

GEAR YOU'LL NEED FOR ASB 2020

Group first-aid kits will be available, please bring any personal medications or treatment you might need for a week. We'll provide all meals and stoves, cook pots, food, and water. Please bring your own personal snacks to supplement group food. **Do not bring any weapons, alcoholic beverages, or recreational drugs. If you have food allergies or restrictions please notify us as soon as possible so that we can create a menu.** We won't have showers or reliable cell phone service, so please plan accordingly. If you have questions or concerns about what to bring please contact us at snvstewardship@nevadawilderness.org or (702) 515-5417.

Camping

- o Pillow
- o Tent, sleeping bag, sleeping pad (if you indicated that you'll bring your own)

Clothing

- o Longs pants & long-sleeved shirts for while we're working
- o Boots or sturdy, close-toed shoes
- o Hat with brim for sun protection
- o Sunglasses
- o Beanie, gloves or mittens, scarf
- o Base layers/thermals for warmth
- o Warm, insulating jackets & sweaters
- o Rain jacket
- o Pants and shirts for camp
- o Comfy shoes for camp
- o Warm socks (at least 4 pair)
- o Belt

Personal

- o Toothbrush, toothpaste, floss
- o Wet Wipes for hygiene
- o Medications, including allergy medication
- o Sunscreen & lip protection
- o Backpack to carry water bottle & lunch
- o Flashlight/headlamp
- o Watch with an alarm to wake up
- o Bug repellent (optional)
- o Earplugs (optional)

Kitchen

- o Water bottle
- o Mug for hot drinks
- o Plate, bowl, eating utensils (optional)
- o Tupperware to pack lunch items (optional)
- o Personal snacks and drinks that you like (optional)

Fun

- o Camera
- o Binoculars
- o Notebook, pen/pencil
- o A good book
- o Frisbee, football, cards, hacky sack, etc.

Consider marking items, such as eating utensils, with your name or initials.

Plan for both hot and cold weather. Temps may be high during the day, but the wind adds *a lot* of coldness. It's better to have too many layers than too few. Also, don't bring anything that you absolutely don't want to get dirty.