

## **WESTLUND EXCHANGE**

Westlund Exchange is a peer-led, place-based client services hub that provides a safe, welcoming and inclusive space for LGBTIQ+ people and their families and allies to access therapeutic, clinical and peer services. Bringing together a mix of clinical services to form a single, integrated service hub, Westlund Exchange responds to the distinct, intersectional and dynamic psychosocial needs of our LGBTIQ+ communities.

This innovative, community-based model will significantly improve access to affirmative and inclusive mental health services for LGBTIQ+ communities. Through the provision of informed, consensual and evidence-based care delivered by a team of LGBTIQ+ competent clinicians, Westlund Exchange will support positive health outcomes for LGBTIQ+ communities

## **ABOUT THE SPACE**

The space was custom-designed by LGBTIQ+ people to create a safe, positive environment for LGBTIQ+ communities to access psychosocial care. The space includes three counselling rooms and a multi-purpose clinic/treatment room with new medical facilities, including a phlebotomy chair, supply storage and counter space with a sink.

## **OUR SERVICES**

Westlund Exchange offers the following services:

- Westlund Counselling: Safe and inclusive strengths-based psychosocial support and gender affirming counselling care to the LGBTIQ+ community. Westlund Counselling is partly funded by the Chief Minister, Treasury and Economic Development Directorate's Strengthening and Supporting LGBTIQ Communities program. The service is low cost or no cost to ensure the sustainability of the service.
- Sexual Health Testing, Referral and Information Project (STRIP) clinics: Provided by Canberra Sexual Health Centre in partnership with the AIDS Action Council.
- PrEP Clinic (STRIP with added PrEP): Provided by Canberra Sexual Health Centre in partnership with the AIDS Action Council.
- The Friday Centre: Peer-navigation services for the trans community provided by A Gender Agenda.

Our service offerings will expand and change to respond to the changing needs of our communities, bridge service gaps and embrace new and innovative social and wellbeing options. In this way, we can ensure we are offering the most effective services to LGBTIQ+ people, their families and allies.

Westlund Exchange is underpinned and informed by a comprehensive Clinical Governance Framework that highlights opportunities for enhancing and strengthening services, while simultaneously bridging service gaps to promote the best possible service-user experience.

## **WORK WITH US**

Westlund Exchange welcomes expressions of interest from organisations, programs and service providers who want to support LGBTIQ+ communities from a safe and peer-led space. On a negotiable fee-for-service basis, we provide training, peer-led support, rooms for hire, office support and other support as negotiated. Terms and conditions apply.

For more information, please contact Tom Skelton at [contact@westlund.org.au](mailto:contact@westlund.org.au)

**THANK YOU TO THE SNOW FOUNDATION FOR THEIR KIND DONATION TO SUPPORT  
THE ESTABLISHMENT OF WESTLUND EXCHANGE.**