

## Family/Peer Support Specialist Training Program

### Training Sessions include:

- ◆ Recovery Model
- ◆ Working with Families and Peers
- ◆ Communication Skills
- ◆ Career Planning
- ◆ Motivation Interviewing
- ◆ Trauma Informed Care

Considering helping a family member or peer affected by a mental health condition but don't know how to get started? NAMI invites family members and individuals from all walks of life to take part in the Family and Peer Support Specialist Program.

Essentially this course will help you refine your lived experience in a way that will help other families in similar situations.

After the successful completion of an in-depth webinar training course developed by NAMI San Diego, you will receive comprehensive job/volunteer placement assistance and support from local FSS/PSS Program participating NAMI affiliates in your region. If you would like to learn more about this exciting opportunity, please contact Zuleima Flores, Community Engagement Coordinator at NAMI California by email at [zuleima@namica.org](mailto:zuleima@namica.org) or (916) 567-0163.

