



Session 1 | Community Engagement: Leading With A Trauma-Informed Lens

July 20, 2020

3:00 p.m. – 4:30 p.m. EDT

This session will engage participants by sharing definitions and the framework for the importance of engaging communities with a trauma informed lens. Community Engagement professionals and a Licensed Independent Clinical Social Worker (LICSW) will guide attendees through trauma informed best practices and how they intersect with community engagement; with a special focus on what we can expect and how to best prepare for post-COVID engagements. Participants will receive strategies and process frameworks to begin engaging their own organizations, departments, and senior management on how to shift their engagement approaches and goals in a manner that honors, centers, and acknowledges the incredible impact COVID has had on the communities we serve.

The strategic portion of this webinar will provide guidance to answer the following questions:

- What are the anticipated missteps that can happen if we don't apply trauma informed lenses to our engagement work?
- Why is it important to shift our community engagement approaches and goals? How do we do this?
- How do trauma informed and race equity practices intersect in this conversation and processes?
- How do we, as law enforcement oversight professionals, take care of ourselves while also being exposed to secondary trauma?

Participants will gain language and definitions in order to assess, redefine, and lead their community engagement through a trauma informed lens. Participants will be guided through best practices of trauma informed care and responses. They will be equipped with strategies, language, and tools to support their post-COVID engagement efforts.

Speakers:

- Roxana Pardo Garcia, Community Engagement Director at Seattle Community Police Commission, Seattle, WA
- Minty LongEarth, Racial Equity Manager, King County, Seattle, WA
- Diana Mena, Owner and Founder at Esperanza Counseling & Consulting, Seattle, WA



Speaker Bios

Roxana Pardo Garcia | Roxana Pardo Garcia joined the Seattle Community Police Commission as the Community Engagement Director in February of 2018. Since then, Roxana has guided the Commission to adopt trauma informed, resilience practice frameworks and community-centered, community-guided approaches and strategies. Before the CPC, Roxana was previously the Community Engagement Manager at South King Council of Human Services and the Leadership Development Director at the Auburn Valley YMCA. A South King County (SKC) resident, Roxana has a decade of experience in community organizing, youth and family development, facilitation, event planning and implementation, with a focus on race equity and decolonization. Roxana is also the Owner and Founder of La Roxay Productions and the current Board President of Para los Ninos, a nonprofit dedicated to serving the Latinx populations of SKC.

Minty LongEarth | Minty LongEarth joined King County as the Racial Equity Manager for the Hazardous Waste Management program. Prior to that, Minty was on staff since June of 2015 as the Senior Community Engagement Specialist for the Seattle Community Police Commission (CPC), and is a certified practitioner of civilian oversight of law enforcement. She previously served as Executive Director for South King Council of Human Services and as interim Executive Director at United Indians of All Tribes Foundation. A longtime member of the South King County Community, Minty (Santee/Muscogee Creek/Choctaw) has more than two decades of experience in facilitation, coalition building, development and community outreach, with a focus on inclusion and equity. Minty is a member of the UW Native American Advisory Board (UW-NAAB); Gamma Alpha Omega Sorority, Inc.; Huy Advisory Board, which advocates for Indigenous people incarcerated in Washington State; and co-host of the podcast Breakdances with Wolves: Indigenous Pirate Radio.

Diana Mena | Diana Mena, LICSW is a first generation Nicaraguan American raised in Seattle, WA. Diana has a Master's in Social Work from the University of Washington and is the proud owner of Esperanza Counseling & Consulting, PLLC. As a clinical activist, she focuses on interpersonal violence and trauma, cross-cultural issues of identity, and the psychological consequences of oppression. She provides consultation on issues of race and social justice with the hope of leaving a better world for the next seven generations.

