

<span style="color: green;">■</span>	Federal Holiday
<span style="color: purple;">■</span>	Both House and Senate in Session
<span style="color: red;">■</span>	House in Session Only
<span style="color: blue;">■</span>	Senate in Session Only

## JANUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## MAY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## FEBRUARY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

## JUNE

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## MARCH

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## JULY

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## APRIL

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## AUGUST

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Each year both chambers set calendars indicating when Members will be in D.C. and when they will be back home in "the District", that is, the Congressional District in which you reside.

*In Session-* Working in D.C. | *Out of Session-* Back Home in the District

### Advocacy Tips:

- Get to know your Members of Congress and other elected officials by inviting them to your health center.
- Don't forget to include their staff as they also play a key role in helping legislators reach decisions.
- Schedule visits when Members are out of session and working in their district.
- Maintain relationships by keeping in touch.
- For more info and resources, visit [http://www.hcadvocate.org/elected\\_officials](http://www.hcadvocate.org/elected_officials).

### Important Dates to Remember:

- **Jan. 3** - 115<sup>th</sup> Congress Begins
- **Jan. 20** - U.S. Presidential Inauguration
- **March 29-April 1** - NACHC P&I Forum
- **May 22-24** - NACHC Conf. for Agricultural Worker Health
- **Aug. 13-19** - NHCW (*Invite your Member of Congress*)
- **Aug. 27-29** - NACHC CHI & Expo
- **Oct. 25-27** - NACHC FOM/IT Conf.
- **Nov. 13-15** - NACHC PCA/HCCN Conf.

Text  
**HCADVOCATE**  
to **52886**



@HCAAdvocacy

If you have questions or need advocacy support, please email [grassroots@nachc.org](mailto:grassroots@nachc.org) or visit [HCAdvocacy.org](http://HCAdvocacy.org).