



Advisory Board Bios

THE FOUNDATION FOR LIVING MEDICINE

4848 E. Cactus Road
Suite 505-506
Scottsdale, AZ 85254
Ph: 480-946-4544
rose@thefoundationforlivingmedicine.org

L I N D A A M B R O S E

Linda Ambrose, 68, happily lives in North Scottsdale Az. w/ her husband of 27 yrs., Jerome Landau.

She received her graduate & undergraduate degrees from ASU in Tempe, Az.--BA in English/Humanities, also Secondary teaching certification, along w/ Reading Specialist Degree.

First half of her life saw her working in the business world, at the beginning of her work career paying for her college education, then her former husband's education & then traveling out of state to support such: as a secretary & administrative assistant in all kinds of businesses, also waitressing, & a personnel asst. at the La Jolla Westinghouse Ocean Research Lab, on to California architectural & solar firms as well as the Chancellor's Office at UCB, California. (Invaluable experiences w/ so much variety!).

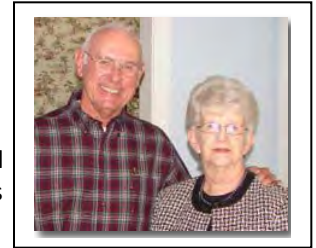
Second half of Linda's life has been more dedicated to Education, teaching Reading from K-12 for over 28 yrs, which includes the last 3 yrs. as a private tutor, & up to the present, teaching not only the gamut of reading skills, but also specializing in the area of critical thinking skills, within the realm of her company, "Thinking Cap Skill Building, llc".

Linda's passion lies w/ children & animals, & those who are not able to take care of themselves. She has also been an environmentalist long before the word was used! She has travelled to the Far East by herself, to Europe & South America w/ family, but prefers traveling w/ her husband & looks forward to the day they can do more abroad!

Linda has been a believer in holistic medicine for most of her life, being under the care of Dr. Gladys McGarey since her mother moved her family from Oklahoma to Phoenix in 1958. She totally believes in the holistic approach, actually in all areas of her life!!



D R . C H A R L E S A N D J U D I T H B A C K U S



Charles E. Backus, Emeritus Professor of Electrical Engineering at Arizona State University and President of the ASU Research Park Board has had a highly significant career at ASU. Backus served as the Provost and Chief Academic Officer of ASU's polytechnic campus as well as an ASU Vice President, building the campus from its inception in 1996 and championing its development through dramatic physical and programmatic growth until his retirement in 2004. Under his able leadership, campus enrollments quadrupled. Chuck negotiated the continuous expansion of the curricula, growing undergraduate and graduate academic degree program offerings from eight to twenty-four.

Prior to leading the Polytechnic campus, Dr. Backus held administrative posts in ASU's College of Engineering and Applied Sciences serving as both Associate Dean for Research and Interim Dean. He was responsible for building ASU's strength in solid state electronics, specifically, fine tuning solar cells to make them efficient. He also created the Photovoltaics Testing Laboratory, which was one of three such research facilities in the world conducting applied research and certification of solar panels. The lab was formerly located on ASU Polytechnic campus and served 70 of the world's solar panel market.

Dr. Backus holds a master's and doctoral degrees in nuclear engineering from the University of Arizona and a bachelor's degree in mechanical engineering from Ohio University. He has focused his research on solar energy and is one of the founders of the photovoltaic field, having secured more \$2.5 million in research and sponsored projects for discoveries in the conversion of sunlight to electricity. He has published more than 90 articles and books on solar energy. In the global arena, Charles Backus is a recipient of the of the Institute of Electrical and Electronic Engineers' highest international award in the field of photovoltaics, the William R. Cherry Award. Colleagues from around the world revere Professor Backus as a pioneer in the study of solar energy.

Through his membership on numerous boards, Chuck has actively contributed to the advancement of education in the East Valley community including service with Chandler-Gilbert Community College President's Advisory Board, Southwest College of Naturopathic Medicine Provost's Advisory Board, A.T. Stills University Provost's Advisory Board, Mesa Community College's Commission on Excellence and MCC's Red Mountain campus Advisory Board, as well as MCC's Center for Public Policy Advisory Board and the East Valley Institute of Technology School Board.

Other memberships influencing the economic development of the East Valley including service as a former President of East Valley Partnership, Mesa Community Roundtable, Mesa United Way Board, Mesa and Gilbert Chambers of Commerce, as well as the Gilbert, Queen Creek and Apache Junction Economic Development Boards and the Arizona Town Hall Board. Dr. Backus is a former President of the Superstition Area Land Trust, an organization dedicated to the preservation of the open spaces and the preservation of the riparian areas, native vegetation and wildlife of the vanishing Sonoran Desert surrounding the Superstition Mountains.

Majoring in nursing Judy received her education from Ohio University. Judy worked with programs such as Head Start and as a crisis counselor for American Field Service. Judy owned and managed a mobile home park in the Mesa area for 11 years while raising a family. After all 3 children graduated from ASU, Judy returned to the work force as a real estate broker for Merrill Lynch and Realty Executives.

Chuck and Judy Backus own and operate the historic Quarter Circle U cattle ranch. The existing ranch house was built 1876 and, through Chuck's ingenuity, the entire ranch has been photovoltaic powered since 1979. Chuck and Judy have both retired and now focus their time on managing the cattle ranch and traveling. Chuck and Judy both have enjoyed extensive traveling throughout their lives, visiting over 70 countries.

D E B O R A H B A T E M A N

Deborah Bateman is the Executive Vice President and Director of Wealth Strategies for the National Bank of Arizona. Deborah also serves on the bank's Executive Committee and Board of Directors. She brings a wealth of experience in leadership development, coaching, mentoring, and the facilitation of strategic visioning and planning processes to our clients. Deborah is a Brand Strategist, an expert in strategic branding and creating customer experiences that WOW customers and the community. She's known as the Change Agent's Change Agent because of her successes in brand acceleration.



In her role at the National Bank of Arizona, Deborah oversees the delivery of products and services for the bank's high net worth individuals and is responsible for Private Banking, Wealth Management and Executive Banking.

Deborah is also responsible for several of the bank's key departments including Nonprofit Banking and the Women's Financial Group. Deborah has more than 35 years of banking experience, including serving as Senior Vice President with JPMorgan Chase in New York, Chicago and Phoenix. During her tenure, Deborah directed customer service strategies and helped manage the institution's merger with Bank One. She holds an associate's degree from Mesa Community College and is a graduate of Pacific Coast Banking School at the University of Washington in Seattle.

An active member of the community, Deborah currently serves on the Board of Directors for FreshStart Women's Foundation, The O'Connor House, Florence Crittendon, and the Phoenix Suns Charities. She is also on the local Advisory Board for the American Cancer Society, American Heart Association, and "The Arizona We Want." In addition, Deborah is a member of Charter 100, Women President's Organization, Central Phoenix Women, ASU's Women and Philanthropy, Arizona 5 Arts Council and the Heart Ball.

She has served as Chair/Co-Chair of the 2012 and 2013 Dine With Your Dog Gala benefitting Phoenix Children's Hospital, the 2011 Arizona Foundation for Women's Sandra Day O'Connor Luncheon, the 2011 Juvenile Diabetes Research Foundation's Promise Ball, as well as the 2009 and 2010 Arthritis Foundation's Oscar Night America. Deborah has been recognized in the community in numerous ways. Some of the most significant include:

Girl Scouts of America 2013 Women of Distinction - Leadership Award

AZ Business Magazine - 2012 50 Most Influential Women in Arizona Business

Athena Award - 2012 Finalist

Arizona Foothills - 2011 Women Who Move the Valley

Phoenix Business Journal - 2011 Women in Business

Cystic Fibrosis Foundation - 2011 Bronze Sierra Award

The Stevie Awards - 2011 Best Executive in the Financial Services Industry Award

YWCA - 2010 Tribute to Women - Corporate Business Leader Award

The National Association of Women Business Owners Visionary Award

L A R R Y B E R G S T R O M , M . D .

Larry Bergstrom MD is Director of the program in Complementary and Integrative Medicine at Mayo Clinic, Scottsdale Arizona.

He was born in central Minnesota, received an undergraduate degree from St Cloud State University and his MD from the University Of Minnesota School Of Medicine. He completed an Internal Medicine residency at the Mayo Clinic, Rochester MN and joined the Mayo Clinic staff in 1987.



He was Chair of the Division of Area General Internal Medicine and Hospital Medicine from 1998 to 2005. He received a Certificate of Added Qualifications in Geriatrics and completed the Program in Integrative Medicine at the University of Arizona with the help of a Bravewell scholarship in 2006.

He moved to the Mayo Clinic Scottsdale AZ in June 2006 and joined the Division of Consultative Medicine to start and develop an Integrative Medicine Clinic and Program.

His special interest is to provide integrative medical consultations for patients with medical issues not well served by conventional medicine.

He has spoken extensively on incorporating Integrative Medicine principles into Conventional Medical systems.

STEVE L. CADWELL

Steve is Executive Director/CEO, American Holistic Medical Association. He comes to the field of integrative holistic medicine from his previous background as a nonprofit administrator and development officer for two environmental-education and natural-history organizations.



As Executive Director of Cleveland's Nature Center at Shaker Lakes he led the nationally center's efforts in fundraising, board development, community relations and program development. He championed local efforts to "Leave No Child Inside," a national movement to provide educational and outdoor experiences for children and combat a growing epidemic of "Nature Deficit Disorder." He stewarded a \$3.5 million capital campaign to refurbish a nature center using green architecture, and he managed a successful urban-reforestation program to plant 10,000 trees in his hometown. During a brief stint in the corporate world, he oversaw corporate communications and public relations for an international aviation-security firm.

He is a graduate of Kent State University with a degree in Public Relations. Steve balances his life through gardening, exercising, fly-fishing and volunteering, and he is devoted to lifelong learning about science, health and spiritual fitness.

MICHELLE COHN

At Beyond Words Publishing, in Hillsboro, Oregon, Michele Cohn served as Marketing Director for the "Secret" and currently travels internationally looking for great spiritual books and films. Her passion is taking what she's found and then sharing it with the world. Michele also helps organize events, conferences and author summits, bringing together content providers and people who want to learn and expand their consciousness.



She is a proud native Oregonian and a graduate of Oregon Institute of Technology. Michele enjoys spending time with her husband, Richard and plays a very active and supportive role as a mother and grandmother. Her hobbies include collecting fine American folk art and religious icons, snorkeling, painting and making Persian cuisine.

Michele welcomes each new day with a philosophy that there are no mistakes, everything happens for a reason and she never met a cup of coffee she didn't like.

RICHARD COHN

Richard Cohn founded Beyond Words Publishing in 1983 and serves as the Publisher, overseeing Marketing, Finance, Editorial, and Special Sales. Having worked with many first-time authors and projects like *The Secret* and *Hidden Messages in Water*, he has established a reputation for producing inspiring, high-quality books that can help make difference in the lives of millions of readers. He has helped Beyond Words expand as an information and media company, providing DVD, audio, and product distribution.



A fifth generation Oregonian, Richard is a graduate of Stanford University and received his masters from Johns Hopkins School of Advanced International Studies. Richard is a motivational and inspirational speaker with a number of movie credits. He has coproduced several films and looks forward to delivering inspirational and spiritual content in innovative ways.

Richard is a treasure hunter, whether looking for the next bestselling book or movie, or finding a gem at an estate sale. He enjoys an active lifestyle and spending time with his family and six grandchildren. He has traveled and lived abroad and is fluent in four languages. He is immensely proud of the company that Beyond Words has become and the recent co-publishing agreement with Atria Books, a division of Simon & Schuster, giving the company strong domestic and international distribution, as well as strong foreign rights sales.

LENORE “LENNIE” DUENSING, M.E.D.

Lenore “Lennie” Duensing, MEd, is the Executive Director of the American Academy of Pain Management (the Academy), a professional pain management organization that embraces an integrative model of care.

Prior to working at the Academy, Duensing worked for the American Pain Foundation as Director of Communications and Outreach, and, as Interim Director. Duensing entered the field of pain management through her work as Director of Outreach for WNET/Thirteen, New York’s PBS station.

Based on her work on programs such as *Before I Die* and *Moyer’s Close to Home* series, she was invited to serve on the Robert Wood Johnson Foundation National Advisory Committee for Community-State Partnerships to Improve End-of-Life Care.

Duensing’s work has also included: serving as the Senior Communications Director for the Tuskegee National Center for Bioethics; Senior VP at Sciens Worldwide Communications; and, as Executive Director of the Hunterdon Museum of Art and Stone Quarry Hill Art Park.

Her most enjoyable job was working as the manager of educational outreach at WNET/Thirteen in the mid 80s. In that position, she produced live and on-air shows featuring the casts of children’s programs such as *Sesame Street*, *Mister Rogers Neighborhood*, and *Reading Rainbow*.



REV. DEANNE MARIE HODGSON, RN



As an instructor of Applied Tai Chi and Qigong for over 20 years, Deanne uses a holistic approach when teaching classes and leading workshops for hospitals, churches, government agencies, fitness clubs, universities, senior centers, conferences and private clients nationwide. Her students include people of all backgrounds, ages and health status, from cancer patients, nurses, doctors, clergy, law students and office workers.

Drawing upon her extensive training and experience as a Registered Nurse, Hospital Chaplain, Pastor, and Holistic Health Counselor, Deanne custom designs her classes, workshops and retreats to meet the specific needs of the group or individual resulting in reduced stress, maximized personal performance and improved health. While addressing the physical, emotional, intellectual, social and spiritual dimensions of life, her grounded energy and sense of humor create space for people to achieve deep personal transformation.

With gratitude for life experiences that have included delivering babies, presiding at baptisms, weddings and funerals, counseling and teaching about Death, Grief, and Spirituality, Deanne values and honors the integration of mind-body and spirit and the natural flow towards balance and harmony. In all of her work, she endeavors to guide people toward an appreciative awareness and subsequent intentional involvement in these dynamic life attributes.

Between Deanne and her husband, the Rev. Dr. David Hodgson, they are the proud parents of 5 children, 5 grandchildren and multiple grandanimals. Deanne enjoys the traveling with her husband, the Rev. Dr. David Hodgson, Pacific Ocean kayaking, bike riding, crocheting, artwork and her small business, Photos by Deanne.

Education:

AA, RN, Nursing – Fairleigh Dickinson University
BA, Psychology – Ramapo College of New Jersey
Master of Divinity – Union Theological Seminary, New York City

Certifications and Board Memberships:

National Senior Trainer at the Institute of Integral Qigong & Tai Chi
Certified Tai Chi Easy™, Tai Chi Chih™ and Tai Chi for Arthritis Instructor
Professional Member of the National Qigong Association
Certified Spiritual Director
Master Level Reiki Practitioner
The Healer Within Foundation, VP of Board
The Foundation of Living Medicine, Advisory Board
The WellCare Foundation, Founding Board Member

J E R O M E A L L A N L A N D A U

Jerome is a former Chairman of the Gladys Taylor McGarey Medical Foundation and a multi-year Board Member.

He has practiced law, with a national and international client base since the early 1970s, and as a Professional Mediator and Arbitrator since the mid-1970s. His eclectic practice has had a strong emphasis on business, corporate, medicine and healthcare, construction, commercial and real estate transactions and litigation.



In addition to his local and national clientele, Jerome's legal practice has extended throughout Europe, the Far and Middle East. Some of his more interesting service has included representing the Country of Bhutan, its United Nations Mission and members of its Royal Family; and the 900 year old Kagyu Lineage of Tibetan Buddhism, Gladys Taylor McGarey and the McGarey Medical Foundation.

As a professional Mediator, Arbitrator and Large Group Facilitator Jerome is a Member of the National Academy of Distinguished Neutrals, the International Mediation Institute (based in The Hague) and twice been an invited Presenter of programs at the United Nations.

He presents national and international programs for advanced professional Mediators and Arbitrators, corporations (e.g. Phillips Electronics) and is a multi-panel Neutral (Arbitrator and Mediator) for the American Arbitration Association, and has held national and international leadership positions in the ADR community.

Jerome is also a "small business" Coach and Life Strategy Executive Coach serving professionals (physicians and attorneys and corporate Executives).

On the personal side Jerome holds the rank of Sandan (3rd Degree Black Belt) in Aikido, is an internationally Certified Teacher of Kundalini Yoga, and Reiki Practitioner.

GERALD M . LEMOLE , M . D .

Gerald M. Lemole, MD served as Chief of Cardiovascular Surgery at Christiana Care Health Services from 1986 through 2006. Subsequently, he served as the Medical Director for the Center of Integrative Health at The Preventive Medicine and Rehabilitation Institute.

Dr. Lemole received his undergraduate degree from Villanova and doctor of medicine degree from Temple University School of Medicine.



After a residency in general surgery at Temple University Hospital, he did his cardiac training at Baylor College of Medicine in Houston, Texas, from 1967 to 1969. While at Baylor, Dr. Lemole became certified by the American Board of Surgery and the American Board of Thoracic Surgery and began serving as instructor in surgery. In 1968, he was a member of the surgical team that performed the first successful heart transplant in the United States.

Dr. Lemole returned to Philadelphia from Texas in 1969 to serve as an instructor in surgery at Temple. That same year, he performed the first coronary bypass in the tri-state area of Pennsylvania, New Jersey and Delaware. At age 32, he was named Chief of Cardiothoracic Surgery at Temple University. He was Chief of Surgery at Deborah Heart & Lung Center, Brown Mills, NJ from 1972 to 1984. In 1975, at age 38, he became a full professor at Temple, an achievement which also made him one of the youngest full professors of surgery in the United States. In 1982, while visiting Turkey, Dr. Lemole performed that nation's first coronary artery bypass procedure.

His major professional memberships include the Society of Thoracic Surgeons, the Society for Vascular Surgeons, and the American Association for Thoracic Surgery. He is also a member of many societies and associated committees related to his profession.

Dr. Lemole has lectured extensively and written numerous articles for professional publications. He has also published three books and is currently working on a book for post-cancer treatments. He has been a visiting professor at the Universities of Dublin and Istanbul, the Military Medical College of Ankara, Allegheny General Hospital, Fengtai Heart Institute, Beijing, China, People's Hospital and 2nd Military Medical University, China, and Columbia Presbyterian University Hospital. He is listed in the publication *Who's Who in the United States* and the Marquis *Who's Who Directory of Medical Specialists*. He is a past recipient of the American Medical Association Physician's Recognition Award and numerous other awards.

EMILY JANE (JANIE) LEMOLE

Janie Lemole has focused her career in service to the community as a health educator, lecturer, and ordained minister. In 2010, she was given the Presidential Medallion of Service/Leadership. Further, she has been recognized for her meritorious services by West Chester University and for her 20 years of outstanding service as commissioner with Lower Moreland.



In addition to her career, she maintained her dedication to community service by utilizing her leadership skills and many interests in Children's Literature, Holistic Health, and Theology. Specifically, she served on the Board of Trustees with Holy Redeemer Health Systems and on the Board of Commissioners with Lower Moreland Township. Further, she has served as Chairman of the Board for Asplundh Company and served as a Board member with the West Chester University Fund, Academy of the New Church, and Loving Arms Mission.

She received her BA in English Literature from Denison University in Ohio and Masters Degree in Religious Studies in 1999. She also graduated from the Swedenborg House of Studies in Berkeley, California, and was ordained in the General Convention Swedenborgian Church in 2012.

Janie Lemole lives in a beautiful village near Philadelphia with her husband, Gerry. Together, they have six children and thirteen grandchildren.

TILLY LEVINE

In 1982 Tilly Levine co-founded Tilly's, a leading specialty retailer in the action sports industry, selling clothing, shoes and accessories. Tilly Levine has over 30 years of experience in the retail industry, serving as a Vice President and Director since its inception.

Tilly has been committed to helping disadvantaged kids and teens for many years through The Tilly's Charity Golf Tournament benefiting Boys and Girls Town, Boys and Girls Club, Casa Youth Shelter and Big



In 2005, Tilly's founded two Tilly's Baby Homes in Trabuco Canyon. This program uses an innovative approach to maintain family unity for newborns and infants who are removed from their home.

In 2012 Tilly founded Tilly's Life Center (TLC). TLC is a pioneering 501c(3) non-profit organization. TLC programs empower teens by teaching them life skills that build confidence, inspire compassion, and encourage them to pursue their dreams. TLC provides a safe, caring environment where they can express themselves, and gain the tools they need to build a positive mindset to help guide them when faced with adversity and tough decisions. It is TLC's goal to help today's youth reach their full potential as productive, kind and responsible individuals.

Tilly's vision is to implement the TLC programs in every children's organization, including public schools throughout the nation. Today, TLC programs are offered at the Boys & Girls Club of Capistrano Valley ("I Am Me") and CHOC Hospital ("I Am Healthy" Experience).

Tilly enjoys life to the fullest. Her passions include golfing, hiking, snow boarding, traveling, and spending time with her family.

A L Y C E - A N N E M E A D O W S , M . E D .

Alyce-Anne Meadows has her Master's degree in Human Relations, Counseling and Education from Northern Arizona University and her Bachelor's degree in Home Economics Education from Ohio State University.



She has a diverse career from establishing a Home Service Department for a gas company in Melbourne, Australia, teaching parent education, working in social service with youth in foster care. She has worked in non-profits and in public health with a focus on improving birth outcomes and preventive health for children age 0-5.

While at the county health department, Alyce-Anne facilitated a Think Tank on birthing issues. She got her passion for helping teens to make responsible, educated decisions while teaching high school life skills and child development. Subsequently, she formed and facilitated teen peer education groups, managed community groups focused on teen pregnancy and Children, Youth and Families, children's issues, was a founding member and officer of the Arizona Adolescent Health Coalition and also the Arizona Coalition on Adolescent Pregnancy and Parenting.

She has also served as an officer of MIKID (Mentally Ill Kids In Distress). While working with these issues, she focused on community development, in which she has received considerable national training, especially Asset Based Community Development (ABCD). She founded a Community Action Team (CAT) while serving as director of a federal counseling grant and district grant manager at Dysart Unified School District.

She has delivered well received presentations at state and national conferences. Her creation of an educational photo essay exhibit and curriculum called "Everybody's Baby" which focused on the impact of teenage pregnancy, and her work in community development have won local, state and national awards, including one where Hillary Clinton gave the keynote address. Alyce-Anne is currently facilitating a group on civil discourse bringing together both sides of the abortion issue.

Alyce-Anne and her husband are the parents of 3 adult children and 3 grandchildren.

DENISE M. MILLSTINE, M.D.

Dr. Millstine joined Mayo Clinic Women's Health Internal Medicine in 2013. She is a Senior Associate Consultant with Mayo Clinic and Instructor in Medicine at the Mayo Clinic College of Medicine. She is also a Fellow in the American College of Physicians.

A board-certified internal medicine physician, Dr. Millstine completed her M.D. degree at Loyola University Chicago Stritch School of Medicine. She completed an Internal Medicine residency at the University of Massachusetts Medical Center and a fellowship in Integrative Medicine at the University of Arizona.

Dr. Millstine provides primary care for women with a special interest in breast health, preventive medicine, wellness and community education. She also provides integrative medicine (sometimes called complementary and alternative medicine) consults that include discussion of nutrition, exercise, supplements/botanicals and mind-body health in the context of a patient's overall health.



N I S H A M O N E Y , M . D . , M P H , A B H M

Dr. Money is a military-veteran physician board certified in preventive and integrative medicine with a sub-specialization in global health. Her recent positions include: Chief Medical Officer for Complementary and Alternative Medicine (CAM) and Integrative Health for the Department of Defense (DoD) in collaboration with the VA; US Air Force Flight Surgeon; Medical Commander for Homeland Security and Initial Disaster Response Teams; US Air Force Pentagon's Chief of Fitness; and Head Physician Epidemiologist for DoD Global Health. Dr Money's certifications & military training include: American Board of Integrative and Holistic Medicine; US Army Combat Casualty Care; Reiki and Energy Medicine, CDC-Harvard Meta- Leadership for Public Health; UCLA's Physician's Scalp & Medical Acupuncture; "Neurobics" for neuro-psychological treatment and performance enhancement; Ayurveda and Siddha medicine; Mind-Body-Spirit Medicine therapeutics; and Physician's Yoga Therapy for chronic disorders.



Dr Money has created multi-lateral global health collaborations to strengthen the prevention, surveillance, and response to national disasters, infectious diseases, and neuro- psychological disorders world-wide. Deploying public health campaigns led her to create a SOP agreement and manual for collaborative educational exchanges between foreign militaries, the development of bridge programs for continuity of care for indigenous populations, integrative medicine training for health care providers, and cultural sensitivity training for foreign hospitals and school systems. She has spearheaded communication pathways and capacity building efforts between the White House, the US military, WHO, NATO, foreign public-private sector agencies for medical humanitarian missions and holistic - integrative health therapies.

Dr Money creates and leads integrative mental fitness training programs utilized in deployment, corporate, training workshops, and personal settings to not only address prevention, resiliency, and treatment of psycho-neurological disorders secondary to trauma but to also optimize human performance. She is featured as a pioneer in integrative medicine within the US military. Dr Money has recently transitioned from active duty military and is now the Director for Global Health & Integrative Medicine at the Global Healing Initiatives Institute, LLC .

D E N I S E L E W I S P R E M S C H A K

Denise Lewis Premschak has a long-standing relationship with energetic and natural health technologies as they can be applied in “the Field”. She is a dowser, a Reiki Master, a BioGenesis Creation Master, and is trained in hypnosis, EFT and Psych-K.



As Founder and Chief Consultant of Field Guide, LLC, Denise provides transformation possibilities in the form of executive services for non-profit organizations. She also facilitates leadership training intensives, Open Space Technology, and Dialogue processes across many disciplines to emerge and merge approaches to complex needs. Her work in the public sector as well as with corporations (Xerox, ATT Broadband, Comcast, the Department of Defense, Air force Materiel Command, Frontier Airlines, and Sun Microsystems) has included solutions sales and the sourcing, training, and managing of teams and projects.

She spends half her time in Washington, DC, serving as CEO of Voice for HOPE - Healers Of Planet Earth. Based on a *Transpartisan* vision, HOPE provides leadership, training and support for Citizen Healers who are creating and sustaining relationships with their Members of Congress for the purpose of advancing “natural” approaches to health as an explicit and valued part of national health policy. She came to HOPE from the International Society for the Study of Subtle Energies and Energy Medicine – a bridging organization for scientists, clinicians, therapists, healers, and lay persons to explore subtle energies as they apply to the experience of consciousness, healing, and human potential. Denise served ISSSEEM as CEO and Managing Editor of both Bridges Magazine and the peer-reviewed scientific Subtle Energies and Energy Medicine Journal.

Denise has two grown sons and lives in Colorado with her husband of thirty years. She describes herself as an Observer of Mystery, an Advocate of Inquiry; a Weaver of Life’s Tapestry; a voracious learner, a mover, a shaker, a change-maker into purposeful work, expressive play, yoga, world travel, white-water rafting, trekking, and cross country skiing.

A L L Y N R E I D

First known Filipino Woman to Summit Mt. Kilimanjaro, June 2010

Publisher. Growth Architect. Casual Creative. Composed Au Courant. Natural Dissident.

Passionate about books, beauty and impact. A avid student of the world. Possessed by a natural curiosity about the origin of ideas, the motivations of people and sensibilities of cultures. Additional interests range from authenticity, diversity and gender matters to health and spirituality.

I can easily be found wherever there are great minds around.



G R E G S . R E I D

Bestselling Author. Acclaimed Speaker. Filmmaker, Greg S. Reid, is a natural entrepreneur known for his giving spirit and a knack for translating complicated situations into simple, digestible concepts.

As an action-taking phenomenon, strategy turns into results fast and furious, and relationships are deep and rich in the space he orbits.

Published in over 45 books, 28 best sellers, five motion pictures, and featured in countless magazines, Greg will share that the most valuable lessons we learn, are also the easiest ones to apply.

Recently, Greg has been hand selected by The Napoleon Hill Foundation to help carry on the teaching found in the bible of personal achievement – ***Think and Grow Rich***.



BARBARA P. SCHERЕК, BSN, HHC

Barbara's life has focused on helping people to help themselves. After receiving her BS in Nursing, her career evolved through numerous teaching positions, including, a student nurse teacher, community health educator, instructor trainer, and disaster nurse. She is also an ordained minister. Currently, as a Certified Holistic Health Coach through the University of Minnesota, she practices at www.radiant-health.org outside of Minneapolis, Minnesota, where she guides her clients to heal themselves. She also mentors graduate students in the UMN health Coaching program within its Center for Spirituality and Healing (www.csh.umn.edu).



For over 50 years, Barbara dedicated her career towards pioneering and leadership roles to improve programs within the America Red Cross (ARC). As a result, she earned the distinguished Ann Magnussen Award, ARC's highest honor of nursing achievement in the U.S. She also received the Red Cross Clara Barton Award for Outstanding European service, and a prestigious Florence Nightingale Medal Nomination for Outstanding International Service, Geneva, Switzerland.

She served on the St Paul (MN) Red Cross Board for 17 years, where she was elected as its first woman chair. Over this period, she led a successful rejuvenation of the 50-member board of top business leaders, resulting in unprecedented levels of community and financial support. She mentored the Twin Cities Red Cross Blood Bank Program into an innovative, million-dollar national model of database creation, transplant support, and HIV/AIDS preparation.

Appointed Chief Nurse of the ARC in Europe, a high civilian military appointment, Barbara worked with the Chief Nurses of the US Army, US Air Force, and US Navy, to prepare European facilities to treat the wounded, and support military families, of the emerging Operation Desert Shield/Desert Storm Persian Gulf War. She led the recruitment and organization of 4000 medical volunteers to support US military hospitals in the event of massive war casualties. Piloting new Health and Safety courses, including *Healthy Pregnancy/Healthy Baby*, *HIV/AIDS* education, community and *Teen Stress Management*, Barbara also redesigned a *Home Nursing* course to teach home care providers how to help returning troops.

To guide Red Cross Nursing policy, Barbara was appointed Senior Advisor to the Red Cross Chief Nurse in Washington, DC. She also Chaired the National Nursing Committee, leading a bold strategic plan to reestablish Nursing as central to the ARC. Earlier, Barbara had developed award-winning programs *St Paul Wellness* and *Better Eating for Better Health*, which created a national partnership between the county medical auxiliary and Red Cross.

Barbara has traveled 30 countries and studied directly with world-renown healers. She is Certified in Healing Touch Level IV, and has certifications or deep experience in dozens of modalities, including biofeedback, craniosacral therapy, lymphatic drainage, energy medicine, past life regression, sound therapy, meditation, imagery, visualization, and feminine psyche.

Barbara is a lifetime member of the Association for Research and Enlightenment (ARE), a long-time supporter of the Institute of Noetic Sciences (IONS), the International Society for the Study of Subtle Energies and Energy Medicine (ISSEEM), and co-founded the Scherek Family Foundation.

D I A N N E S H U M A K E R

My formal education includes a BA Degree in Sociology at William Jewell College, Liberty, MO; MS Degree in Counselor Education at Pittsburg State University, Pittsburg, KS; MTS Degree in Christian Education from Saint Paul School of Theology, Kansas City, MO; and one year as a Resident in Clinical Pastoral Education at Saint Luke's Hospital of Kansas City, MO.

My young adult years were spent teaching Junior High Social Studies and then substitute teaching while my children were young.



I studied in France to learn French, then lived in Oujda, Morocco for 2 years. This along with my progressive church upbringing and my studies in sociology and psychology were very helpful in my love for and acceptance of a large diversity of people. My interest in exploring spiritual and alternative healing came especially from time with a spiritual healer and my experiences as a hospital and hospice chaplain.

Along with spirituality, I have a passion for Justice.

I have been on the boards Saint Paul School of Theology and The Center for Practical Bioethics, and I am presently on the Board of Trustees at William Jewell College and of The Shumaker Family Foundation. I look forward to being involved in the Advisory Board of The Foundation for Living Medicine!

M A R I A S P E T H

Ms. Speth, a shareholder in the law firm of Jaburg & Wilk, P.C., practices in the areas of intellectual property, internet law, and commercial litigation, representing clients throughout the United States. She focuses her practice on assisting businesses in protecting their trademarks, copyrights, trade secrets, information technology, and other intellectual property through preventative measures to avoid disputes and through aggressive measures when disputes arise.



Ms. Speth received her B.A., *cum laude* in 1985 from Hofstra University and received her J.D. in 1988 from Hofstra University School of Law. She is admitted to practice in the State of Arizona Supreme Court, the Appellate Division of the Supreme Court of the State of New York, the Federal District Court for the District of Arizona, the Federal District Court for the Eastern District of New York, the Federal District Court for the Southern District of New York, the United States Court of Appeals for the Ninth Circuit, the United States Court of Appeals for the Federal Circuit, the United States Court of Appeals for the Eleventh Circuit, the United States Court of Appeals for the Eighth Circuit, and the Supreme Court of the United States of America.

Ms. Speth is the author of two books: *Protect Your Writings: A Legal Guide for Authors*, and *Apple v. Samsung, The Balance Between Patent Rights and the Free Market*. She has also authored articles on the topics of litigation and intellectual property, published in *The Business Journal*, the *Arizona Journal of Real Estate & Business*, and the *Arizona Attorney*. Her profile has been featured in the *Arizona Business Gazette* and *The Herald Report*.

In October of 2000, the readers of *Arizona Women's News* voted Ms. Speth best business attorney in Arizona. In April of 2008 she was listed in the Top Lawyers list published by Arizona Business Magazine. She is a certified member of The Million Dollar Advocates Forum and a member of The American Trial Lawyer's Association Top 100 Trial Lawyers in Arizona. In 2011 and 2013, the readers of *Arizona Foothills Magazine* named her firm best intellectual property law firm.

Ms. Speth has represented clients in numerous published and precedent setting cases, including *People v. Cisco*, 514 N.Y.S.2d 796 (App. Div. 1987), *People v. Seaton*, 514 N.Y.S.2d 417 (App. Div. 1987), *Gasho v. United States*, 39 F.3d 1420 (9th Cir. 1994), *cert. denied*, 515 U.S. 1144 (1995), *Barnes v. Outlaw*, 188 Ariz. 401 (App. 1996), *Time Warner Cable of New York City, a Div. of Time Warner Entertainment Co., L.P. v. Cable Box Wholesalers*, 920 F. Supp. 1048 (D. Ariz. 1996), *Barnes v. Outlaw*, 192 Ariz. 283 (1998), *Brown v. 3M*, 265 F.3d 1349 (Fed. Cir. 2001), *cert. denied*, 122 S.Ct. 1436 (2002); *Young v. Johnson*, 201 Ariz. 61 (App. 2001);); *MCW, Inc. v. Badbusinessbureau.com, LLC*, 2004 WL 833595 (N.D. Tex.); *Hy Cite Corp. v. Badbusinessbureau.com, LLC*, 297 F.Supp.2d 1154 (W.D. Wis. 2004); *Whitney Information Network, Inc. v. Xcentric Ventures, LLC*, 199 Fed.Appx. 738, 34 Media L. Rep. 2153 (11th Cir. 2006); *George S. May Intern. Co. v. Xcentric Ventures, LLC*, 409 F. Supp.2d 1052 (N.D. Ill. 2006); *ICG-Internet Commerce Group, Inc. v. Wolf*, 519 F.Supp.2d 1014, 2007 Corp.L.Dec.P. 29,488 (D. Ariz. 2007); *Global Royalties, Ltd., v. Xcentric Ventures, LLC*, 544 F.Supp.2d 929, 36 Media L. Rep. 1797 (D. Ariz. 2008); *Blockowicz v. Williams*, 630 F.3d 563 (7th Cir. 2010); *Xcentric v. Bird*, 683 F.Supp.2d 1068 (D. Ariz. 2010).

Ms. Speth is on the Board of Directors of Safe Haven, Inc., a non-profit community redevelopment organization. Ms. Speth is the past Chairperson of the Ecommerce & Technology Section of the Arizona State Bar, and is on the executive council of the Intellectual Property Section of the Arizona State Bar. She is on the U.S. Subcommittee of the Anti-counterfeiting Committee of the International Trademark Association.

Ms. Speth has presented seminars for the Arizona State Bar, the Arizona Small Business Association, The Inventors' Association of Arizona, National Business Institute, and Lorman Education Services. Ms. Speth is a guest lecturer at Arizona State University. Ms. Speth is on the faculty of the internationally acclaimed CEO Space. She has also been a guest speaker on television and radio shows addressing intellectual property protection topics.

MARLENE SUMMERS, M.ED., MSS,
MSNED, RN



Sigma Theta Tau International Honor Society of Nursing; Charter member 1992
Nu Nu Chapter President, 2012 - 2014

Chapter is affiliated with Weber State University, School of Nursing, Ogden, Utah
Chapter succeeded in acquiring Honorary Membership for Dr. McGarey in 2011;
earned its second Key Chapter Award in 2013 (1 of 73 recipients of this recognition
out of 500 Chapters; top 15% in the world)

Therapeutic Touch International Association Board of Trustees

Urban North Region Regional Education Consultant for Orientation, Simulation, Innovation, and Motivation, McKay-Dee
Hospital Center, Intermountain Healthcare, Ogden, Utah 84403

Colonel (retired), United States Army

Branched Adjutant General; 33 years of service – 3 enlisted; 30 commissioned

Veterans of Foreign Wars, Post 1481

Honor Guard for Military Funerals, Ogden, Utah

Graduate of Ricks College, 1972, Associate Degree; Weber State University, 1974, Bachelors; 1980, Bachelors; 1988, Associate
in Nursing; 1990, Bachelors in Nursing; Utah State University, 1982, Masters in Education; United States Army War College,
2005, Masters in Strategic Studies; Westminster College, 2007, Masters in Nursing Education

Universal Life Church Minister

American Red Cross Volunteer, 1974 – 1988

J I M T U R N E R

Jim Turner, President and co-founder of Voice for HOPE – Healers Of Planet Earth is a Washington, D.C. attorney and long-time advocate of informed choice for safe food, drug and other health-related consumer products. An original Nader’s Raider, he authored best-sellers, *The Chemical Feast: The Nader Report on the Food and Drug Administration* and *Making Your Own Baby Food* and co-authored *Voice of the People: The Transpartisan Imperative in American Life*.



As a partner in the forty year old D.C. law firm of Swankin & Turner, he represents individuals, businesses, and consumer groups in a wide variety of regulatory matters, both in court and before various regulatory agencies, including the Food and Drug Administration, Environmental Protection Agency, Consumer Product Safety Commission and Federal Trade Commission, and on projects with agencies such as the Department of Agriculture and the National Institutes of Health.

He helped organize the successful campaign to lobby Congress for passage of the Organic Food Production Act and lead the legal team that persuaded the FDA to reclassify acupuncture needles as safe and effective for legal U.S. importation and distribution. He serves as Chairman of Citizens For Health, the consumer group that generated over one million letters to Congress, gaining passage of the Dietary Supplement Health and Education Act.

Mr. Turner served as special counsel to the Senate Select Committee on Food, Nutrition, and Health and to the Senate Government Operations Subcommittee on Government Research. Born in Columbus, Ohio, and raised in Cleveland, he is a graduate of the Moritz College of Law at The Ohio State University, holds a B. A. in history and political science from Ohio State University College of Arts and Sciences.

L I N D S A Y W A G N E R

Lindsay Wagner makes little distinction between her life as an actress, advocate, mother, humanitarian or author. What unites these various parts is a commitment through her work and her personal life to advancing human potential. Early in her career this commitment was evident in her Emmy Award winning portrayal of "The Bionic Woman". Her use of media as a way to communicate ideas to help people in their personal process is demonstrated in so many of her films.



Films such as: "Shattered Dreams" on spousal abuse and domestic violence starred in and co-Produced by Lindsay in 1991; "The Taking of Flight 847" on the root complexities of terrorism (1988); "Evil In Clear River" on the quiet rise of the Neo-Nazi movement in America (1988); "Child's Cry" on child sexual abuse (1985); "I Want To Live" on the moral dilemma regarding capital punishment (1983); and "The Incredible Journey of Doctor Meg Laurel" on the battle between the naturopathic and allopathic healthcare (1979).

Off screen, Lindsay continuously works both publicly and privately in advocacy and public education. She shares the knowledge and experiences, which have greatly impacted her life and have profoundly enhanced her awe of our often unrecognized human potential. Lindsay has co-authored two books: a best-selling vegetarian lifestyle cookbook entitled, *The High Road to Health* (Simon & Schuster) and a book on acupressure, *Lindsay Wagner's New Beauty: The Acupressure Facelift* (Simon & Schuster).

From 2003-2006 Lindsay co-facilitated a support group for convicted batterers and their families. In 2004 she co-founded "Peacemakers Community", a non-profit organization that offers families and individuals more constructive and peaceful ways of relating to each other and oneself in order to help end the cycle of family violence. Her work utilized a range of psychological techniques and Spiritual encouragement.

For the public, Lindsay has been offering experiential "Quiet the Mind & Open the Heart" retreats and workshops. These programs are designed to help us access more deeply the peace and joy which is naturally within us and to realize how the conscious and unconscious concepts we carry in the mind often have a life diminishing influence on others and ourselves. For many, it can be the catalyst needed to break through old or undesirable patterns affecting our family dynamics, intimate relationships, self-image, parenting, friendships and our work/career.

"Every aspect of our lives will benefit from a shift in perspective that 'Quiets the Mind and Opens the Heart'."

GLORIA WALLACE, M.A.

Gloria Wallace has dedicated her professional life equipping clients to effect deep personal and behavioral change in their lives through participation in extensive and diverse group work, individual coaching, counsel as well as through personal and systems assessments. She has designed training, curriculum and developed community projects that promote a person's authentic sense of self and competence. She is committed to the belief that self-aware and empowered individuals are the cornerstone of a healthy workplace and community.



With her extensive background in communication, group facilitation, personality and leadership development, she is uniquely qualified to guide people to a more positive and fulfilling life as they claim their personal strengths. Her commitment to adult development, relationship and systems growth has been enhanced by state and national licensures as a psychologist, professional counselor, marriage and family therapist, national family life educator and certified professional leadership coach.

Gloria's ability to pull together divergent concepts helped launch several community programs. She created a community volunteer-based tutorial program for students with learning lags, co-created a Parent Education Program (MELD) and an 80-hour Life Design course that promoted self-definition and life leadership. She started her own training, education and coaching business focusing on the corporate world where she specialized in leadership assessments and development plans that held people accountable to targeted personal behaviors they were committed to developing. Her expertise is best shared with leaders who desire to build the self-knowledge and commitment to character development that it takes to lead at different levels in an organization.

Her style is collaborative and flexible as it promotes building a foundational base of credibility and reliability in her clients. They, in turn, gain the competence to foster high performance teams and impact organizational cultures. She leverages her role as a coach to keep people connected to their strengths, as they stay aware of moving beyond their development challenges. In this way, they hold themselves accountable to the work they need to do to become strong credible and adaptable leaders.

An advanced degree in Psychology was received from the University of St. Thomas, St. Paul, Minnesota. Additional postgraduate work consists of work with systems, collaborative conversations, extensive circle work, meditation, interactive guided imagery, accelerated therapies, managing change, adult development, leadership and communication.

In the past, she has been an adjunct instructor to several faculties including public and vocational schools and The Small Business Association in Phoenix, AZ. For the last 14 years she was affiliated with the Minneapolis based Center For Character Based Leadership where she specialized in leadership development, team building, small group work and executive coaching. Her most recent organizational contracts include executive and executive team work with Minneapolis-based RSM McGladrey, Inc., Land O' Lakes and LifeScan, a Johnson & Johnson Global Medical Device Franchise.

MELANI A. WALTON

Committed to finding local solutions to global problems

“Be the change you want to see in the world.” This phrase inspires Melani A. Walton’s commitment to service and investment in the community. As a philanthropist, she is committed to efforts on a local, national, and global scale. With her background as an educator, coach, specialized sports clinician, accomplished athlete, and a licensed commercial real estate agent, she brings a diverse skill set to the philanthropic arena.



Melani is passionate about supporting research and innovation in the areas of education, arts and humanities, brain health and mind exploration, conservation and sustainability.

Together with her husband Rob, they have a love for the environment that has taken the couple around the world to more than 20 countries from the top of the Volksberg in Suriname to the depths of the Coral Sea in Indonesia. On their travels, they have worked with conservation scientists to assess ecosystems, liaised with local governments and sought to understand and effect great change as it relates to environmental and sustainability efforts.

This passion and commitment to making a difference in the world led her and Rob to support the creation of the Global Institute of Sustainability at Arizona State University. Their contribution will help GIOS in developing and deploying promising solutions to sustainability challenges including energy, water, environment, climate, urbanization, social transformation, and decision making in local, national, and global contexts to educate future leaders in sustainability.

With her fundamental belief that education has the power to transform a community coupled with her passion for all things related to the brain, Melani helped create The W.O.N.D.E.R. Center at Arizona Science Center, a special interactive mind and brain experience that impacts approximately half a million children and adults annually.. Her commitment to exploring the brain has also led the Waltons to support projects within the community, such as: Phoenix Theater’s Partners that Heal W.O.N.D.E.R. Project, Phoenix Symphony’s B-Sharp Music Wellness W.O.N.D.E.R. Project, and Barrow Neurological Institute W.O.N.D.E.R. Project on Mindfulness Based Stress Reduction (MBSR). The theme and motto of the W.O.N.D.E.R. initiative is: “Where is the line between the possible and the impossible; every wonder?” The acronym W.O.N.D.E.R is for Walton Optimal Neurological Discovery Education & Research.

Melani serves and has served on a number of boards and committees, including ASU’s Women & Philanthropy; the Arizona Women’s Board; The Nature Conservancy; Arizona Science Center and The ASC Learning Committee; The Phoenix Symphony; The Phoenix Children’s Hospital; Society of St Vincent de Paul; The Aspen Brain Forum; Conservation International; Foundation for Living Medicine; African Parks and is a member of the National Association of Professional Women.

Melani graduated Magna Cum Laude with a Bachelor of Science degree in K-12 education, with an art history emphasis, from Dickinson State University. At DSU, she was a three-time All-American in both basketball and track & field, and in 2007 was inducted into the Athletic Hall of Fame. As a member of the DSU Foundation Board, she has supported the development of a new multi-sport activity center, athletic scholarships and the first endowed chair of Theodore Roosevelt initiatives.

When Melani finds time to relax, you will find her traveling with Rob, enjoying hiking and cycling in various mountain ranges around the world. She also has a passion for speed, which is where you may find her competing in vintage racing cars or touring along the picturesque back country roads. Back at home, two pet Italian Greyhounds, Jazzy and Lulu, inspire her daily as they embody the spirit of love and remind her each day to live in the moment.

C A R O L Y N W A R N E R

Carolyn Warner is founder and chairman of Corporate// Education Consulting, Inc. (C//ECI), a national-scope consulting firm based in Phoenix, Arizona. She has been active for more than three decades on state and national levels as a respected and effective educational advocate and public policy leader. An acclaimed speaker and best-selling author, Warner has led U.S. delegations to Japan, Australia, Germany, Romania, Russia, Scotland, Spain and China, and conducted on-site studies of European Union vocational and technical training programs.



Warner served for twelve years as Arizona's elected State Superintendent of Public Instruction, the first non-educator to hold that post. In this position, she was a member and executive officer of the State Board of Education/ Career and Technical Education, and served on the Arizona Board of Regents and the State Community College Board. Hallmarks of Warner's tenure were increased services to schools, greater accountability, greater involvement of business and the community in education policy, ground-breaking Basic Skills and Employability Skills initiatives, and the creation of the Arizona Educational Foundation. In 1986, she was her party's nominee for Governor of Arizona.

Proving that there is "life after politics," Warner received Congressional and Presidential appointments to the National Skill Standards Board and the White House Conference on Small Business, and was a Presidential appointee to the National Commission on the Public Service. She currently serves on the board of directors of InfiLaw, as national treasurer of Jobs for America's Graduates – the nation's most successful school-to-career initiative, is Co-Chair of the Arizona Skill Standards Commission, and is past chair of the United Methodist Foundation for Higher Education and past president of the Arizona Women's Forum.

Warner is the recipient of numerous awards, including the Racial Justice Award - YWCA of the USA; Policy Leader of the Year – National Association of State Boards of Education; Carl Perkins Humanitarian Award – American Association for Career and Technical Education; Distinguished Service Award – National Association of Secondary School Principals.

Carolyn Warner is the author of four books, *Promoting Your School: Going Beyond PR*; *Everybody's House – the School House*; *The Words of Extraordinary Women*; and best-seller, *The Last Word: a Treasury of Women's Quotations*.



THE FOUNDATIONFOR LIVING MEDICINE

The Foundation for Living Medicine
4848 E. Cactus Road
Suite 505-506
Scottsdale, AZ 85254
Ph: 480-946-4544
rose@thefoundationforlivingmedicine.org