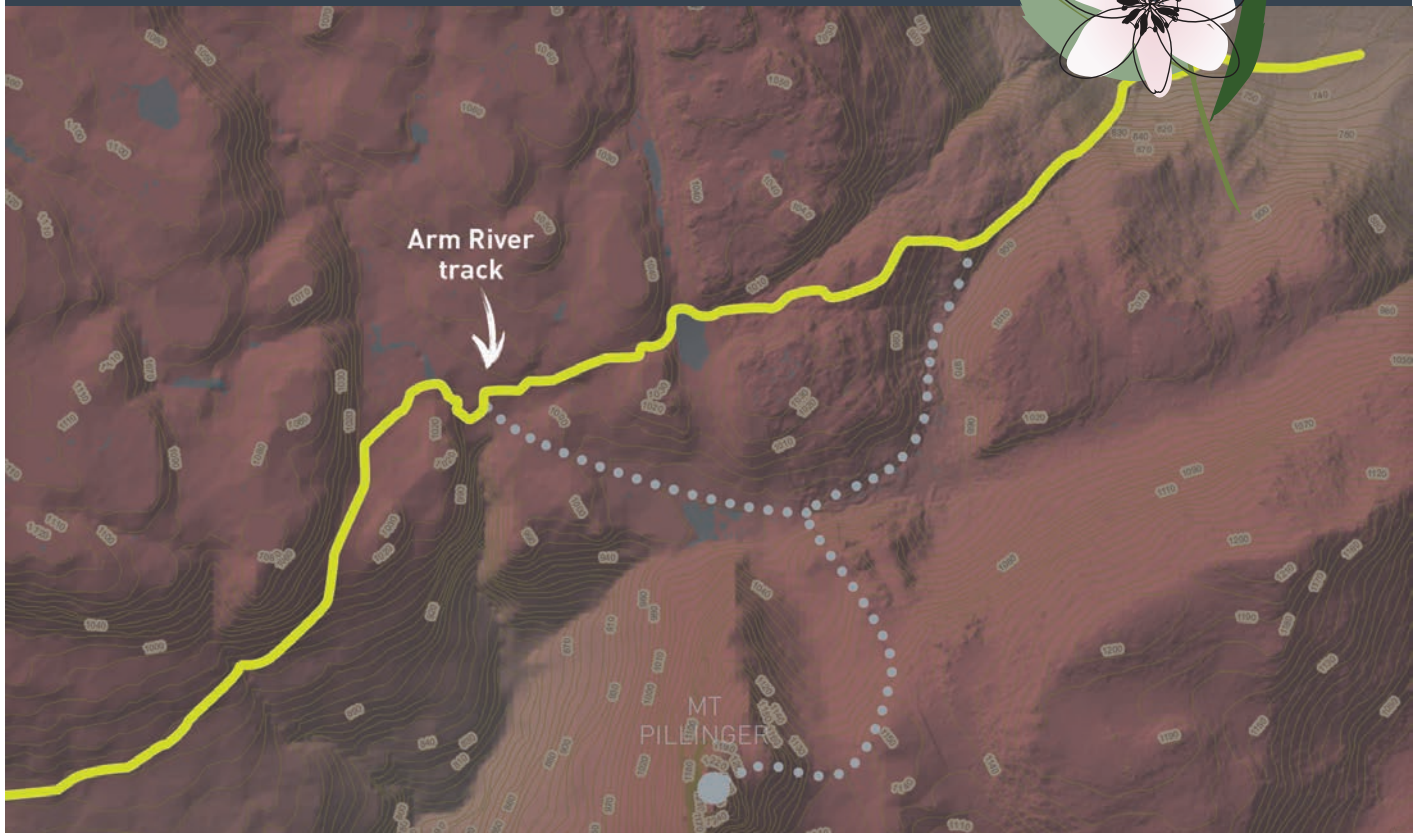


Arm River Track



0 375 750 1,500 Meters

Region: Central Tasmania

Experience: Forest and alpine zones

Return distance to Lake Price: 5.5km

Return distance to Pelion Hut: 22km

Suggested time: Up to a day one way

Difficulty: Hard, steep

The Arm River Track is a diverse ascent through lush forest to an alpine plateau.

It is the only major route from the east to the central part of the Overland Track, where wraparound views of Cradle Mountain-Lake St Clair National Park can be enjoyed from the Pelion area after a day of walking.

When not delighting in a small waterfall or valley view, the Wurragarra Creek crossing, or the expansiveness of Lake Price, gaze to the skies and you might just be lucky enough to spy a wedge-tailed eagle, grey goshawk, or white-bellied sea eagle, all known to nest in the region.



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Arm River Track



The nutrient stores of different rock underlays are one of the most important factors in determining what grows above them; given the right conditions, nutrient-poor schist can support robust buttongrass, whereas dolerite yields lush rainforest.




The Arm River Track is a lovely example of sensitive, near invisible, track work in action. Note the dry-stone walling (i.e. made without mortar); sound, locally sourced stone steps; and well graded zig-zag path. These features and a well placed creek crossing work to enhance walker outlook, enjoyment and safety.

Each interpretation panel includes a carefully chosen literary quote to enhance walkers' experience.

Getting there

- Access the Mersey Forest Road via Mole Creek, Moina or Gowrie Park.
- Shortly after the road surface changes to gravel, turn right at the signposts to Maggs Road and the Arm River Track.
- After driving along Maggs road for approximately three and a half kilometres, veer left and stay on Maggs Road at its junction with the Arm River Track.
- Follow Maggs Road for approximately 13 km until you come to a point where the road had been blocked off by an earth barrier.
- Turn left immediately before the barrier (technically you are now on Arm Road) and drive approximately 800m to the trailhead car park.

Further resources

-  [Tasmania Fire Service Alerts Map](#)
-  [Bureau of Meteorology weather warnings for Tasmania](#)
-  [Parks and Wildlife Service Tasmania – Before You Walk](#)