

# HOW TO: GROUP RIDE

A guide to hosting your own Bike Month event!

## ORGANIZE

Choose a date,  
time and route



Determine  
the type of  
ride



Leisure?



Speed?



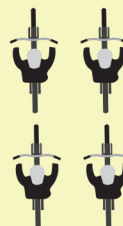
Drop vs no-drop?

Assign a  
Lead/Sweep\*

See below for more info on roles



LEAD

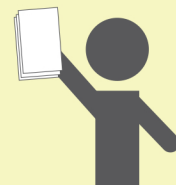


PACK



SWEEP

Publicize!



## DAY-OF

Meet up

1

Safety talk

2

3

Ride!

4

Take Pictures!

### Group Ride Etiquette

- Ride single-file
- Set a reasonable pace
- Use hand signals when turning
- Communicate! Alert the pack of potholes and other obstacles
- Pass directions around while riding, make sure everyone knows the route before leaving
- Obey traffic laws

### LEAD

"The Lead," or the rider at the front of the pack is in charge of calling directions, signaling to cars, looking out for obstacles and setting(+ adjusting) the pace of the ride. Routinely rotating the lead position can be a good way to split up the work.

### SWEEP

"The Sweep" stays at the back and is responsible for anyone who needs to drop from the group as well as any bike repair issues. If a rider pulls away from the pack for a flat tire, or just to ride slower, the sweep should stay with them.

