: Session 1 (10:30-11:45 A.M.)

**Workshop Category**: People of Color Community & issues, Self-Empowerment

**Facilitators**: Aaron Saenz

**Affiliation**: San Gabriel Valley LGBTQ Center

**Workshop Title**: More Than Just Our Colors: Combating Prejudice Online

**Workshop Summary**: Have you ever seen something like "Not into Asians or blacks. Just a preference" on someone's profile? Is this racist? Join us for a frank discussion in a safe space where we can unpack how preferences or exclusions within online profiles affect one another. This workshop will help empower queer people of color, as well as allies, to recognize and change the culture regarding these issues.

**Room Assignment**: THH 117

**Workshop Session**: Session 3 (3:15-4:30 P.M.)

**Workshop Category**: People of Color Community & issues, Sex

**Facilitators**: Sun Quanjun, Jeffrey Park

**Affiliation**: California State University San Marcos, Associated Students, Inc

**Workshop Title**: My School, My Rights: Trans and Gender Expansive Youth

**Workshop Summary**: This workshop will ask the following: What are my rights as a transgender student? What if I have a non-binary identity? Can my school out me to my parents? Am I protected from bullying at school? This workshop will provide answers about the legal rights of transgender and non-binary students, and how to be a rad cisgender ally.

**Room Assignment**: THH 119

**Workshop Session**: Session 3 (3:15-4:30 P.M.)

**Workshop Category**: Gender (i.e. Queer, Trans, Intersex, etc.), Self-Empowerment

**Facilitators**: Adrian Acencion Martinez, Diana Gonzalez

**Affiliation**: ACLU of Southern California

**Workshop Title**: NB 101: The Basics of Nonbinary Identity

**Workshop Summary**: This workshop introduces and explains the basic concepts of nonbinary identity and includes a Q&A session with the nonbinary facilitators. Learn about nonbinary,
trans, and intersex identities, gender diversity across cultures, nonbinary relationships, gender neutral language, social issues impacting nonbinary people, and nonbinary etiquette.

**Room Assignment:** VKC 157

**Workshop Session:** Session 3 (3:15-4:30 P.M.)

**Workshop Category:** Ally Community & Issues, Gender (i.e. Queer, Trans, Intersex, etc.)

**Facilitators:** Nick 556, Alexx Souter

**Workshop Title:** New to the Club: Polyamory 101

**Workshop Summary:** This workshop will seek to introduce some general information about polyamory and ethical non-monogamy for those who have just started to claim the identity, are questioning polyamory, or want to be in a space with youth of similar identities. The focus of the workshop will be a general overview of terms, some tips and tricks, and an open discussion where participants can ask questions in a safe space.

**Room Assignment:** THH 121

**Workshop Session:** Session 2 (1:30-2:45 P.M.)

**Workshop Category:** Self-Empowerment, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)

**Facilitators:** Feliks Eskilson

**Affiliation:** Antioch University

**Workshop Title:** OutSet Shorts Screening

**Workshop Summary:** Join OutSet, the Young Filmmakers Lab from The Los Angeles LGBT Center and Outfest. OutSet was created to empower and educate LGBTQ young people to tell their stories through film, and today will be screening films from the past five years. The fellows between 16-24 years old participated in a three-month Young Filmmakers Lab led by industry professionals and mentored by Outfest Alumni. Don't miss the inspiring screening of five short films written, produced and directed by a new generation of storytellers! The filmmakers will be present to do a Q&A following the screening, so don't miss out!

**Room Assignment:** THH 102

**Workshop Session:** Session 1 (10:30-11:45 A.M.)

**Workshop Category:** Arts & Culture, Education / Careers

**Facilitators:** Jessica Brought, Chris Ranta, Shari Page

**Affiliation:** Outfest
Workshop Title: Own Your Style
Workshop Summary: FASHION SHOW! Now that we have your attention, let's explore how our clothing and accessories can make us even more FABULOUS! Self-expression and individuality are super important for youth, especially LGBTQ youth, so let's shine bright like a diamond! We deserve to be uniquely creative in our fashion sense so that as we grow into the leaders of tomorrow, we do so with style. In this workshop, we'll be creating new clothing pieces and accessories, so come ready to werk!

Room Assignment: THH 117
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Activism / Social Justice, Arts & Culture
Facilitators: Shila Bryant
Affiliation: Queer and trans youth

Workshop Title: Portrayals of Gender in the Media
Workshop Summary: Join us for a discussion surrounding portrayals of trans and gender non-conforming characters in the media! We'll cover historic examples as well as present day popular media. We will discuss both positive and negative representations and their impact on cultural norms and biases.

Room Assignment: VKC 109
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Arts & Culture, Gender (i.e. Queer, Trans, Intersex, etc.)
Facilitators: Honor Babb, Cheryl Babb, LCSW

Workshop Title: Psychiatrization of Queer Minds
Workshop Summary: Did you know that homosexuality was once a mental illness? That the American Psychiatric Association STILL describes being asexual or transgender the same way? Come to this workshop to learn about the historical role of psychiatry in defining queer identities, and how to be an ally to those who are still getting pathologized.

Room Assignment: THH 115
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Health
Facilitators: Daniel Au Valencia
Affiliation: Autistic Self Advocacy Network of Los Angeles, Southern California Against Forced Treatment
**Workshop Title:** Queer Advocacy on Conservative, Faith-Based Campuses  
**Workshop Summary:** Drawing on the experiences of queer students who worked for inclusion on their conservative faith-based campuses, this workshop will explore the many routes, conventional and not, to advocating for change in a climate that has historically and theologically been oppositional. We’ll discuss identifying allies, education, awareness, networking, legal protections—and, most importantly, self-care. Participants will identify key actors at their institution and create an action plan tailored to your campus.  
**Room Assignment:** THH 110  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Activism / Social Justice, Spirituality / Faith  
**Facilitators:** Anissa Plattner

**Workshop Title:** Queer Archives: The Original Tumblr  
**Workshop Summary:** Queer self-documentation and activism have taken many forms throughout the years, from the first lesbian zine in the 1940s to the YouTube vlogs of today. This one-of-a-kind workshop will offer participants the chance to experience LA’s queer past through archival documents and rare films, bringing to surface the rich connections between past and present forms of queer self-documentation. We will also discuss how you can archive your own media and works of self-expression.  
**Room Assignment:** THH 108  
**Workshop Session:** Session 3 (3:15PM-4:30PM)  
**Workshop Category:** Activism / Social Justice, Arts & Culture  
**Facilitators:** Taylor Morales, Erik Adamian, the ONE Archives Foundation  
**Affiliation:** Taylor Morales, Outfest UCLA Legacy Project

**Workshop Title:** Queer College Essays: Telling Your Story with Charisma, Uniqueness, Nerve & Talent  
**Workshop Summary:** College applications can be daunting, especially the essays! How do you know what to talk about in your personal statement? How does your sexuality play into what you write? What kind of application strategy will give you the best chance at a good college? Come hear from admissions professionals about how you can tell your story and make colleges want you!  
**Room Assignment:** THH 118  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)
Workshop Category: Ally Community & Issues, Education / Careers  
Facilitators: Ben Robbins, Anjali Vaswani, Vera Alexander  
Affiliation: FLEX College Prep

Workshop Title: Queer Long Distance Relationships  
Workshop Summary: This workshop seeks to begin a discussion on how queer long distant relationships can be different from cisgender, heterosexual long distance relationships. This discussion will include: different types of long distance relationships, what is different in queer long distance relationships, and how to ensure your queer long distance relationship is healthy. It is encouraged for participants to ask questions, as well as offer insights if they are comfortable with queer long distance relationships they have been in.  
Room Assignment: THH 121  
Workshop Session: Session 1 (10:30-11:45 A.M.)  
Workshop Category: Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.), Relationships  
Facilitators: Feliks Eskilson  
Affiliation: Antioch University

Workshop Title: Queer Scholarship Money for LGBTQ Students Attending College: Point 101  
Workshop Summary: Come hear from Point Foundation staff about one of the nation's largest scholarship opportunities for LGBTQ students. This workshop will include an interactive panel discussion with staff, scholars, and alumni, which will leave you knowing the ins and outs of applying for scholarships! Don't miss out on this opportunity!  
Room Assignment: THH 118  
Workshop Session: Session 2 (1:30-2:45 P.M.)  
Workshop Category: Education / Careers  
Facilitators: Zachary Lundin, Jill Dannis, Ted Farley, Zach Lundin, Darrin Wilstead  
Affiliation: Point Foundation

Workshop Title: Queer Self-Care  
Workshop Summary: This is a fun and interactive workshop designed to guide you through identifying needs for mind, body, and spirit. How do I know what I need? How do I know when I’m not getting it? What am I currently doing to get my needs met? What are the barriers to my self-care? Join us for answers to these questions and to build your self-care plan! Or if you have an amazing set of self-care resources, join us and share your care plan! All are welcome!
Room Assignment: THH 106
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Health, Self-Empowerment
Facilitators: Patricia Gonzalez, MFT, Dr. Traci Lowenthal
Affiliation: Creative Insights Counseling

Workshop Title: Race & Privilege in The Lesbian Community
Workshop Summary: Coming out and being part of the lesbian community is a challenging process. Identifying as a lesbian already marginalizes one's privilege in society by negating the hetero-normative culture of our society. In this workshop, we will delve how issues of race, privilege, and lesbian identity impact our LGBTQ community with a primary focus on the lesbian community.

Room Assignment: VKC 101
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, People of Color Community & issues, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)
Facilitators: Miruna Lascar
Affiliation: New Millennium Secondary School

Workshop Title: Rewrite Your Story. Reclaim Your Life.
Workshop Summary: Bullying, queerphobia, body shaming, poverty, addiction! It's easy to understand why so many LGBTQIA2S youth are overcome by depression, self-doubt, and loneliness. But you are more powerful than you know; your life is already full of inspiring gifts, talents and hopes. Come with an open heart -- and in this safe-space workshop, you will learn how to turn your trials, tribulations and traumas into your greatest and most empowered assets through art, activism and the power of storytelling.

Room Assignment: VKC 158
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Activism / Social Justice, Arts & Culture, Self-Empowerment, Mental Health
Facilitators: Michael Anthony-Nalepa
Affiliation: Antioch University & The AnonymoUS Initiative
Workshop Title: Roots of Resistance: Social Movement History for Trans and Queer Youth of Color

Workshop Summary: The library is open! From the earliest gender benders to riots against police violence to today’s resistance movements, we know that queer & trans folks and youth have been at the forefront. In this workshop, we will share our personal stories and collective histories (or queerstories and transtories), explore timelines and lessons learned from LGBTQ+ communities of color and social movements, and discuss what’s next for us in this fight for justice. High schoolers are especially encouraged to attend to take LGBTQ inclusive history back to your schools!

Room Assignment: VKC 105
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Activism / Social Justice, People of Color Community & issues
Facilitators: Cathy Chu, GSA Network Youth Presenters
Affiliation: GSA Network

Workshop Title: Saving LGBTQ Lives: Teen Suicide Prevention

Workshop Summary: This workshop teaches about the warning signs of depression & suicide and the importance of teens not keeping the secret when a friend confides suicidal thinking. LGBTQ teens will share their personal experiences with this topic. We will also explore what to say and how to access appropriate help so that you can be prepared if you ever encounter this type of situation.

Room Assignment: THH 114
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Health, mental health
Facilitators: Robyn Kures, Teen Line Youth
Affiliation: Teen Line

Workshop Title: Say Yes To You: Improv and the Art of Radical Self-Love

Workshop Summary: Improv teaches you to say “YES!” and to follow your instincts. This workshop is meant to transform the negativity of fear, guilt, and shame into self-celebration and joy by tapping into the superhuman magic of who you are. From “I can’t” to “I can”, from “I’m not” to “I am,” you’ll use improv as a way to identify your strengths, show up for yourself, and say yes to you!

Room Assignment: VKC 107
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Arts & Culture, Self-Empowerment
Facilitators: Nikki Paige, Haddy Sowe

Workshop Title: Searching for Passion, Love or Whatever in the Digital Era
Workshop Summary: Come explore the history of LGBT dating from then to now. What was it like to find love before mobile apps? Is it easier to find love in this new digital era? Be prepared to engage in a candid and interactive discussion of the perils and pitfalls of dating apps and the future of finding passion, love, and a future partner.
Room Assignment: VKC 100

Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.), LGBT History/Future
Facilitators: Marcos Briano, Ph.D., Colin Takahashi, Jose Theresita Dass
Affiliation: USC MFT Program/Pasadena City College

Workshop Title: Slaying the Dragon: Conquering Anxiety through Tabletop Gaming
Workshop Summary: Nerds of the world unite! During this workshop, we'll explore the ways in which tabletop roleplaying games, such as Dungeons & Dragons, provide safe spaces for LGBTQ folks to explore healthy community building as well as to combat feelings of anxiety and isolation. Come make new friends, conquer your fears, slay the dragon, and adventure into life!
Room Assignment: VKC 107

Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Arts & Culture, Self-Empowerment
Facilitators: Damian Kerr, Jordan Digby, Chase Green

Workshop Title: Snap & Tell: Using Your Voice to Change Perspectives
Workshop Summary: The media plays an immense role in shaping the outlook of how certain topics are portrayed. Within this workshop, we will discuss the different ways HIV, STD and testing is portrayed in the media. We will do our part to shape a new narrative of how HIV and STD’s are portrayed through Facebook, Instagram, and Snapchat. Using the power that we have from our fingertips to our faces we will begin to change and influence perspectives.
Room Assignment: VKC 102
Workshop Session: Session 3 (3:15-4:30 P.M.)
Workshop Category: Activism / Social Justice, Health, Self-Empowerment
Facilitators: James Aboagye, Aracely Rodriguez
Affiliation: Children's Hospital Los Angeles

Workshop Title: Spliced and Divided: Diversity in the Age of Equality
Workshop Summary: There are so many ways that the LGBTQIA+ community is divided and spliced; generationally, culturally, bodily, psychically, and spiritually, to name a few. This workshop will take on two of the biggest buzz words encapsulating the movements of our communities, "Diversity" and "Equality," in an effort to bring sense to our past, present, and future.
Room Assignment: THH 111
Workshop Session: Session 1 (10:30-11:45 A.M.)

Workshop Category: Activism / Social Justice, Community and Identity
Facilitators: Scott LaForce, Cynthia Wu
Affiliation: Being Alive & Antioch University

Workshop Title: Suicide Prevention 101: LGBTQ Youth
Workshop Summary: The statistics are startling; LGBTQ young people are at a much higher risk for suicide than their straight and cis-gendered peers. The good news is that we have ways of preventing suicide. Come learn from a member of the Trevor Project and the National Suicide Prevention Line about the tools and resources available for our youth and how we can work together to destigmatize suicide. We will discuss the intersection of LGBTQ identities and suicide, including risk factors, warning signs, crisis intervention, and safety planning for suicide.
Room Assignment: THH 114
Workshop Session: Session 2 (1:30-2:45 P.M.)

Workshop Category: Education / Careers, Health, Self-Empowerment, Mental Health
Facilitators: Jennifer Dihenia
Affiliation: The Trevor Project & National Suicide Prevention Center

Workshop Title: SuperNova Martial Arts: Queer Self Defense
Workshop Summary: SuperNova is a free Martial Arts Group for LGBTQ youth that teaches self-defense techniques and self-discipline! Self-Defense takes an Explosive New Form with SuperNova Martial Arts! Come learn all there is to know about this amazing group of martial
artists and see all of the cool self-defense techniques you can learn to be better able to protect yourself in your daily lives.

**Room Assignment:** Founders Park  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)  
**Workshop Category:** Self-Empowerment, Self-Defense  
**Facilitators:** Ryka Aoki, Byron Jose, Anissa Lynn, Francisco Armenta  
**Affiliation:** Supernova/LifeWorks

**Workshop Title:** Telling Your Story  
**Workshop Summary:** Learn the art of telling your story out loud. The craft of storytelling has made a new resurgence in the last few years, giving people from all walks of life the opportunity to share the unique experiences that shape their lives. Stories can be funny, sad, inspirational, and scary. Let your voice be heard - we've been waiting for you!  
**Room Assignment:** THH 112  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Arts & Culture, Self-Empowerment  
**Facilitators:** Christopher Brune-Horan

**Workshop Title:** The Sirena  
**Workshop Summary:** Come and hear an enchanting tale! The story of "The Mermaid" is about a young femme Filipino boy who discovers he, or maybe she, is magic. And just like the character, you are magic, too! There's a lot of pressure being a young person, and even more for LGBTQIA youth navigating through life, but this workshop will help you find the magic within yourself. Come enjoy this story telling experience and share your thoughts in a safe space.  
**Room Assignment:** Founders Park  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Gender (i.e. Queer, Trans, Intersex, etc.), People of Color Community & issues, Self-Empowerment  
**Facilitators:** John Cagandahan  
**Affiliation:** Los Angeles LGBT Center

**Workshop Title:** The Young Person's Guide to Raising Parents  
**Workshop Summary:** This interactive workshop will use group discussion, role-playing and other activities to discuss ways to manage our relationships with our parents, whether they be
biological, step, adoptive or “alternative.” Topics will be both philosophical & practical in nature. We will practice compassionately setting boundaries, and dealing with parents’ reactions when they are unhappy with us. Please bring an open mind and your sense of humor.

**Room Assignment:** VKC 109  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Coming Out / Families  
**Facilitators:** Reynold Watkins

**Workshop Title:** Theatre Movement Liberation

**Workshop Summary:** In this workshop, we will be using theatre techniques to create a safe, supportive, and creative environment to express ourselves. We're going to be interactive, building a community of trust and freedom to express with our bodies, soul, mind, and spirit.

**Room Assignment:** VKC 100  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Arts & Culture  
**Facilitators:** Corky Dominguez  
**Affiliation:** CASA 0101 Theater/Brown & Out Festival

**Workshop Title:** Thinking Outside the Box: Identifying Outside the Norm

**Workshop Summary:** This workshop will provide a safe space for us to discuss the different ways stereotypes exists around the LGBTQ community. What does it mean when someone doesn't "fit in?" Why do we treat people who are different differently? This discussion incorporates empowerment as a tool to advocate for ourselves and others in spaces where people want to own their uniqueness!

**Room Assignment:** VKC 157  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Self-Empowerment  
**Facilitators:** Ctar Spencer  
**Affiliation:** CSUN

**Workshop Title:** Unpacking the Myths: Asian in LGBT America

**Workshop Summary:** The Asian LGBTQ narrative will be silenced no longer! A lack of representation and implicit bias have combined to create an environment where Asian Americans, especially LGBTQ Asian Americans, face institutional barriers. Let's challenge the
"white man's model minority" stereotype of Asian Americans by learning more about the community, challenges LGBT Asian Americans face, and the opportunities for strength within our LGBTQ Asian communities and with allies.

**Room Assignment:** THH 115  
**Workshop Session:** Session 1 (10:30-11:45 A.M.)  
**Workshop Category:** People of Color Community & issues, Sexualities (Lesbian, Gay, Bi, Pan, Fluid, etc.)  
**Facilitators:** Sammy Chang  
**Affiliation:** Fullerton College's Queer People of Color

**Workshop Title:** What's the STDeal?  
**Workshop Summary:** Come talk with Planned Parenthood's sex educators about the best ways to prevent STDs, including hands-on demos of dental dams, internal condoms, and external condoms. We'll offer tips on sharing and asking about status, making safer sex choices with a partner, and getting LGBTQ-friendly health care.  
**Room Assignment:** VKC 100  
**Workshop Session:** Session 2 (1:30-2:45 P.M.)  
**Workshop Category:** Health, Self-Empowerment  
**Facilitators:** Eva Fernández  
**Affiliation:** Planned Parenthood Los Angeles

**Workshop Title:** What's Your Sign: Astrology, Dating and Compatibility  
**Workshop Summary:** Ever wonder why you're always attracting Scorpios in your life? You're a Capricorn and can't understand why you keep dating those hard-to-pin-down Sagittarians? Come to this workshop and find out what's really behind your astrological Sun Sign and your dating experience. Find out what signs you work best with and who you should stay away from. Finally, you'll be able to use the pickup line, "What's your sign?" and know what it really means!  
**Room Assignment:** VKC 156  
**Workshop Session:** Session 3 (3:15-4:30 P.M.)  
**Workshop Category:** Spirituality / Faith  
**Facilitators:** Michael Lennox
Workshop Title: Why God Doesn't Hate You: Countering Christian Hate
Workshop Summary: Does God hate me because I am gay? Or lesbian? Or bi, or trans? Why did God make me the way I am? If God made me this way, why does the Bible say I am going to hell? Rev. Rick Eisenlord, an openly gay pastor, will tackle all of these questions and more! It's time we answer the haters.
Room Assignment: THH 110
Workshop Session: Session 1 (10:30-11:45 A.M.)
Workshop Category: Coming Out / Families, Spirituality / Faith
Facilitators: Rick Eisenlord, M.Div
Affiliation: Good Shepherd Church Pasadena

Workshop Title: Writing While Queer: Putting a Stop to Bad LGBT Characters
Workshop Summary: This workshop is for those interested in telling stories through writing. Whether you are a poet, playwright, songwriter, screenwriter or blogger, we’ll discuss together how to create dynamic characters and stories, while infusing themes that we care about. If you are tired of the one-dimensional LGBT stories & characters that we often see, come be a part of the next generation of writers who help change the landscape.
Room Assignment: VKC 161
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Arts & Culture, Education / Careers
Facilitators: Kevin McCloskey
Affiliation: Los Angeles LGBT Center

Workshop Title: Yes, And! Using Improv to Strengthen Skills for Social Activism
Workshop Summary: Come play while building your social activist toolkit! Social activism requires you to collaborate with others, communicate your thoughts effectively, and use creativity to change hearts and minds. Those are the same skills (listening, contributing, innovating and adapting) that make for successful improv. This workshop is highly interactive and teaches the fundamentals of improv to strengthen your ability to bring about social change.
Room Assignment: Founders Park
Workshop Session: Session 2 (1:30-2:45 P.M.)
Workshop Category: Activism / Social Justice, Arts & Culture
Facilitators: Viet Hoang
Affiliation: Pint Size Ideas