Each year both chambers set calendars indicating when Members will be in D.C. and when they will be back home in “the District”, that is, the Congressional District in which you reside.

In Session- Working in D.C. | Out of Session- Back Home in the District

Advocacy Tips:
- Get to know your Members of Congress and other elected officials by inviting them to your health center.
- Don’t forget to include their staff as they also play a key role in helping legislators reach decisions.
- Schedule visits when Members are out of session and working in their district.
- Maintain relationships by keeping in touch.
- For more info and resources, visit http://www.saveourchcs.org/working-with-elected-officials.cfm.

Important Dates to Remember:
- Jan. 3 - 115th Congress Begins
- Jan. 20 - U.S. Presidential Inauguration
- March 29-April 1 - NACHC P&I Forum
- May 22-24 - NACHC Conf. for Agricultural Worker Health
- Aug. 13-19 - NHCW (Invite your Member of Congress)
- Aug. 27-29 - NACHC CHI & Expo

For more info:
- Grassroots@nachc.org
- Saveourchcs.org
- @CFAHC

Text HCADVOCATE to 52886