



# **DATA WALK: Food Justice Momentum Team**

The world as it is v. the  
world as it should be.



In San Diego county...

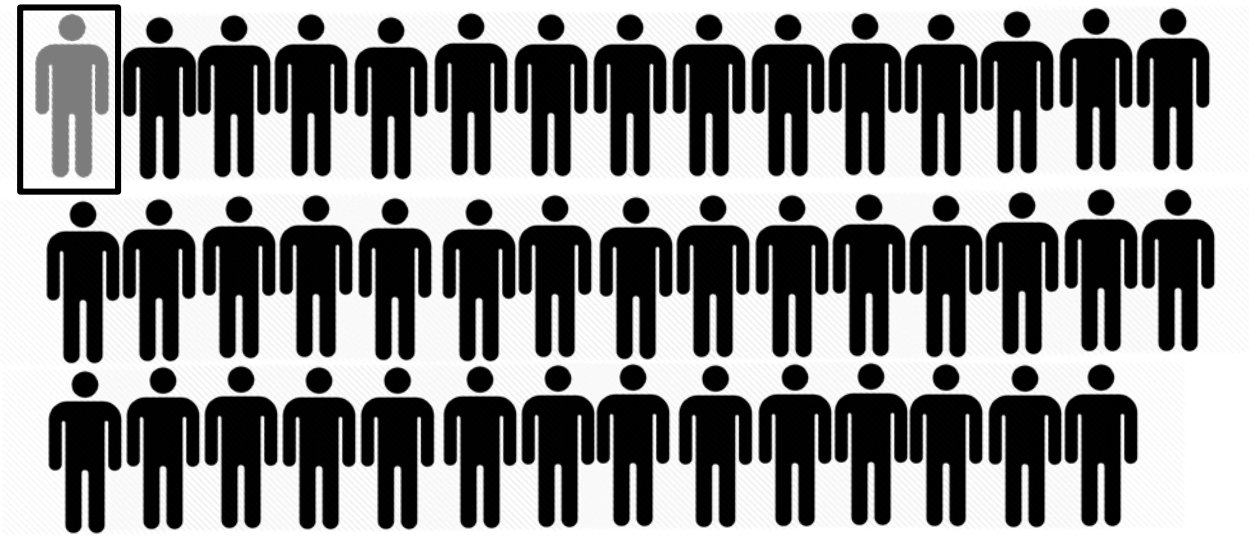
1 in 7 people are food insecure\*.  
1 in 5 children are food insecure.

\*During the year, food insecure families were uncertain of having, or unable to get, enough food to meet their needs.



In Point Loma

**1 in 44 people are  
food insecure.**



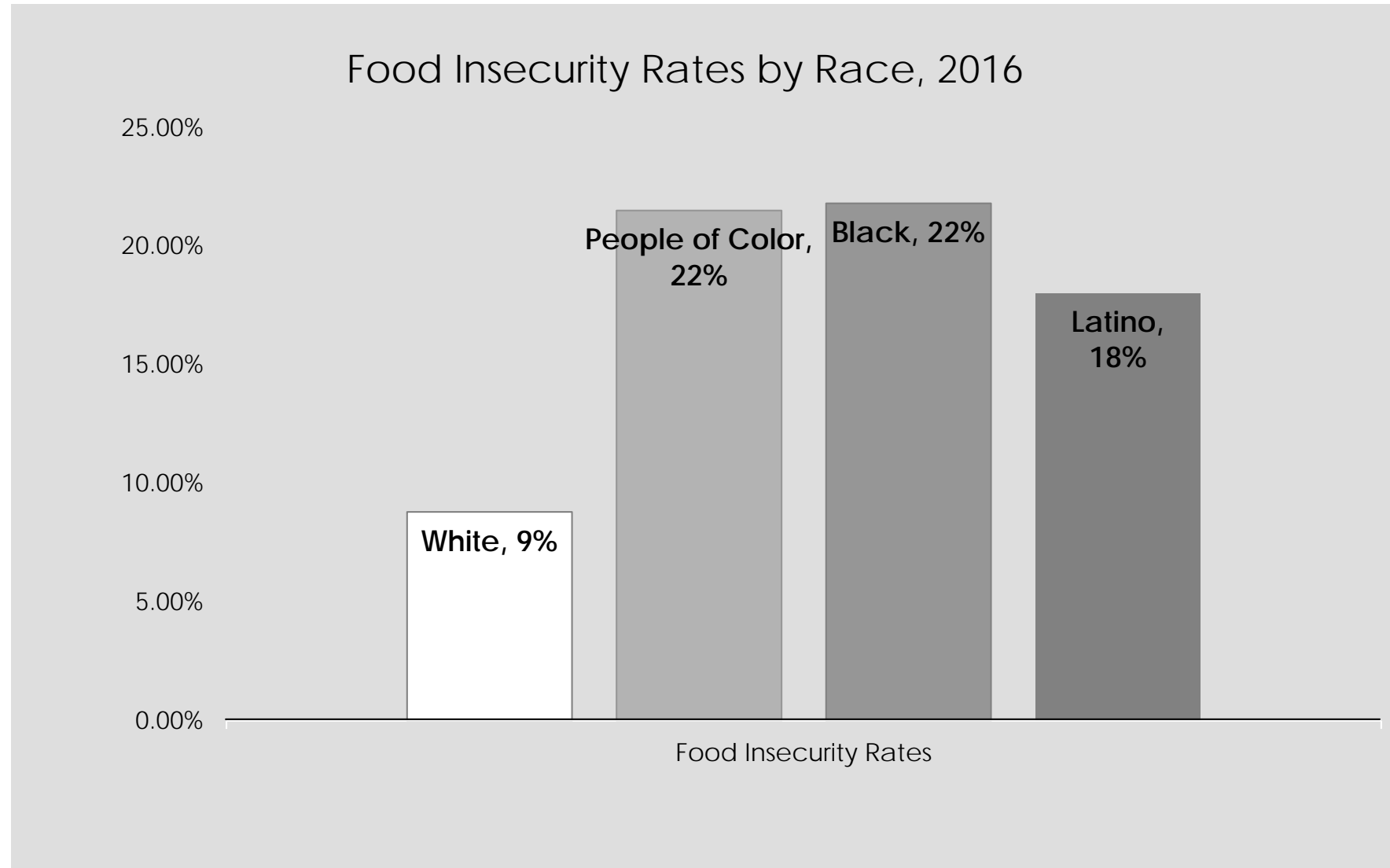
In City Heights

**1 in 6 residents are  
food insecure.**





# In the U.S. families of color are 2X as likely to be food insecure\* than white families.

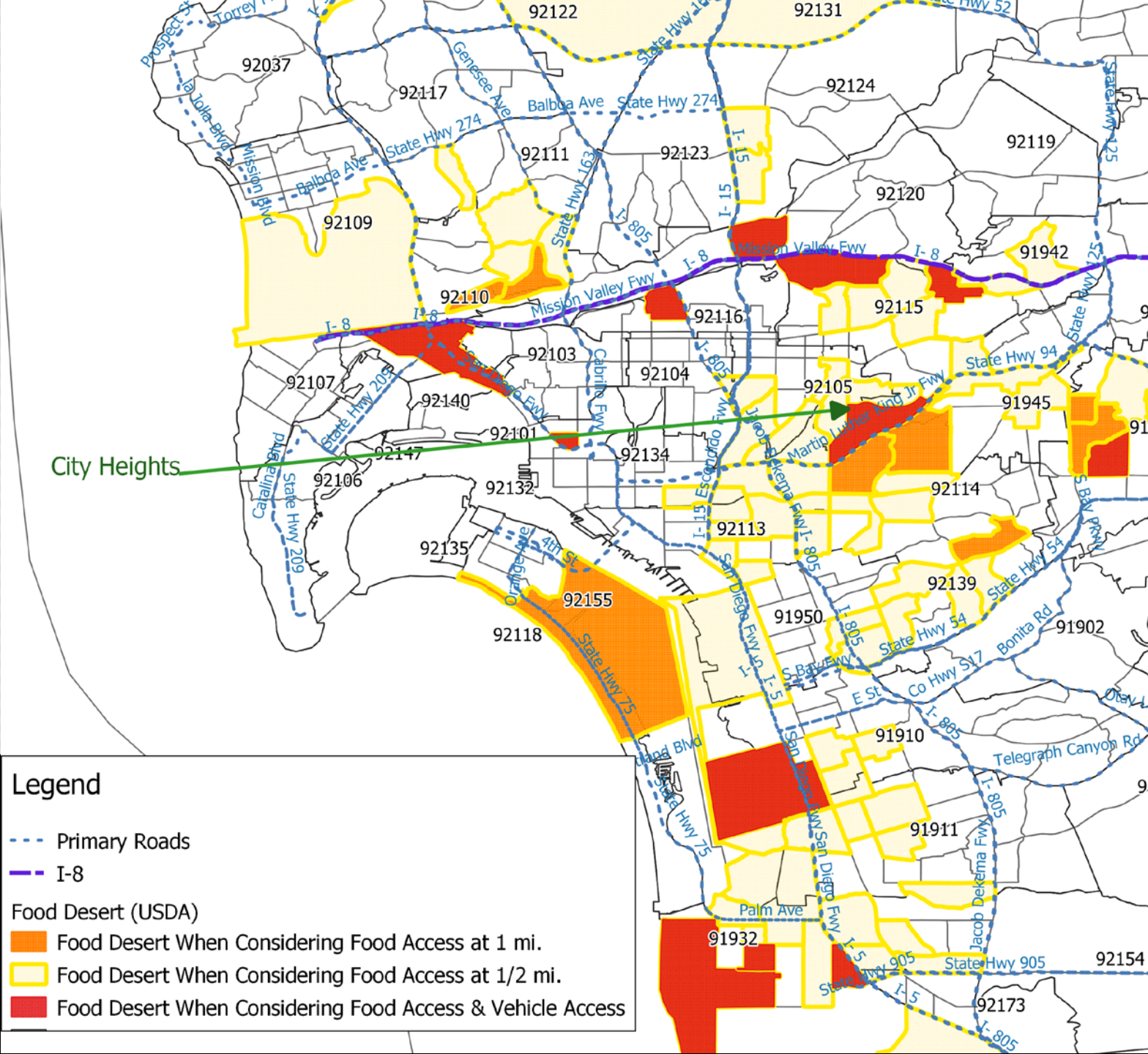






In San Diego,  
**most food deserts**  
are in communities  
of color south of I-8.

Food deserts are areas with low  
access to stores & markets selling  
whole foods (especially fruits and  
vegetables).



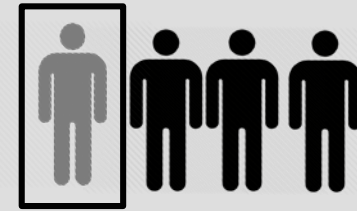


Our county is **8<sup>th</sup>** in CA for # of fast food restaurants per person.

An abundance of fast food restaurants and smaller stores selling processed foods strongly predicts obesity.

Residents in City Heights are more likely to have obesity than people in La Jolla.

In City Heights,  
**1 in 4 residents** have obesity.



In La Jolla,  
**1 in 7 residents** have obesity.



Low access to healthy foods & high access to unhealthy foods are linked to high rates of obesity in communities.





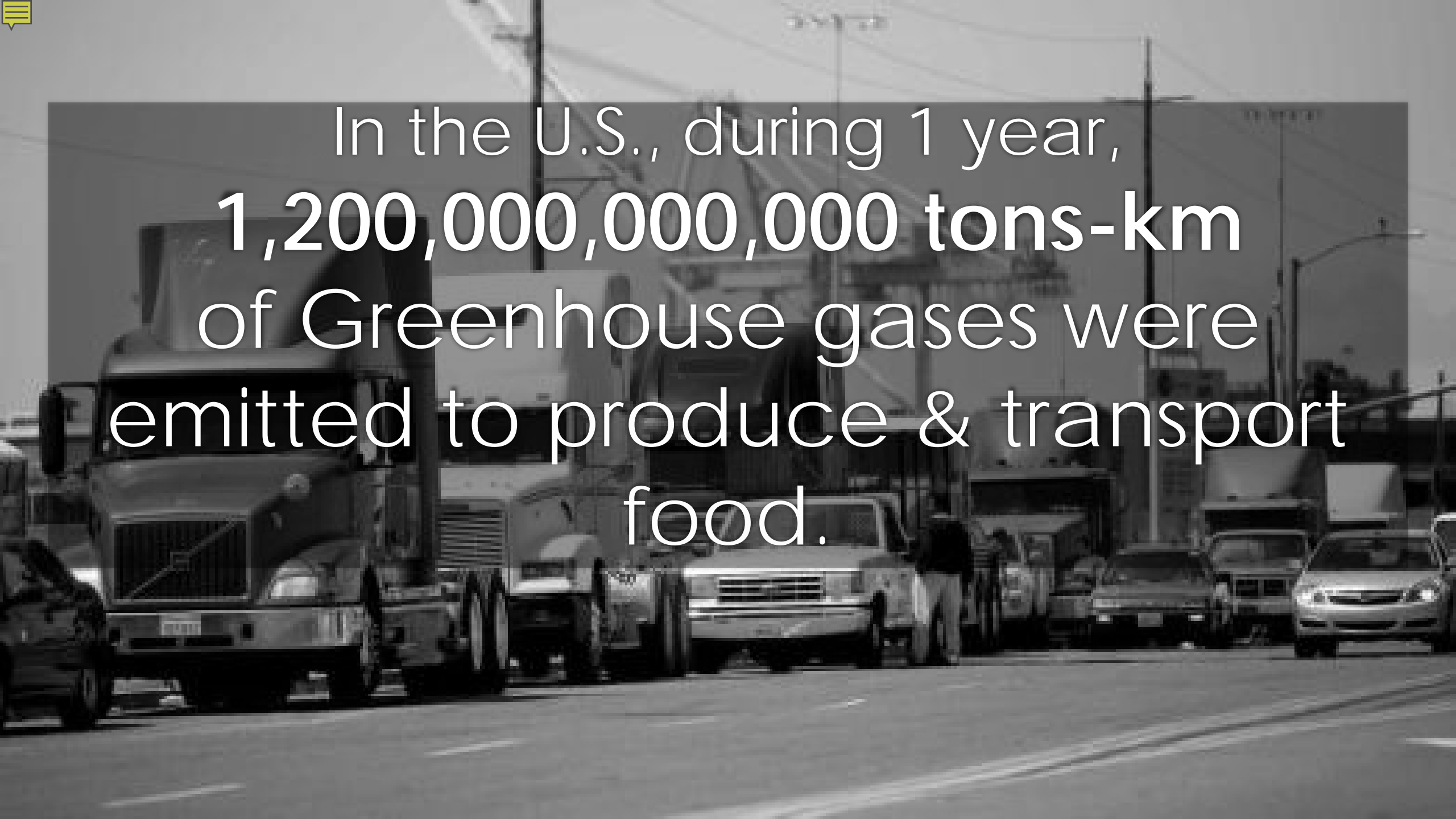
Money spent on fast-food largely leaves our community.

San Diego county spends the  
**MOST** per person on fast food  
in CA .





In the U.S., during 1 year,  
**1,200,000,000,000 tons-km**  
of Greenhouse gases were  
emitted to produce & transport  
food.



In San Diego,  
there are **more parks  
& large green  
spaces north of I-8.**

