

City Heights

Building Healthy Communities

Health Happens in Schools

Policies Passed:

- 2013: Achieve 100% TDAP vaccination rate for students at Crawford High School
- 2013: San Diego Unified School District adopts new teen sexual health curriculum.
- 2014: San Diego Unified School District adopts a "Restorative District" policy, including the first uniform school discipline policy and revision of zero tolerance policies from fifteen offenses to the five that are mandated in state law.
- 2015: San Diego Unified School District voted unanimously to include the Mid-City CAN's Youth Opportunity Bus Program in the district's budget for the upcoming 2015-2016 school year.
- 2016: San Diego Unified School District School Board unanimously passes a resolution for healthy and diverse food in schools.
- 2016: Halal lunches expanded to five City Heights elementary schools; and through confirmation of other ingredients and servings meeting Halal standard/certification, enabled SDUSD to serve Halal district-wide.
- 2017: San Diego Unified School District adopts a School Climate Bill of Rights and establishes District Office of Restorative Justice, establishing specific restorative practices as school policy and declaring school sites as sanctuaries for students, parents, and guardians.

Systems and Practice Change:

- 2014-2016: San Diego Unified School District and City of San Diego combine to allocate \$800,000 over three years for no-cost youth bus passes.
- 2015: San Diego Unified School District responds to community advocacy to provide healthier and culturally relevant school meals by creating and providing a halal menu option.

Health Happens in Neighborhoods

Policies Passed:

- 2010: City of San Diego adopts Community Gardens Ordinance to streamline urban farm permitting process and open access to city land for community gardens.
- 2012: City of San Diego adopts Urban Agriculture Ordinance allowing for bees, chickens, and goats in residential zoning and for point-of-production sale of produce.
- 2014: City of San Diego grants full youth voting rights on boards and commissions.

- 2016: San Diego Association of Governments (SANDAG) places no-cost youth bus pass on the ballot as part of Measure A but locks the bus pass into an untenable process and structure, achieve the goal of defeating Measure A at the ballot
- 2017: AB17 a statewide no-cost youth bus pass bill makes it to Governor Jerry Brown's Desk for signature
- 2017: City passes budget ordinance dedicating \$100,000 to national police chief search
- 2018: Up-dated no-cost youth bus pass bill reintroduced in the California State Assembly

Systems and Practice Change:

- 2011: San Diego Association of Governments (SANDAG) approves funding and begins implementation of Bus Rapid Transit and the Mid-City Bike Path to increase access to transit and active transit resources.
- 2012: Muslim female residents successfully advocated for the establishment of a women-only swim program that respects their religious beliefs and values at Copley Price YMCA in City Heights.
- 2013-2015: City of San Diego dedicates park space at two locations for a new skate plaza and a full-size skate park. Subsequently adds park improvements and renovation of a recreational facility to create the Skate Park Complex.
- 2014: Established a restorative justice alternative to juvenile incarceration MOU among San Diego Probation, District Attorney, Public Defender, San Diego Unified School District, and the Juvenile Court.
- 2015: City of San Diego agrees to improve housing health and safety enforcement through the addition of four City Inspectors for substandard housing in the Code Enforcement Department, and an additional position in the City Attorney's Office who will be in charge of regulating safe and healthy housing codes in San Diego.
- 2015: Mid-City CAN's Peace Promotion Momentum Team formed a restorative justice youth pilot program, partnering with the National Conflict Resolution Center, San Diego County District Attorney Bonnie Dumanis, Presiding Judge of the Juvenile Court, the County Probation and Public Defender's Offices.
- 2015: A Girl Scouts of America-community partnership established a specialized program for Muslim girls that creates culturally-appropriate youth development opportunities within a mainstream Christian-based, youth serving organization.
- 2016: TCE matched funds with the US Department of Agriculture to establish the largest Food Insecurity Nutrition Incentive (FINI) project, a fresh produce purchasing incentive program in six Northgate Gonzalez markets in San Diego, Orange, and Los Angeles counties. This project provides up to an additional \$40 per month to Supplemental Nutrition Assistance Program-eligible families to purchase fresh produce.
- 2016: City Heights elects first City Council Member from City Heights
- 2016: City Heights has highest increase in youth voters statewide
- 2017: City adopts community recommendations for police chief search, making the process public, transparent, equitable, and accessible
- 2018: Mid-City CAN Youth Council and partners participate in community hiring panel for new police chief

Tangible Benefits:

- 2011: \$2 million allocated for planning and design of the Mid-City Bike Corridor.

- 2012: California Freshworks Fund provides \$20 million in financing for a new full-service supermarket in the food-desert community of City Heights and two others.
- 2013-2015: City of San Diego allocates \$800,000 to a new skate plaza, \$1.5 million to a new skate park, and \$3.5 million to an enhanced skate park recreation complex.
- 2014-2015: \$45 million allocated by The San Diego Association of Governments (SANDAG) to complete Bus Rapid Transit lines to improve City Heights transit routes downtown and to employment and higher education centers to the north and east.
- 2015: Once an important part of the City Heights neighborhood, the old Copley YMCA currently sits run-down and abandoned. Now, a \$3.1 million grant promises to turn it back into a thriving center for the community once again.
- 2016: TCE provides \$100,000 in capital and ramp-up capacity building funds for the Living Lab, a new ocean science and natural resource conservation facility providing City Heights students with increased education, environmental improvement and advocacy opportunities.
- 2016: A \$1 million canyon restoration project in Manzanita Canyon promotes healthy behaviors and access to outdoor open green space for young people of color and their families in City Heights. The project received public and private support, including funds from TCE, Price Charities, REI, the San Diego Foundation and the state Department of Parks and Recreation.
- 2017: Self-Help Federal Credit Union opens to remove financial barriers to resident-led healthy food businesses and health coverage-qualifying immigration status change in City Heights, San Diego.
- 2018: Large skate park opens and ribbon-cutting ceremony with Mayor and City Council Members, Assembly Member Gonzalez-Fletcher honors Youth Council for their work on skate parks

Health Happens with Prevention

Policies Passed:

- 2014: County of San Diego's Health & Human Services Agency classified Somali as threshold language for in-person medical interpretation.

Systems and Practice Change:

- 2014-2015: County agencies adopt procedures to enroll eligible individuals and their families in health insurance prior to release from County incarceration facilities, with over 50% enrollment occurring in first few months.

Tangible Benefits:

- 2011: TCE provides \$149,100 towards Monroe Clark Middle School Health Center in City Heights to provide no-cost health care to every student and their siblings aged 0-18 in a 13-school cluster.
- 2012: Through a \$550,000 program related investment, La Maestra Family Health Centers opens the City Heights Generations program that provides healthy meals, academic support, arts programs, and other youth opportunities. This strengthened youth and family relationships with a primary care provider.
- 2015: 295,620 new Medi-Cal enrollees in San Diego County.