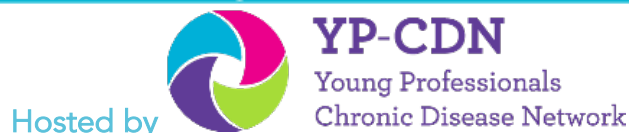


NEXTGEN LEADERS

For Non-communicable Disease Treatment in
East Africa

September 9- 11, 2016



In Partnership with



Day 1: Friday, September 9th

LECTURE THEATRE 111, University of Nairobi, Kenyatta Hospital Campus

Half-day NCD Symposium (OPEN) & Leadership and Advocacy Training (Confirmed Participants)

7:30-8:30	Registration
8:30- 8:40	Welcome Dr. Mellany Murgor and Jordan Jarvis, YP-CDN Dr. Tom Olewe, University of Nairobi
8:40- 9:15	Panel I: NCDs in East Africa – Why, What, How and Who? <i>Moderator: Dr. Mellany Murgor</i> <i>Speakers:</i> <i>Dr. Martin Mwangi, Ministry of Health Kenya</i> <i>Dr. Gerald Mutungi, Ministry of Health Uganda</i> <i>Crispin Gishoma, Rwanda Diabetes Association</i> <i>Eunice Muriuki, Breast Cancer Survivor</i>
9:15- 9:45	Panel II: NextGen Leaders on NCDs Speak- Concerns and priorities of youth across the East African region <i>Moderator: Dr. Kirtida Acharya, University of Nairobi</i> <i>YP-CDN Chapter Leaders from Kenya, Uganda, Rwanda, Tanzania, Burundi and Ethiopia</i>
9:30- 10:00	Why essential medicines are still essential <i>Speaker – Dr. Regina Mbindyo, WHO Kenya</i>
10:00- 10:10	Remarks from the Dean of Medicine <i>Dean Prof. Frederick Were, University of Nairobi School of Medicine</i>

10:10- 10:45	
10:45- 11:30	<p>PANEL III: Solutions to improve availability and affordability of essential medicines for NCDs</p> <p>Moderator: <i>Dr. Tim Reed, Health Action International</i></p> <p><i>Speakers:</i> <i>Dr. Gerald Mutungi, Ministry of Health Uganda</i> <i>Denis Kibira, HEPS Uganda</i> <i>Rose Kariuki, Breast Cancer Association Kenya</i> <i>Edward Kariithi, PATH Kenya</i> <i>Dr. Jonathan Kiliko, MEDS Kenya</i> <i>Dr. Simeon Ochanda, University of Nairobi</i></p>
11:30- 12:15	<p>PANEL IV: Financing for NCDs in East Africa</p> <p>Moderator: <i>Dr. Mary Nyamongo, Director, African Institute for Health and Development</i></p> <p><i>Speakers:</i> <i>Dr. Rachel Nugent, RTI International</i> <i>Emma Wanyonyi, International Institute For Legislative Affairs Kenya</i> <i>Dr. Joseph Kibachio, Director of NCDs, Ministry of Health Kenya</i></p>
12:15- 12:30	<p>Symposium Closing Remarks</p> <p><i>Dr. Dismas Ongore, Director, University of Nairobi School of Public Health</i> <i>Dr. Rachel Nugent, VP of Global NCDs, RTI International</i></p>
<u>Remainder of program only open to NextGen Leaders and invited speakers</u>	
Workshop Location: University of Nairobi, School of Public Health Lecture Room	
12:30- 1:30	Lunch (in the School of Public Health Lecture Room)
1:30- 2:00	<p>Getting to know each other: Introductions to NextGen Workshop Participants</p> <ul style="list-style-type: none"> - Ice breaker - Survey
2:00- 2:45	<p>Advocacy & Direct Action Organizing</p> <ul style="list-style-type: none"> - What is advocacy? - Theory of Change - Choosing and framing your issue - Understanding Power- power analysis <p><i>Didactic & teamwork</i> <i>Session led by: Jordan Jarvis, YP-CDN & Dr. Tim Reed, Health Action International</i></p>
2:45- 3:45	<p>Personal & Collective Leadership Training - Part I</p> <p>Developing your mission statement</p> <p><i>Session led by: Dr. Karen Dæhlin Holm, YP-CDN</i></p>
3:45- 4:00	Tea Break
4:00- 4:45	Making Your Case Part I: ‘How to use Health Communication Principles to Advocate for NCD Treatment’

	<i>Session led by: Dr. Pam Williams, RTI International</i>
4:45- 6:30	Personal & Collective Leadership Training - Part II Time management, Chaotic process method <i>Session led by: Dr. Karen Dæhlin Holm, YP-CDN</i>

YP-CDN AWARDS & WEBSITE LAUNCH PARTY DINNER

Friday, September 9th, 7:00pm onward at Bonds Garden Restaurant (Please RSVP [here](#) to attend) Please join us for an exciting evening of socializing, launching our new YP-CDN website, and to recognize those who have made notable contributions to YP-CDN!

Day 2: Saturday, Sept. 10 th	
Advocacy & Policy Training (University of Nairobi, School of Public Health Lecture Room)	
8:30- 9:10	Understanding the Policy Landscape <i>An introduction to what policy is and how participants can begin to identify the context of their particular topic, such as what policies exist and what policy actions are needed.</i> <i>Session led by: Lucy Kimondo, National Council for Population & Development</i>
9:10- 9:40	Teamwork: Policy Landscape Worksheet
9:40- 10:20	Fundamentals of the Policy Process <i>This presentation introduces a framework for policy change that identifies how research and policy communication can inform policy changes. The framework includes three key strategies for researchers to influence the process.</i> <i>Session led by: Lucy Kimondo, National Council for Population & Development</i>
10:20- 10:30	Tea Break
10:30-11:15	Realizing access to essential medicines & technologies: Global to Local <ul style="list-style-type: none"> - Introduction to the WHO Model List of Essential Medicines - National Essential Medicines Lists: What do they mean & their use for advocacy <i>Session led by: Dr. Sandeep Kishore</i>
11:15- 12:30	Advocacy & Direct Action Organizing - Introduction to the Strategy Chart <i>Session led by: Jordan Jarvis</i>
11:30- 12:30	Teamwork: Developing your Strategy Chart
12:30- 1:30	Lunch
1:30-2:30	Panel: The Anatomy of Advocacy Wins: Learning from Family Planning, HIV/AIDS & other health areas in East Africa Moderator: <i>David Makumi, Kenya Network for Cancer Organizations</i> <i>Speakers:</i> <i>Angeline Mutunga, Jhpiego/ Advance Family Planning</i> <i>Allan Ragi, Kenya AIDS NGOs Consortium</i>
2:30-3:30	Group Presentations & Feedback Session: Strategy Chart & Theory of Change
3:30- 4:10	Health Break with Africa Yoga Project! (dress yoga-friendly/in moveable clothing)

4:10- 5:00	<p>Making Your Case Part II- Strategic Communication through Messages <i>This presentation walks through a communications strategy, and focuses on the foundations of a policy communication message: key findings, implications, and recommendations. Participants learn how to formulate and package effective messages.</i></p> <p><i>Session led by: Lucy Kimondo, National Council for Population & Development</i></p>
5:00- 5:30	Teamwork: Crafting Advocacy Messages
5:30- 5:45	<p>60 second soundbites Introduction <i>Session led by: Lucy Kimondo, National Council for Population & Development</i></p>
5:45- 6:30	Applying Advocacy Tactics: Role playing

Day 3: Sunday, Sept. 11th

Research for and Evaluation of Advocacy (University of Nairobi, School of Public Health Room)

8:30- 9:30	<p>Making Your Case Part II- ‘Making your advocacy evidence-based’ Case: Collecting data on medicines availability & prices</p> <p><i>Session led by: Dr. Gemma Buckland-Merrett, Health Action International</i></p>
10:00-10:30	<p>Monitoring and Evaluating your Advocacy Strategies - Team M&E planning session</p> <p><i>Session led by: Dr. Tim Reed, Health Action International</i></p>
10:30- 10:45	Tea Break
10:45- 11:15	<p>60 Second Soundbites <i>Participants practice developing advocacy messages with findings, implications, and recommendations based on research.</i></p> <p><i>Session led by: Lucy Kimondo, National Council for Population & Development</i></p>
11:15-12:15	Final Team Advocacy Strategy Presentations & agreeing upon regional goals and on timelines
12:15- 1:00	<p>Follow up plans & team commitments Survey</p> <p>Closing Remarks</p>
1:00 onward	Departures

Our humble and heartfelt thanks to the partnership and sponsorship from RTI International, the YP-CDN community who donated to our #MultiplyChange campaign, the University of Nairobi, and Health Action International, who have made this workshop possible. A special thanks also to those participating in this workshop-- we look forward to the big differences you’ll make to address NCDs on local, national and global scales!