"Jo Cox Women in Leadership is more than simply a programme! It is a catalyst for change, growth and solidarity for those on the programme and more importantly those whose lives they impact on a daily basis. I feel incredibly blessed to be a part of cohort 3 and have access to such thought provoking training, honesty and tools to help me. I have returned a more confident woman who can use her voice more effectively. The beauty has been watching my other Jo Cox sisters do the same. Despite being located all over the UK we encourage each other daily.

Thank you LWN for planting such incredible seeds of wisdom!”  
Clr Sharon Thomson, Birmingham Edgbaston, Cohort 3

"Alison McGovern MP described Jo Cox's support as akin to 'having one arm wrapped around your shoulder and the other one pushing you forward'. The programme itself is designed to prepare women to take roles of leadership into politics and beyond. It was a surreal and humbling experience to have so much time and energy invested into me from the party. It gave me confidence and made me feel valued.

Now I’ve graduated from the programme, I feel as though there’s isn’t anything that my persuasive, eloquent and determined sisters and I can’t achieve together.

I can honestly say it’s one of the best things I’ve ever done.”  
Deeba Syed, Bethnal Green & Bow, Cohort 2

"Just had a bit of a moment. Less than 2 years ago I was coming down the lift in City Hall crying after a Job seekers meeting in the Job Centre because I felt so low. Today I’ve just come down that same lift in City Hall with my Councillors lanyard. Never give up.”

Laura McWilliams, Lincoln, Cohort 2

“Firstly, it was a massive privilege to be part of one of 57 women on the Jo Cox Women in Leadership Programme. There was an immense amount of pride in becoming the first Sikh female MP. The programme was just wonderful. Firstly, because of Jo Cox, her legacy, the things that she achieved, what she stood for. It was a very emotional moment to, in her memory, have something that promotes women coming through. But with it comes a real sense of responsibility, the biggest being to give other people a break and an opportunity.

The programme really made me think about who I am and what I wanted to become – it was just priceless.”

Preet Kaur Gill MP, Shadow Secretary of State for International Development, Cohort 1

“I never shy away from economic and strategic stuff now. The course was a game changer in so many ways.

Eternal thanks!”  
Charlotte Hall, Stockton-On-Tees, Cohort 2