

Hepatitis A

When a person is infected with hepatitis A, it can easily spread from person to person, causing liver disease that lasts a few weeks or a serious illness lasting many months. Rarely, people die because of hepatitis A.

Hepatitis A spreads by

- > Touching objects or eating food that someone with hepatitis A handled.
- > Having sex with someone who has a hepatitis A.
- > Swallowing food or water that is contaminated with even a tiny amount of feces (poop) from an infected person.

SYMPTOMS OF HEPATITIS A

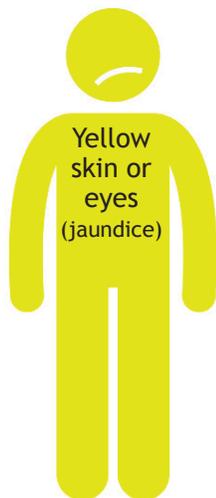


Stomach pain, nausea, loss of appetite



Fever, tiredness

Vomiting, diarrhea, dark pee, pale poop



PREVENTING HEPATITIS A

- > Get vaccinated for hepatitis A.
- > Wash your hands with soap and water after going to the bathroom and before eating or making food.
- > Don't have sex with anyone who has hepatitis A.
- > Use your own towels, toothbrushes and eating utensils.
- > Don't share food, drinks, or smokes with others.

See a doctor if you are sick.

To find out where to get vaccinated, call 877-462-2911



Adapted with permission from San Diego Health and Human Services Agency | SEPT. 2017

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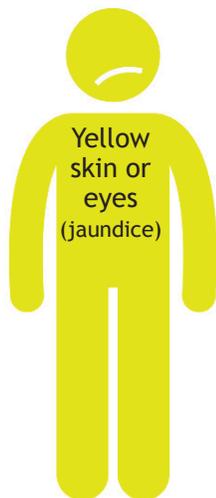


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