

## NAMI SFV READING LIST

TITLE	AUTHOR
<b>Our Stories</b>	<b>National Alliance on Mental Illness SFV</b>
50 Signs of Mental Illness	James Whitney Hicks
72 Hour Hold	Bebe Moore Campbell
A Guard Within	Sarah Ferguson
A Black Woman's Journey With Depression-Willow Weep for Me	Meri Nana-Ama Danquah
Adult Bipolar Disorders	Mitzi Walsh
Advancing Mental Health	National Depressive & Manic Depressive Ass.
American Psychiatric Glossary	American Psychiatric Press
An Unquiet Mind	Kay Redfield Jamison
Barefoot	Lizann Bassham
Being Mentally Ill	Ronald Arjune
Brilliant Madness	Patty Duke
Call Me Anna	
Candy for the Soul	Danielle Steele
Canvas	
Causes, Course, & Prognosis	
Crazy	Pete Early
Crazy in America	Mary Beth Pfeiffer
Criminalization of Mental Illness: Crises and Opportunity for the Justice System	Risdon Slate
Detour	Lizzie Simon
Down Came the Rain	Brooke Shields
Families in Pain	Phyllis Vine
Helpful Family Roles & Skills	
Helping Someone With Mental Illness	Rosalyn Carter
Hidden Victims	Julie Tallard Johnson MSW, ACSW
How to Raise Emotionally Healthy Children	Gerald Newmark Ph.d
Hurry Down Sunshine	Michael Greenberg
I Am Not Sick I Do Not Need Help	Xavier Amador
I Know This Much is True	Wally Lamb
If Your Adolescent has Schizophrenia	Raquel E. Gur
I'm Right Your Wrong, Now What?	Xavier Amador
Insights and Psychosis	Xavier Amador & Anthony David
It Sucked and Then I Cried	Heather B. Armstrong
Lives at Risk	Hilary Rylewicz & Bert Pepper

The Normal One- Life with a Difficult or Damaged Sibling	Jeane Safer Phd.
Madness In The Streets	Rael Jean Isaac & Virginia C. Armat
Me, Myself, and Them	Kurt Snyder
Mental Illness Stigma - Don't Call Me Nuts, Coping w/ Stigma of Mental Illness	Patrick W. Corrigan
Mental Illness and Your Town	Larry Hayes
Mind Gone Awry	Donald Kern
My Lobotomy	Charles Fleming
My Mom is BiPolar	Angela C. Grett
Voluntary Madness My Year Lost & Found in the Looney Bin	Nora Vincent
Nowhere to Go	E. Fuller Torrey M.D.
Out of the Darkened Room	William R. Beardslee M.D.
Out of Darkness-Journey to Hope	Bruce Van Dusen
Panic Disorder in the Medical Setting	National Institute of Health
Psychiatric Drugs	Stuart C. Yudofsky M.D.
Psychosocial Rehabilitation	
Recovered Not Cured	Richard McLean
Reflections From a Different Journey	Stanley D. Klein
Saving Your Life - One Day at a Time	Connie Mabry
Schizophrenia a Brain Disease	
Schizophrenia and the Need - Fear Dilemma	Donald L. Durnham
Shock the Healing Power of ECT	Kitty Dukakis
Side by Side	Brian Wetzel
Skinny Miss S Was Very Depressed	Stacey Lane
Skywriting: A Life Out of the Blue	
The Soloist	Steve Lopez
Software for the Soul	Soul Software
Special Needs Trust 5th edition	
Stalking Irish Madness: Searching for the Roots of my Families Schizophrenia	Patrick Tracey
Stop Obsessing	Edna B. Foa Ph.d
Straight Talk About Psychiatric Medication for Kids	Timothy E. Wilens M.D.
Strength for His People	Pastor Steve Waterhouse Th. M
Stroke of Insight	Jill Bolte Tayler Ph.d
Surviving Manic Depression	E. Fuller Torrey M.D.
Surviving Schizophrenia 5th Edition	E. Fuller Torrey M.D.
The Bipolar Advantage	Tom Wootton

The Boy Who Couldn't Stop Washing	Judith L. Rapoport M.D.
The Center Cannot Hold	Elyn R. Saks
The Day The Voices Stopped	Ken Steele & Claire Berman
The Family Face of Schizophrenia	Patricia Backlar
The Family Intervention Guide to Mental Illness	Bodie Morey
The Insanity Offence: How America's Failure to Treat the Mentally Ill Endangers its Citizens	
The Quiet Room	Lori Shiller & Amanda Bennett
The Road Less Traveled	M. Scott Peck M.D
The Schizophrenia Yours and Mine	Carl C. Pfeiffer Ph.D M.D.
The Soloist	Steve Lopez
The Unquiet Mind	Kay Redfield Jamison
The Voices of Robby Wilde	Elizabeth Kytte
Treatment for Bipolar Disorder	
Understanding Bipolar Disorder	
Voluntary Madness: The Year I Lost and Found in the Looney Bin	Norah Vincent
Welcome To My Country	Lauren Slater
When Someone You Love has Mental Illness	Rebecca Woolis
Why Does Everything Have to be Perfect	Lynn Shackman M.D. & Shelagh Ryan Masline
Wishful Drinking	Carrie Fisher
You Will Dream New Dreams	Stanley D. Klein

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