

NextGen Leaders Workshop
Accelerating Advocacy & Accountability for Non-Communicable Diseases in East Africa

May 4-7, 2017

Kigali, Rwanda- Hotel La Palisse

Summary

On May 4-7, 2017, the Young Professionals Chronic Disease Network (YP-CDN) and RTI International will host our second NextGen Leaders for Noncommunicable Diseases (NCDs) workshop in Rwanda. Launched at the first workshop in Nairobi in September 2016, the NextGen Leaders program seeks to build capacity and leadership among aspiring advocates and policymakers in the field of NCDs by delivering skills, knowledge, and networks to improve NCD prevention and control. During this workshop in particular, participants will learn skills and create strategies to build accountability of governments and other stakeholders to deliver on their national commitments for NCDs, looking toward the 2018 UN High-level Review on NCDs. Hosting the NextGen Leaders workshop in Rwanda, a country that has demonstrated leadership on NCDs in the region in recent years, is an excellent opportunity for young professionals to come together to drive progress on NCDs.

Rationale

The world urgently needs skilled leaders in all corners of the globe who know how to respond to the devastating impacts of non-communicable diseases, such as cancer, diabetes, cardiovascular disease and mental illness, at community, national and international levels. Particularly in low-and middle-income countries, there is a paucity of interdisciplinary training opportunities and mentorship to prepare the next generation of health leaders to drive the necessary changes on NCD prevention and control, as envisioned in the Sustainable Development Agenda.

About the NextGen Leaders program

Young professionals and trainees in the health sector in East Africa will be equipped with skills to collaborate across sectors, learn research and policy skills, and how to communicate research to inform better health policies in their countries. Workshops, training materials, dedicated mentorship and practical experience placements within key NCD policy and research institutions will equip these emerging leaders with the tools to lead NCD research and policy initiatives, as well as provide opportunities for dialogue and learning across cities and countries. The diverse network of experts at RTI International and YP-CDN's strong reputation NCD policy influence worldwide, the NextGen Leaders program is uniquely positioned to provide training and opportunities to young talent to impact global NCD goals.

Goals of the program

- To build the capacity of Young Professional (YP) leaders for improved NCD advocacy, research and policy influence at sub-national, national, regional and global levels.
- To nurture and implement opportunities for collaboration between RTI, YP-CDN and partners across the globe that further national and global NCD goals.

Workshop Objectives

- Bring together 45 young advocates from across East Africa to learn from experienced advocates and experts, and to jointly develop a East Africa regional NCD accountability initiative/campaign across 6 YP-CDN Chapters leading up to the 2018 United Nations Review on NCDs
- Provide overview and discussions on NCD policy, research and progress in the East African region to set the stage for participants on current situation and future opportunities for influence at local, regional and global levels
- Train participants on advocacy and policy influence, accountability initiatives, leadership and organizing, grant writing, and best practices for using existing NCD research
- *NextGen Fellows component (5 NextGen Fellows, selected from participants of the 2016 NextGen Leaders workshop):* Fellows participate in an intensive hands-on training session with assigned Mentors (from RTI International and other host institutions) to develop and plan an NCD project that they will complete over the

course of 1 year from this workshop.

AGENDA

Thursday, May 4- Day 1: NextGen Fellows Workshop

8:30-9:00	Registration- Fellows & Mentors & Coffee/tea
9:00- 10:00	Introductions (Dr. Rachel Nugent & Jordan Jarvis) - Fellowship program introduction: purpose, objectives, expectations from fellows and mentors, and program plans - Introductions (all fellows & mentors)
9:40- 10:20	Mentor presentations- 2 Mentors present their work & overview of fellow projects available [15 min presentations, 5 for questions] Speakers: - Elizabeth Ohadi/Cristina Bisson - Aaron Mulaki
10:20- 10:40	Health break
10:40- 11:40	Mentor presentations- 3 Mentors present their work & overview of fellow projects available [15 min presentations, 5 for questions] Speakers: - Ishu Kataria (for Pam Williams) - TBD
11:40- 12:30	Fellow & Mentors break-out into pairs – Fellow & Mentor goal sharing/ career path discussion using an Individualized Development Plan as a tool for the fellow and mentor to track progress and growth during and after the fellowship (modeled after the AAAS IDP)
12:30- 1:30	Lunch
1:30- 3:00	Fellow & Mentors break-out into pairs- Fellow project design/planning session
3:00- 3:15	Health break
3:15- 5:30	Skills development: How to write a manuscript for peer-review (Both didactic & practical discussion/application) – <i>RTI Staff</i>

Friday, May 5- Day 2: NextGen Fellows Workshop & wider workshop in afternoon

9:00- 9:45	Fellow & Mentors break-out - project implementation planning
9:45- 10:45	Fellow & Mentor Presentations to the Group
10:45- 11:00	Health break
11:00- 12:15	Fellow & Mentor Presentations to the Group (continued)
12:15- 12:30	Fellow workshop closing remarks (Dr. Rachel Nugent & Jordan Jarvis)
12:30- 1:30	Lunch
	NextGen Leaders broad workshop begins (~50 participants)
1:00- 2:00	Registration for non-fellow participants; extended lunch for Fellows
2:00- 3:00	Welcome & Introductions YP-CDN & RTI Welcome: Jordan Jarvis, Francis Nuwagaba, and Dr. Rachel Nugent Participants Introductions
2:45- 3:00	Welcome to Rwanda Importance of building NCD leadership in the East African Region- Marie lame, Ministry of Health Rwanda, NCD Division
3:00- 4:30	<u>Panel: Local Action to Global Impact- Understanding & influencing national policy and practice for improved NCD treatment in the context of the global NCD agenda</u> Objective: - To take stock of and give participants an up-to-date overview of regional and national policy and implementation progress, and stimulate discussion on and participation in the upcoming processes associated with the UN HL Review in 2018, at national and regional levels. Moderator: Dr. Mellany Murgor, YP-CDN Speakers: - SUCCESSES FROM RWANDA- Gedeon Ngoga, Associate Director of NCDs, Partners in Health Rwanda - REGIONAL CIVIL SOCIETY INITIATIVES & OPPORTUNITIES- Prof. Joseph Mucumbitsi, Rwanda Heart Federation/ East Africa NCD Alliance - GLOBAL PERSPECTIVE: 2018 process & opportunities for action/ influence by young people- Josianne Galea, NCD Alliance - NCD FINANCING - EVIDENCE AND OPPORTUNITIES– Dr. Rachel Nugent
4:30- 4:45	Health break

4:45- 6:00	Country Questionnaire Assignment Discussion Facilitated by: Fidel Rubagumya, Chris Odok
7-9 Dinner Reception	
8- 8:30	
Keynote introduction: The Lancet Commission on NCDs and Injuries & Poverty- Overview Speaker: Rachel Nugent	
Keynote: Reflections on Public Health Leadership Rwanda Ministry of Health (TBC)	

Saturday, May 6- Day 3: NextGen Leaders

9:00- 9:15	Putting patients first- session 1: My cancer journey- Karen Bugingo
9:15- 10:15	Direct Action Organizing: How to strategize your advocacy for impact – Jordan Jarvis <ul style="list-style-type: none"> - <i>What is the Strategy Chart and how is it applied?</i> - <i>Power analysis to define your advocacy target- who can give you your win?</i> - <i>Building relationships and growing your influence</i> - <i>Advocacy tactics: Exploring tactics that can be applied in a campaign</i>
10:15- 11:15	YP-CDN Chapters present their advocacy strategies & receive participant feedback - <i>YP-CDN Chapter members come with prepared strategy charts to present on their progress, challenges faced and next steps</i>
11:15- 12:15	Team working session: <i>Chapter teams incorporate inputs from the group and refine their strategy charts that they will implement following the workshop, define timelines</i>
12:15- 12:30	Putting patients first- session 2: 'Our Views, Our Voices' – Josianne Galea, NCD Alliance
12:30- 1:30	Lunch
1:30- 3:00	Tools and ways to track progress for NCD target accountability Presentations: Josianne Galea, NCD Alliance Others TBA Group work (building on NCD Health System Questionnaire Assignments)
3:00- 3:45	Surprise health break

3:45- 5:00	<p>Parallel skill development sessions (each 45 minutes)</p> <ol style="list-style-type: none"> 1. Writing for policy influence – Dr. Aaron Mulaki - How to write a policy brief 2. Building your team for impact and campaign logistics- Jordan Jarvis & Ishu Kataria -Elements of online and grassroots campaigns, building partnerships and coalitions 3. Communicating to policymakers- Dr. Sabin Nsanzimana, MOH Rwanda <p>Session report-back: 5 minute summaries reported back from each group (15 mins)</p>
5:00- 6:00	<p>Reflections on Public Health Leadership: TBD</p> <p>(20 minute presentation, 20 minute discussion, 20 minutes leadership reflection worksheet)</p>

Sunday, May 7- Day 3: NextGen Leaders

9:00- 10:00	<p>Communications Bootcamp Session</p> <ul style="list-style-type: none"> - Internal Communications: Tools to communicate/organize effectively with your team/volunteers - External Communications: Social media use, YP-CDN website use for events, blogs, video and story telling
10:00- 10:30	<p>Understanding the 2018 UN High-level Meeting process and how we can influence the process and build accountability on NCD targets</p> <p>Josianne Galea, NCD Alliance</p>
10:30- 12:15	<p>Regional planning: Developing East Africa YP-CDN Action Plan toward the 2018 UN Review on NCDs- Team work</p>
12:15- 12:30	<p>Closing & departure</p>