



PHASE ONE

COMMUNITY PLANNING

KICK-OFF EVENT

APRIL 19, 2018

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The Global Action Research Center

Focus Question

“What has been accomplished by City Heights Building Healthy Communities Efforts thus far?”

OVERVIEW

On April 19, 2018, the Mid-City Community Action Network (Mid-City CAN) designed and hosted the City Heights Community Convening. The meeting served as a “Kick-Off” to the next phase of planning related to its Building Healthy Communities (BHC) Initiative. The day began with a welcome from Diana Ross, Executive Director of Mid-City CAN. Ms. Ross was followed by Steven Eldred of The California Endowment, who provided an update on the BHC Initiative. Paul Watson, Jr. and Dr. Bill Oswald of The Global Action Research Center (Global ARC) facilitated the first step of a multi-step planning process. At the end of the facilitated planning discussion, the group paused to have lunch. After lunch, Michelle Jaramillo of Partners for Progress, presented information related to the local justice system.

PLANNING DISCUSSION

The Global ARC facilitators provided the group with a focus question designed to have the participants identify what has been accomplished thus far within the initiative. When they begin the next step within the planning process, the responses to this focus question will be provided to the various Momentum Teams, along with additional data related to the Initiative’s accomplishments, that have been compiled by Mid-City CAN and The California Endowment.

The participants of this kick-off planning event were primarily representatives of community-based organizations that have participated in the overall initiative over the past five to six years.

After giving the participants an opportunity to write down their individual responses to the focus question, the facilitators divided the participants into ten small groups. The participants were instructed to meet in these small groups and give everyone an opportunity to share their ideas. After each person in the small group had a chance to share their thoughts, each small group recorded a summary of their small group discussion. Below, you will find the small group summaries.

GROUP 1

- Health 4 All Kids
- Increase awareness of issues in City Heights (examples: transportation, food justice, climate action, mobilization of youth)
- CHPfC and UWSD – Readers in Heights (RITH) and Every Student Every Day (ESED)
- Skate Park
- Engage residents and youth on a large scale → unique initiative nationwide
- Increase in free/low cost activities for kids (pre-K to 18)
- School climate Bill of Rights → use of Restorative Practices for all San Diego Unified School District
- Hoover Cluster Wellness meetings
- Voter Registration → 2017 – 120 registered

GROUP 2

- Resident leadership engagement
- Civic engagement
- Policy changes
- Increase access to free healthcare for students and families in schools
- Refugee and immigrant advocacy issues addressed (i.e. – halal food, translation and interpretation issues, etc.)
- Diversity and inclusion at core of all work/efforts

GROUP 3

- City Heights signs
- Crosswalks
- Health improvements
- Halal food in schools (San Diego Unified School District)
- Translation improvement (more languages)
- Social space for community members and organizations to have convenings and plan together
- Environmental health lobbying
- Hoover Cluster, wellness councils, LCAP, leadership development, community/civic engagement
- Improving Transportation in City Heights (ITCH) – advocacy and lobbying
- Mid-City CAN
- Peace promotions – restorative justices – school Bill of Rights passed
- Affordable Care Act education
- Youth organizing for the skate park
- Health 4 All Kids – outreach and San Diego Unified School District
- Building power with effective leadership

GROUP 4

- Brings organizations to the table to work together
- Organized City Heights to advocate for themselves → build a community voice (e.g., youth bus pass, skate park)
- Mobilize City Heights residents – engaged participation

GROUP 5

- Expanding network/community – making it stronger!!
- More cross-cultural and interdisciplinary collaboration
- Significant/impactful policy changes
 - Restorative practices/trauma informed
 - Transportation
 - Wellness Councils
- Meaningful youth engagement and advocacy efforts
- Increase in positive built environment – cleaner-safer-more apartments-skate park

GROUP 6

- Build partnerships
- Youth voice/activism
- Parent engagements
- Building community within school districts
- Capacity building
- City Heights stories
- Restorative justice in schools and community
- Affordable housing
- Policy changes →community voice

GROUP 7

- New collaborations were formed
- BHC has opened itself to new definitions, allowing definitions to evolve and change (example: “underserved”)
- BHC has created space for individual stories to become community/collective stories, eventually impacting change
- Furthered health equity
- BHC helped empower City Heights residents in order to realize sustainable change
- BHC has helped increase community access to healthy food: food justice
- BHC has helped foster community relationship development
- Helped push for transportation-related policy and projects

GROUP 8

VOICE

- RLA
- Parent organization/engagement
- Voter registration

- Civic engagement
- Pride
- Volunteers at school
- Murals – voice of community, values
- Self empowerment

SERVICES

- Adult education
- Childcare
- Farmers' market
- Parent-initiated programs
- Business association
- Health
- Non-profit community organizations

ENVIRONMENTAL

- Collaboration
- Trust
- Sense of community
- Mentorships
- Relationships
- Cross-cultural

POLICY

- Police forums – system change
- City Council
- Healthy Habits Guide
- Animals at home
- Bylaws and norms at schools
- Restorative system – schools and justice

INFRASTRUCTURE

- Transportation
- Health Center at schools
- Wellness council
- YMCA
- Parent centers
- Skate park
- Teralta Park

HEALTH

- Increase in birth outcomes
- Increase in college readiness
- Decrease in suspensions/expulsions

GROUP 9

SCHOOLS

- Support
 - Health clinics
 - Restorative practices – district-wide systemic changes
 - Academic improvements
 - Community-school partnerships
- Education-centered community

FOOD

- Urban gardens
- Increased access to grocery stores and healthy food
- Farmers' market (inclusive and EBT)
- Halal food available at City Heights schools

COMMUNITY DEVELOPMENT

- Community Organizing
- More advocacy groups
- New representative at community planning groups
- Increased voter turnout
- Increased community safety

TRANSPORTATION

- Development of new transit station
- More pedestrian safety

HEALTH CARE

- Health care made accessible to the community
- Preventative care and health education more prevalent
- Active living increased: YMCA, skate park, SR-15 bikeway

GROUP 10

- Justicia alimenticia
- Transportacion
- Justicia restaurativa
- Vota (registracion)
- Academica de liderazgo
- Salud y bienestar en las escuelas
- Jardines comunitarios
- Latinos y Latinas en accion
- Halal food
- Covered California (voto)

MOVIMIENTO

- Liderazgo – Apoyo – Talleres
- Conocimiento – Participacion
- Entrenamientos – Inclusion
- Empoderamiento – Respuestas
- Salud – Educacion
- Aprendizaje – interes
- Ciudadania – Voto – Registaciones
- Salud mental emocional
- Reclutar a la comunidad
- Nuevos lideres
- Covered California
- California Endowment conecciones
- Traducccion – avogacia
- Canalizacion
- Jardines organicos comunitarios
- Grant oportunidades