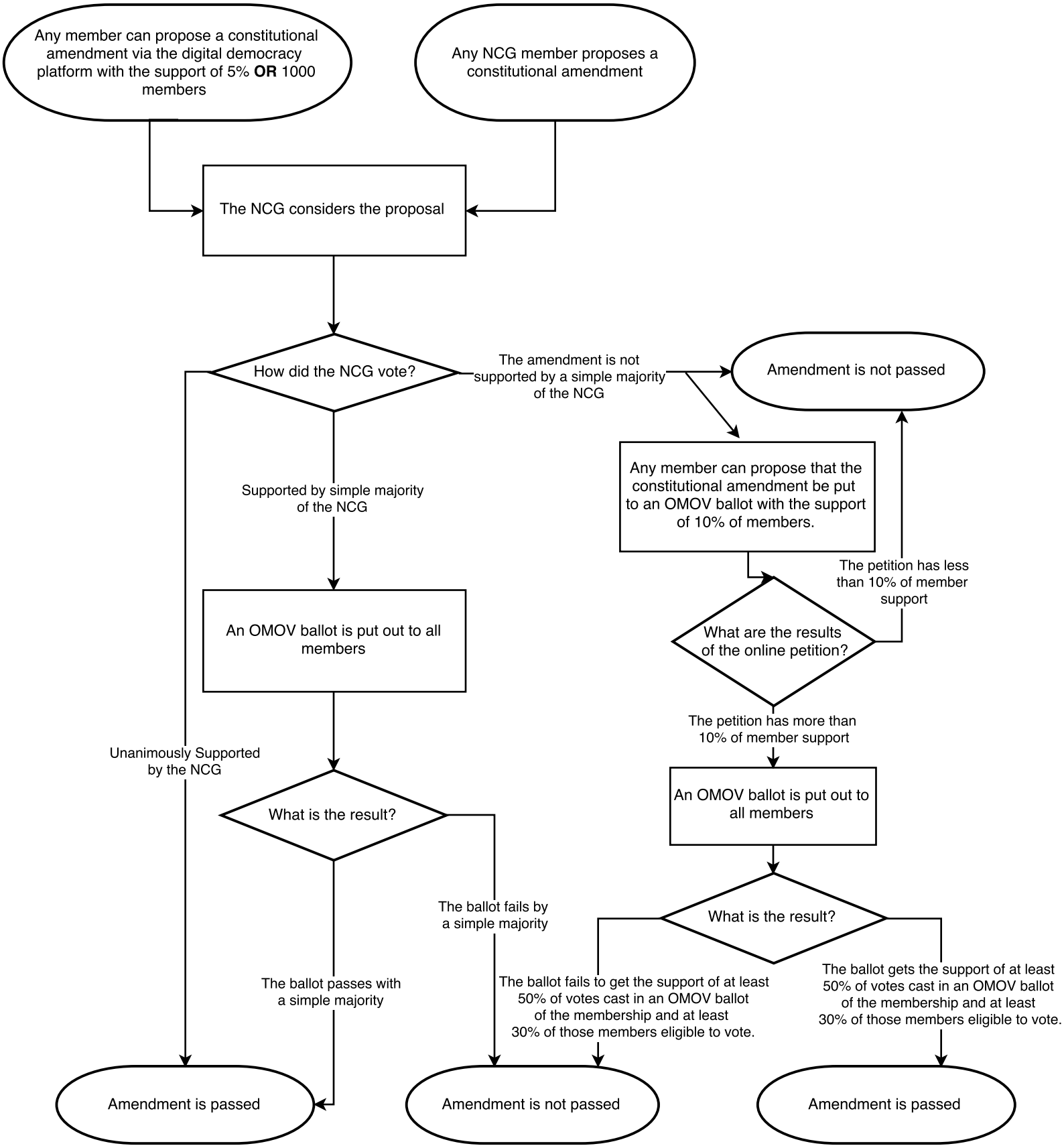How to Make Constitutional Amendments