Help SEEDS Grow in Your Community

Name: _________________________________
Address: ________________________________
City: Zip: ________________________________
Phone(s): _______________________________
Email: ___________________________________

☐ Please add me to your mail and email list to receive SEEDS updates.

☐ I would like to have SEEDS come to my group to give a presentation about effective options for making decisions and resolving conflict.

☐ I am interested in becoming a SEEDS community volunteer.

☐ I would like to donate computer assistance, publication design, clerical help, or other in-kind goods or services to SEEDS.

☐ I would like to support SEEDS' work. Enclosed is my donation of: □ $50 □ $100 □ $250 □ $______

SEEDS is a 501(c) 3 non-profit community-based organization.

We depend on donations from individuals and businesses to operate. Please accept our thanks ahead of time for all gifts. Send your tax-deductible contributions to:

SEEDS Community Resolution Center
1968 San Pablo Avenue, Berkeley, CA 94702

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SEEDS Community Resolution Center
Mediation | Facilitation | Training

Services that Encourage Effective Dialogue and Solutions

For More Information, call
(510) 548 - 2377
www.seedscrc.org

SEEDS represents the union of three organizations:
Conciliation Forums of Oakland (CFO), Berkeley Dispute Resolution Service (BDRS), and Mediation Services.

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Mediation

GOT CONFLICT?
Don’t Stress. Don’t Fight. Don’t Litigate. MEDIATE.

SEEDS offers trained neutral mediators to help you and others in conflict find constructive solutions that meet everyone’s needs.

SEEDS can MEDIATE
- Family/Relationships
- Business/Workplace
- Landlord-Tenant
- Zoning/Land Use
- Schools/Youth
- Neighbor
- And more!

SEEDS Mediation services are:

RESTORATIVE
Mediation honors relationships and fosters better communication and understanding.

EFFECTIVE
75-80% of cases mediated end with a satisfactory resolution for all.

CONFIDENTIAL
Statements made in mediation cannot be used in civil court without your permission.

AFFORDABLE
Sliding scale, no one turned away for inability to pay.

Already have a court case pending? Ask us about our court-based mediation services.

Facilitation

COULD YOUR GROUPS AND MEETINGS BE MORE PARTICIPATORY AND PRODUCTIVE?

SEEDS will custom design a process to help your group, organization or community work collaboratively and achieve desired goals and outcomes.

SEEDS can FACILITATE
- Newly formed teams and partnerships
- Complex, multi-party, multi-issue disputes
- Group, Board, or organization retreats and strategy sessions
- Community forums and town hall meetings for civic engagement and dialogue

SEEDS Facilitation services are:

PRODUCTIVE
Achieve goals while building and balancing relationships in your group.

PARTICIPATORY
More people involved – more voices heard – more effective outcomes.

FLEXIBLE
We utilize a variety of facilitation strategies and styles to accommodate your group’s needs.

COST EFFECTIVE
Priced to fit a wide range of organizational and community budgets.

Training

WOULD YOU LIKE TO IMPROVE YOUR ABILITY TO COMMUNICATE AND PROBLEM-SOLVE?

SEEDS will help you or your organization cultivate your skills and capacity to manage conflict, communicate more effectively, and develop lasting solutions.

SEEDS Sample WORKSHOPS
- Effective Communication & Feedback
- Managing Conflicts in the Workplace
- Dealing with Cross-Cultural Differences
- Mediation Skills Certificate Program
- Facilitation Skills Certificate Program

SEEDS Training Workshops are:

PRACTICAL
Skills easily transfer to work and personal life.

PERSONALIZED
We customize trainings to suit your group’s needs and provide individual attention to participants.

INTERACTIVE
We use experiential/hands-on methods that engage all types of learning styles.

COMPETITIVELY PRICED
We work to accommodate your organization’s budget and financial constraints.

Revenues from SEEDS fee-based workshops underwrite our community programs.