

Provincial Directory of
**Seniors', Councils, Clubs,
Centres and Other Seniors'**
Organizations

2010 EDITION

Produced by the
Nova Scotia Department of Seniors



Directory of Senior Citizens' Councils, Clubs, Centres, and Organizations

2010 Edition

The Nova Scotia Department of Seniors publishes this directory to promote networking among seniors' organizations in Nova Scotia and to help seniors find local recreational and community service opportunities of interest to them.

We thank the many senior volunteers from across the province who kindly provided their information to us this year.

Thank you also for your active participation in seniors-related organizations that enrich your community and promote Positive Aging among your fellow seniors.

For more information on programs and services for seniors, contact the Nova Scotia Department of Seniors.

Phone: (902) 424-0065 (*HRM*)
1-800-670-0065 (*Toll-Free*)

Fax: (902) 424-0561

E-Mail: seniors@gov.ns.ca

Website: www.gov.ns.ca/seniors



Attention: SENIORS' CLUBS AND COUNCILS

New members and ideas are vital to maintaining an active organization. Help us help new members find you by updating your contact information each year!

Please send any changes to this information to the President of your local Seniors Council by August 1, 2010 for the Winter 2011 edition. Thank you!

Please check the county/city where you would like to have your club/council listed in this directory:

- | | |
|---|---|
| <input type="checkbox"/> Annapolis | <input type="checkbox"/> Hants |
| <input type="checkbox"/> Antigonish & Guysborough | <input type="checkbox"/> Inverness & Victoria |
| <input type="checkbox"/> Cape Breton | <input type="checkbox"/> Kings |
| <input type="checkbox"/> Colchester/East Hants | <input type="checkbox"/> Lunenburg |
| <input type="checkbox"/> Cumberland | <input type="checkbox"/> Pictou |
| <input type="checkbox"/> Dartmouth | <input type="checkbox"/> Queens |
| <input type="checkbox"/> Digby | <input type="checkbox"/> Richmond |
| <input type="checkbox"/> Halifax City | <input type="checkbox"/> Shelburne |
| <input type="checkbox"/> Halifax County | <input type="checkbox"/> Yarmouth |
-

Club/Council: Name: _____

Mailing Address: _____

President: Name: _____

Mailing Address: _____

Phone: _____

Secretary: Name: _____

Phone Number: _____

Treasurer: Name: _____

Phone Number: _____

RETURN TO: The President of your local Seniors' Council

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ANNAPOLIS COUNTY COUNCIL

Annapolis County Senior Citizens' Council

R.R.# 2- 116 Dugway Road
Annapolis Royal, NS
B0S 1A0

Murray Covert, President 532-2660
Leona Jeremy, Secretary 825-4501
Charles Black, Treasurer 825-4437

CLUBS:

Bear River New Horizons

1877 Clementsvale Road
P.O. Box 34
Bear River, NS B0S 1B0

Lynn Milbury, President 245-2234
Paula Harden, Treasurer

Good Neighbours Club

June Trimper
Box 82
Clementsport, NS B0S 1E0

Herman Muenzer, President 638-3355
June Trimper, Secretary 638-8805
John Littlefair, 638-8807

Habitation New Horizons Club - Port Wade

40 Hollow Mountain Road
R.R. # 2
Granville Ferry, NS B0S 1K0

Herbert Arbeau, President 532-5906

Lawrencetown and Area Seniors Association

Diane Moore
404 Main Street
Lawrencetown, NS B0S 1M0

Larry Friedman, Chair
Diane Moore, Secretary 584-3078
Ina Freeman, Treasurer

Port Wade New Horizons Club

Angela Hudson
1965 Granville Road
Annapolis Royal, NS B0S 1K0

Madelyn McWhinney, President 532-5391
Angela Hudson, Secretary 532-2512
Ron Henshaw, Treasurer 532-2450

Springfield Golden Age Club

Don Hudson
R.R. # 3
Springfield, NS B0R 1H0

Don Hudson, President 547-2496
Mona Brewster, Secretary 547-2821
Alice Montgomery, Treasurer 547-2623

ANTIGONISH & GUYSBOROUGH COUNTIES COUNCIL

Antigonish-Guysborough Senior Citizens' Council #63

Michael Davidson

R.R. # 1

Afton, NS B0H 1A0

Michael Davidson, President 386-2625

Kay Cohoon, A/Secretary 366-2805

Shirley Davidson, Treasurer 386-2625

CLUBS:

Bayview Senior Citizens' Club

Boylston, NS

B0H 1G0

Eugene Smith, President 533-2755

Ann Carter, Secretary 747-2809

Dorothy Pelly, Treasurer 533-3772

Club 60 Antigonish

PO Box 1012

Antigonish, NS

B2G 2S3

John MacEachern, President 870-2468

Janet Graham, Secretary 863-1206

Delia McChesney, Treasurer 863-3195

Dover Bay Senior Citizens' Club

Little Dover

Guysborough Co., NS

B0H 1V0

Phyllis MacDonald, President 366-2424

Ruth Keefe, Secretary 366-2368

Beatrice Haines, Treasurer 366-2459

Greenfield Oldsters Club

R.R. # 2

Aspen, NS

B0H 1E0

Flo Duffy, President 522-2014

Carol Michaud, Secretary 833-2804

Jim Michaud, Treasurer 833-2804

Happy Tracadonians

R.R. # 1

Monastery, NS

B0H 1W0

Audrey Facey, President 232-2335

Ann Wallace, Secretary 232-2330

Shirley Davidson, Treasurer 386-2625

Harbourview Senior Citizens' Club N101

Audrey Carpenter

Havre Boucher, NS

B0H 1P0

Katharine Fougere, President 234-2639

Audrey Carpenter, Secretary 234-2785

Mary MacAskill, Treasurer 747-2203

Heather Club 60

Francis Maas
R.R. #1
Heatherton, NS B0H 1R0

Francis Maas, President 386-2923
Marg LeBlanc, Secretary 867-1286
Dinny Van Der Linden, Treasurer 386-2762

Lochabar Sylvan Lakers

Lochabar, R.R. # 5
Antigonish Co., NS
B2G 2L3

Merle Taylor, President 783-2532
Audrey Hardy, Secretary 783-2329
Ella Stearns, Treasurer 783-2347

Saint Mary's Seniors Club

P.O. Box 107
Sherbrooke, NS
B0J 3C0

Bob Kelly, President 522-2314
Lois Kelly, Secretary 522-2314
Joyce Johnston, Treasurer 522-2237

Shamrock Senior Citizens' Club

Paulin Parker
Box 42
Canso, NS B0H 1H0

Paulin Parker, President 366-2767
Carolyn Quann, Secretary 366-3017
Coleen Bouchie, Treasurer 366-2295

The Oak & Owl Club

R.R. # 1, Saint Andrews
Antigonish Co., NS
B0H 1X0

Gerard MacNeil, President 783-2839
Mary MacEachern, Secretary 863-1058
June MacIsaac, Treasurer 863-2322

CAPE BRETON COUNTY COUNCIL

Cape Breton Council of Senior Citizens and Pensioners

202- 46 Sterling Road
Glace Bay, NS
B1A 3X5

Stephen Andrecyk, President 849-0655
Charlene Wadden, Secretary 849-9516
Margaret MacKinnon, Treasurer 562-6514

CLUBS:

Bras d'Or Senior Citizens' and Pensioners' Club

66 Main Street
Bras d'Or, NS
B1Y 3M3

Joseph Blinkhorn, President 736-6718
Vera McMullin, Secretary 736-6796
Joan Skinner, Treasurer 794-8043

Club 55

70 Prince Street
Sydney, NS
B1P 5J8

Pauline Wadden, President 733-2860
Alex Campbell, Treasurer 539-9311

Dominion Senior Citizens' and Pensioners' Club

1 Union Street
Dominion, NS
B1G 1W6

Nick Corbett, President 849-2310

Fortress Senior Citizens Club

3 Verrier Crescent
Louisbourg, NS
B1C 2K2

Muriel Fogeron, President 733-2944
Cathy Cann, Secretary 733-2888
Frances Ann Kendall, Treasurer 733-2867

FSNA Club

PO Box 785
Sydney Forks, NS
B1L 1A4

Albert MacKinnon, President 562-6541
Barbara MacDonald, Secretary 849-0573
Francis Sampson, Treasurer 562-3606

Gardiner Mines Seniors

6438 Seaside Drive
Gardiner Mines, NS
B1H 5M7

Art MacKenzie, President 849-2642
Betty Stubbart, Secretary 849-7420
Violet MacNeil, Treasurer 849-5033

Glace Bay Senior Citizens' and Pensioners' Club

445 Upper North Street
Glace Bay, NS B1A 5J8

Robert "Bobby" Jackson, President 849-7249
Ivan Ellsworth, Treasurer 842-0659

Harbourside Seniors Club

781 Westmount Road
Sydney, NS
B1R 1B4

Rowe Rudderham, President 564-2029
Freda Ells, Secretary 564-6451
Betty Mombourquette, Treasurer 562-4434

North Sydney Senior Citizens' and Pensioners' Club

Dulcie Best
17 Stanley Street
North Sydney, NS B2A 1T1

Minnie Piercey, President 794-4093
Dulcie Best, Secretary 794-3183
Elizabeth MacNeil, Treasurer 794-2792

Nova Scotia Government Retired Employees

Bill Sampson
108 Ranna Crescent
Sydney, NS B1S 3E2

Bill Sampson, President 564-6734
Wayne Fedora, Secretary 562-2139
Jim Bacich, Treasurer 564-1076

Reserve Mines Seniors & Pensioners Club

165 Main Street
Reserve Mines, NS
B1E 1E7

Myrna Dohan, President 849-0267
Carmella MacLeod, Secretary 849-5876
Della MacLeod, Treasurer 849-5833

Scotchtown Seniors Club

Margaret Wolfe
30 Daley Road
New Victoria, NS B1H 4Z4

Margaret Wolfe, President 862-6851
Sally Durando, Secretary 862-6060
Barbara Burchell, Treasurer 862-8254

Spanish River Seniors' Club

Theresa Dicks
137 Second Street
Sydney, NS B1L 1C9

Theresa Dicks, President 562-3196
Ann Martell Thomas, Secretary 562-1576
Harriet Warcop, Treasurer 562-1868

Steelworkers and Sydney Pensioners' Club

Bob Crane
30 Inglis Street
Sydney, NS B1P 6H2

Bob Crane, President 539-0645
Virginia Crane, Secretary 539-0645
Clyde Hoban, Treasurer 539-7795

Sydney Mines Senior Citizens' and Pensioners' Club

Basil Marsh
491 George's River Road
George's River, NS B1Y 3A6

Basil Marsh, President 794-8856
John Johnson, Treasurer 736-2355

Whitney Pier Senior Citizens' and Pensioners' Club

19 Griffin Street, # 206
Sydney, NS
B1N 3E8

Gladys Powell, President 564-4020
Beth MacQueen, Secretary 562-1758
Kay Antle, Treasurer 539-8807

COLCHESTER/EAST HANTS COUNTY COUNCIL

Colchester/East Hants Seniors Council

Vince DeAdder
R.R. #1
Debert, NS B0M 1G0

Vince DeAdder, President 662-2536
Vie Lynds, Secretary 895-5532
Paul Bolivar, Treasurer 883-2867

CLUBS:

All Around the Circle

R.R. # 2
Brookfield, NS
B0N 1C0

Rev. Frank Locke, President 673-2712
Edna Graham, Secretary 673-2303
Arthur Lindsey, Treasurer 673-2892

Elmsdale/Enfield Senior Club

Paul Bolivar
1 Old Post Road
Enfield, NS B2T 1C1

Paul Bolivar, Pres/Sec/Treas 883-2867

Friendly Neighbours

Susan Taylor
Box 163
Debert, NS B0M 1G0

Graham Lang, President 662-2983
Susan Taylor, Secretary 662-3929
Rebecca Penny, Treasurer 662-2548

Four Points Seniors

Hilda Ray
R.R. # 1
Upper Kennetcook, NS B0N 2L0

Luella Hennigar, President 261-2506

Good Neighbour's Retired Citizens Association

Mabel Loughead
6-30 Blanchard Avenue
Truro, NS B2N 4K6

Mabel Loughead, President 893-9662
Arlene Oatway, Secretary 662-2476

Hills of Annand Residence Society

Gary Marryatt
26-170 Blair Avenue
Tatamagouche, NS B0K 1V0

Gary Marryatt, President 657-0324
Beverly Fostin, Secretary 657-3571
Ronald Hildebrandt, Treasurer 657-1049

Multicultural Association of Colchester County

Prem Dhir
79 Roosevelt Avenue
Truro, NS B2N 1B7

Prem Dhir, President 895-9797
Shanta Dhir, Secretary 893-9797
Ali Madani, Treasurer

Mount Uniacke Jolly Jumpers (Hants West)

Pearl Williams
P.O. Box 84
Mount Uniacke, NS B0N 1Z0

Pearl Williams, President 866-2731
Valerie Moore, Secretary 866-2830
Don Hartlen, Treasurer 866-2779

Nine Mile River Seniors

Wendy McCorkill
25 Kali Lane, Apt. 203
Elmsdale, NS B2S 1A1

Wendy McCorkill, President 883-9867

North Shore Senior Citizens Club

Kay Matattall
26 Lake Road, P.O. Box 103
Tatamagouche, NS B0K 1V0

Kay Matattall, President 657-2466
Evelyn MacNutt, Secretary 657-2209
Terry Jefferson, Treasurer 657-3264

Rawdon Golden Youth

Bertha Meehan
R.R. 1
Upper Rawdon, NS B0N 2N0

Bertha Meehan, President 632-2030
Etta Fletcher, Vice-President 632-2765

Rising Tide New Horizons Seniors

Nora Vincent
4591 Highway 215E
East Noel, NS B0N 2C0

Nora Vincent, President
Glenys Leck, Secretary 369-2951
Betty Chase, Treasurer 369-2039

Willow Bend Seniors Club

Dick Deyarmond
1431 Cloverdale Road, R.R. # 2
Stewiacke, NS B0N 2J0

Dick Deyarmond, President 639-2723
Sylvia Bigelow, Secretary 671-2409
Burt Justason, Zone Rep. 639-2988

Young at Heart

Vie Lynds
202-350 Robie Street
Truro, NS B2N 1L3

Vie Lynds, President 895-5532
John Blair, Secretary 896-0295
Myrna Alward, Treasurer 893-3411

**CUMBERLAND COUNTY
COUNCIL**

Cumberland County Senior Citizens' Council

Judy Schultz
R.R. # 3
Amherst, NS B4H 3Y1

Judy Schultz, President 447-2272
Betty Curry, Secretary 548-2682
Gertie Hollis, Treasurer 661-5638

CLUBS:

Amherst 50+ Club

P.O. Box 937
Amherst, NS
B4H 4E1

Marilyn Young, President 667-7366
Linda MacDonald, Secretary 667-7366
Rowena Pipes, Treasurer 661-4200

Joggins New Horizons Club

Edith Purdy
Joggins, NS
B0L 1A0

Edith Purdy, Pres/Treas. 251-2307

M.A.R.S. Senior Citizens

R.R. # 1, Malagash
Cumberland Co., NS
B0K 1E0

Ken Tibbetts, President 257-2207
Betty Briggs, Secretary 257- 2179
Jean Tibbetts, Treasurer 257-2207

Oxford Pioneer Heritage Club

Box 156
Oxford, NS
B0M 1P0

Judy Shultz, President 447-2272
Olive Jackson, Secretary 447-2699
Opal Black, Treasurer 447-2499

Over Sixty Club

Ruth Logan
Box 351
Parrsboro, NS B0M 1S0

Ruth Logan, President 254-2928
Zenith Rector, Secretary 254-3443
Frances Parsons, Treasurer 254-2697

Pugwash Fifty Plus Club

Doris Dionne
Pugwash, NS
B0K 1L0

Doris Dionne, President 243-3377
Margaret Peers, Secretary 243-2125
Audrey MacPherson, Treasurer 243-2752

River Hebert Senior Citizens' Club

William McAloney
River Hebert, NS B0L 1G0

William McAloney, President 251-2102

Springhill Senior Citizens' and Retired Pensioners' Club

June Henwood
P.O. Box 79
Springhill, NS B0M 1X0

June Henwood, President 597-3436
Frances Lockhart, Secretary 597-3948
Verna Clarke, Treasurer 597-2750

Sunrise Senior Citizens' Northport

Pauline Finley
R.R. # 4
Amherst, NS B4H 3Y2

Pauline Finley, President 661-4140
Marian Haylock, Secretary 661-4261
Gertie Hollis, Treasurer 661-5638

Wallace & Area Sunrise Seniors Association

Mallie Henderson
R.R. # 171
Wallace, NS B0K 1Y0

Marion Dotten, President 257-2349
Mallie Henderson, Secretary 257-2075
John Langille, Treasurer 257-2569

Wentworth Pioneers

Hope Bridgewater
13192 Highway 4
Wentworth, NS B0M 1Z0

Hope Bridgewater, President 548-2086
Kathleen McGill, Secretary 548-2518
Robert Smith, Treasurer 548-2328

DARTMOUTH CITY COUNCIL

Dartmouth Senior Citizens Advisory Council

Disbanded

CLUBS:

Campbell's Cole Harbour Senior Citizens' Club

16A Circassion Drive
Dartmouth, NS
B2V 5C2

Agnes Elms, President 435-0106
Gloria Ritchie, Secretary 435-5230
Helen Wamboldt, Treasurer 462-4377

Dartmouth Senior Citizens' Club (Findlay)

Lucella Langille
7 MacKenzie Street
Dartmouth, NS B2W 1B1

Lucella Langille, Pres/Treas 465-2031
Shirley Tolhurst, Secretary

Nantucket Place

Betty Ann Baert
45 Ochterloney Street # 601
Dartmouth, NS B2Y 4M7

Betty Ann Baert, Representative 466-4745

Victoria Road Seniors' Club

Mary Watson
186 Taranaki Drive
Dartmouth, NS B2W 4X8

Mary Watson, President 435-1834
Donna Sealey, Secretary 466-2001
Anita Tynes, Treasurer 461-9411

Young At Heart

Pam MacDonald
Dartmouth North Community Centre
134 Pinecrest Drive
Dartmouth, NS B3A 2J9

Pam MacDonald, President 462-0363
Jean MacNeil, Secretary 435-0726
Helen George, Treasurer 463-4434

DIGBY COUNTY COUNCIL

Digby County Senior Citizens' Council

Disbanded

CLUBS:

Clare Senior Citizens' Club

Louise Turbide
Box 132C, R.R. # 1
Church Point, NS B0W 1M0

Louise Turbide, President 769-3006
Jack Murphy, Secretary 645-2914
Bernice Twaddle, Treasurer 837-4817

Club D'Age D'Or St. Bernard

Jeannine Boudreau
R.R. # 1, Box 1219
Weymouth, NS B0W 3T0

Jeannine Boudreau, President 837-4672
Louise LeBlanc, Secretary 837-4366
Bernadette LeBlanc, Treasurer 837-7498

Les Etoiles Sur l'Horizon

Lucille Dugas-Deveau
Box 20, R.R. # 1
Meteghan River, NS B0W 2L0

Cecile Robicheau, President 645-25919
Lucille Dugas-Deveau, Sec/Treas 769-2360

Les Femmes Acadiennes de Clare

Agnes Thibault
Box 31, Saulnierville
Digby Co., NS B0W 2Z0

Agnes Thibault, President 769-0719
Priscille d'Entremont, Secretary 645-3033
Bernadette Blinn, Treasurer 769-2258

Les Horizons de Concession

Denis Lombard
2865 Route 340, R.R. # 2
Box 110½ A
Weymouth, NS B0W 3T0

Denis Lombard, President 837-4879
Imelda Chiasson, Secretary 769-0710
Marianne Byzuski, Treasurer 769-3404

Mavillette Seniors' Club

Hilda Saulnier
Box 18
Meteghan Centre, NS B0W 2K0

Lorette Thibodeau, President 645-2466
Hilda Saulnier, Secretary 645-2721
Celina LeBlanc, Treasurer

Tiverton Super Seniors

Dianne Outhouse
P.O. Box 624
Tiverton, NS B0V 1G0

Dianne Outhouse, President 839-2244
Dianne Outhouse, Secretary 839-2244
Jack Pyne, Treasurer 839-2599

Weymouth New Horizons Club

Kathleen Amirault
R.R. #2
Weymouth, NS B0W 3T0

Maureen Robart, President 837-5491
Kathleen Amirault, Secretary 837-5500
Emily Robichaud, Treasurer 837-4848

GUYSBOROUGH COUNTY

Please refer to the Antigonish & Guysborough Counties section of this directory

HALIFAX CITY COUNCIL

Halifax Seniors' Council

5596 Morris Street
Halifax, NS B3J 1C2

Deborah Dostal, Secretary 422-8022

Association of Halifax Regional Senior Councils

22525 Main Street, Box 215
Sheet Harbour, NS B0J 3B0

Inez MacKenzie, Chairperson 885-3055
Pat Murchy, Secretary 435-6888
Rose Brooks, Treasurer 462-1435

CLUBS:

Club Massada

Barbara Alberstat
6258 Payzant Avenue
Halifax, NS B3H 2B1

Barbara Alberstat, President 422-5526
Phil Alberstat, Treasurer 422-5526

The Indo-Canadian Senior Group of Nova Scotia

Dr. Inder Bhatia
A-220-118 Fairfax Drive
Halifax, NS B3S 1JB

Dr. Inder Bhatia, Pres/Treas. 835-2457
Merrie Mills, Secretary 454-7213

Nor-West Seniors' Club

St. Andrews Community Centre
6955 Bayers Road
Halifax, NS B3L 4S4

Roy L. Joyce, President 454-9826
Elizabeth Michalski, Secretary 443-2453
Pat Peron, Treasurer 455-2897

Northern Lights Seniors' Club

Francis Christian
2786 Agricola Street
Halifax, NS B3K 4E1

Francis Christian, President 454-9590
Richard Whynot, Sec/Treas 477-4873

Northwood Community Centre

2615 Northwood Terrace
Halifax, NS
B3K 3S5

Fred Wigginton, President 454-3678
Pat MacLellan, Secretary 852-4297
Blanche Creighton, Treasurer 454-3351

George Burton Toastmasters Club

Fred Lawson
6258 Payzant Avenue
Halifax, NS B3H 2B1

Fred Lawson, President 457-3733
Fran Paton, Secretary 443-3008
Terry Lawson, Treasurer 457-3733

Royal Canadian Legion, Fairview # 142

50 Hillcrest Street
Halifax, NS B3N 2X5

Peter Hanson, President 443-7256
Nancy Whitten, Treasurer 443-7256

Royal Canadian Legion, Vimy Branch # 2

6160 Almon Street
Halifax, NS B3K 1V1

Darrell Pinaud, President 455-0164
Dave Godsoe, Treasurer

Royal Canadian Legion, White Ensign Branch # 129

5519 Almon Street
Halifax, NS B3K 1T4

Bernie Joyce, President 452-9369
Barb DeMone, Secretary 484-0100

Royal Seniors Club

Bayers Westwood Family Resource
Centre
3499 McAlbine Avenue
Halifax, NS B3L 3X9

Mohey Achmed,
Contact 454-9444; cell 802-5715

Ward 5 Neighbourhood Centre

Douglas MacDonald
5540 Russell Street
Halifax, NS B3K 1X2

George Robert, Chair 454-0018
Joan O'Keefe, Secretary 454-0018
Henry DeVries, Treasurer 454-0018

Friendship Club of Senior Citizens

Marion Roberts
59 Rosedale Avenue
Halifax, NS B3N 2J4

Marion Roberts, 445-3331

Young At Heart Club

Golden Age Social Centre
212 Herring Cove Road
Halifax, NS B3R 1R1

Edna White, President
Gloria Saulnier, Secretary 477-5038
Joyce Martell, Treasurer 477-2819

HALIFAX COUNTY COUNCIL

Halifax County Seniors' Council - Zone 15

Jim MacLeod
20 Jackladder Drive
Lower Sackville, NS B4E 2X5

Jim MacLeod, President 864-1878
Doris Evans, Secretary 462-1477
Patricia Marsh, Treasurer 827-4647

Sackville Senior Advisory Council

45 Connolly Road
Lower Sackville, NS
B4E 1S6

Jackie Cajolais, Contact 864-5591
Lynn Garagan, President 865-1369
Bernie Oliver, Secretary 865-9757

CLUBS:

Bedford Leisure Club

Margaret Embree
1091 Bedford Hwy. # 301
Bedford, NS B4A 1B7

Margaret Ashley, President 832-1910
Margaret Embree, Secretary 832-0772
Fred Haley, Treasurer 443-5936

Campbells Cole Harbour Senior Citizens' Club

Agnes Elms
321 Poplar Drive
Dartmouth, NS B2W 4K8

Agnes Elms, President 435-0106
Phyliss Shupe, Secretary
Helen Wambolt, Treasurer

Club Acadien de Chezzetcook

Bev Hugli
6423 Highway # 7
Head Chezzetcook, NS B0J 1N0

Bev Hugli, President 827-2090
Joyce Fawcett, Treasurer

East Preston Senior Citizens' Club

1935 Highway # 7
East Preston, NS
B2Z 1E9

Dolly Williams, President 462-0344
Joyce Gough, Secretary 462-1361
Doris Evans, Treasurer 435-1477

Eastern Shore New Horizons Club

Inez MacKenzie
22525 Main Street, Box 215
Sheet Harbour, NS B0J 3B0

Inez MacKenzie, President 885-3055
Lena Lowe, Secretary 885-2922
Elsie Spears, Treasurer 885-2112

Enterprisers 50 Plus Club

R.R. #5
Middle Musquodoboit, NS
B0N 1X0

Ella Rhind, President 384-2010
Mary Cooke, Secretary

Fall River Friendly Group

Nancy MacDonald
6 Metzler Court
Fall River, NS B2T 1G5

Nancy MacDonald, President 861-3011
Marie Chapman, Secretary 861-3789
Delores McNeil, Treasurer

Harbour Lites Seniors

P.O. Box 375
Musquodoboit Harbour, NS
B0J 2L0

Eleanor Keeping, President
Gail Potter, Secretary 889-3456
Mary Conrad, Treasurer 889-9172

Lake Echo Seniors' Club

Doreen Matthews
3168D Hwy 7, Box 3, Comp 11
Lake Echo, NS B3E 1B2

Doreen Matthews, President 829-2394
Denise Timmons, Secretary 829-2144
Gail McLaughlin, Treasurer

Lake Loon-Cherry Brook Senior Citizens' Group

Alma Johnston
28 Serpentine Avenue
Dartmouth, NS B2W 3X1

Alma Johnston, President 434-1829
Joyce Riley, Secretary 829-2034
Nola Holloway, Treasurer

Maple Leaf Seniors Club

2234 Rocky Lake Drive
Waverley, NS
B2R 2R4

Arlene Reid, President 860-1733
Pamela Leitch, Secretary 861-3060
Gloria Ward, Treasurer 861-2634

North Preston Seniors Club

Alvina Cain
288 Simmonds Street
North Preston, NS B2Z 1A4

Alvina Cain, President 433-0457
Hazel Ruck, Secretary
Laura Cain, Treasurer 462-0983

Porter's Lake Seniors Club

Jan Chenier
Box 75
Porter's Lake, NS B3E 1M1

Jan Chenier, President
Kay Bruce, Secretary 827-2065
John Boucher, Treasurer

Sackville - Beaverbank 50+ Club

Marie Chapman
1409 Fall River Road
Fall River, NS B2T 1J0

John Gannon, President
Karen Myers, Secretary
Marie Chapman, Treasurer 861-3789

St. Margaret's Bay White Caps Seniors Club

Kathy Boutilier
293 Paddy's Cove Road
Indian Harbour, NS B3Z 3N7

Kathy Boutilier, President 823-2817
Joanne Hubley, Secretary
Elizabeth McCrae, Treasurer

Upper Musquodoboit Fellowship Club

Eric Higgins
R.R. # 2
Middle Musquodoboit, NS B0N 1X0

Eric Higgins, President 384-2764
Carol Fraser, Secretary 384-2469
Joyce Higgins, Treasurer 384-2764

Also refer to the Colchester/East Hants County section of this directory

**HANTS COUNTY
COUNCIL (Disbanded)**

CLUBS:

4 Points Club

Hilda Ray
R.R. # 1, Upper Kennetcook
Hants Co., NS B0N 2L0

Louella Hennigar, President 261-2506
Hilda Ray, Sec/Treas 261-2781

Bramber Seniors Group

Marguerite Galley
R.R. # 1, Walton
Hants Co., NS B0N 2R0

Abard Like, President 633-2553
Marilyn McLellan, Secretary
Marguerite Galley, Treasurer 633-2465

Non-Council Member

Gliders Seniors' Club

Anne DeBaie
78 Thomas Street - Box 777
Windsor, NS B0N 2T0
Club # 798-8528

Anne DeBaie, President 757-0460
Edna Musial, Secretary 798-1935
John Rafuse, Treasurer 798-0188

INVERNESS/VICTORIA 63A COUNTIES COUNCIL

Inverness/Victoria 63A Council

Don Fitzpatrick
P.O. Box 130
Margaree Centre, NS B0E 1Z0

Don Fitzpatrick, President 248-2202
Shirley Hart, Secretary 295-2686
Veronica Halloran, Treasurer 258-2043

CLUBS:

Bayville Seniors' Club (Whycocomagh)

Ruth MacPhail
R.R. # 1
Whycocomagh, NS B0E 3M0

Ruth MacPhail, President 756-2720
Julia MacLean, Secretary 756-2720
Mary MacAulay, Treasurer

Head of the Bay Seniors' Club

Murray MacPhee
General Delivery
West Bay, NS B0E 3K0

Murray MacPhee, President 345-2988
Vivian Wright, Secretary 345-0518
Catherine Skinner, Treasurer 345-2294

Highland Seniors' Club (Middle River)

Lonnie Dowe
P.O. Box 505
Baddeck, NS B0E 1B0

Lonnie Dowe, President 295-1114
Florence McCuspic, Secretary
Donald Morrison, Treasurer 295-1013

Kildonan Seniors' Club

Pauline Campbell
83 River Denys Road
Judique, NS B0E 1P0

Pauline Campbell, President 787-2343
Jean MacIntyre, Sec/Treas 787-2971

Le Club des Retraites des Cheticamp

P.O. Box 546
15108 Cabot Trail
Cheticamp, NS B0E 1H0

Simon Joe Bourgeois, President 224-3081
Andre Roache, Secretary 224-2406
Evelyn Noel, Treasurer 224-2532

Mabou Seniors' Club/Fifty Plus

Francis Oommen
2152 East Skye Glen Road, R.R. # 2
Whycocomagh, NS B0E 3M0

Francis Oommen, President 945-2108
Edward MacNeil, Treasurer 945-2493

NaMara Seniors' Club (Inverness)

Mona Smith
P.O. Box 925
Inverness, NS B0E 1N0

Mona Smith, President 258-2468
Matilda Ingraham, Secretary 258-2781
Veronica Halloran, Treasurer 258-2043

New Horizons Seniors' Club (East Margaree)

Collette MacDonnell
1137 East Margaree Road
East Margaree, NS B0E 2A0

Claudia MacNeil, President 235-2221
Collette MacDonnell, Secretary 235-2505
Pauline Berry, Treasurer

Northeast Margaree Seniors' Club

Joanne Ross
R.R. # 1
Margaree Valley, NS B0E 2C0

Joanne Ross, President 248-2927
Cathy Ross, Treasurer 248-2510

Nouveaux Horizons (St. Joseph du Moine)

Doris Levert
P.O. Box 72
St. Joseph du Moine, NS B0E 3A0

Leona Doucet, President 224-3172
Doris Levert, Secretary 224-3471
Dora Delaney, Treasurer 224-3033

Southwest Margaree Senior Citizens' Club

Joan Ingram
6834 Hway. # 395, R.R. # 1
South West Margaree, NS B0E 2H0

Jessie MacLennan, President 235-2450
Joan Ingram, Secretary 248-2744
Jessie Tompkins, Treasurer 248-2562

Strait Area Evergreen Senior Citizens' Club

Hugh MacEachen
37 Embree Street
Port Hawkesbury, NS B9A 2S5

Hugh MacEachen, President 625-1269
Emily MacDonald, Secretary 625-1628
Bob Belyea, Treasurer 625-2047

KINGS COUNTY COUNCIL

Kings County Senior Citizens' Council

Erle Dolsen
P.O. Box 644
Berwick, NS B0P 1E0

Rita Tibert, President 678-1658
Erle Dolsen, Secretary 538-0835
Edna Roach, Treasurer 542-1838

CLUBS:

Berwick Central Kings Crusaders

Roxie Redden
R.R. # 5 - 4211 Brooklyn Street
Berwick, NS B0P 1E0

Roxie Redden, President 538-9918
Lorraine Toole, Secretary 538-3268

Canning Cornwallis New Horizons

Rose Tupper
5388 Scots Bay Rd. - Hway. 358
Canning R.R. # 3, NS B0P 1H0

Rose Tupper, President 582-7346
Gladys Starrat, Secretary 678-2030

Coldbrook Apple Valley Seniors

Greg Perry
7103 Hway. # 1
Cold Brook, NS B4R 1C1

Greg Perry, President 678-5398
Jean Prime, Secretary
Ken Parker, Treasurer 678-7155

Gaspereau Gems and Jewels

Eva Morine
21 King Street, # 4
Wolfville, NS B4P 1K4

Eva Morine, President 542-2680
Bernard Harvey, Secretary 678-5664

Kentville New Horizons Club

Helen North
55 Oaudene Avenue
Kentville, NS B4N 2B6

Helen North, President 679-0550
Connie Willden, Secretary
Doris Veinot, Treasurer 678-2653

Kingston Area Seniors Association

Audrey Nichols
P.O. Box 475
Kingston, NS B0P 1R0

Audrey Nichols, President 765-3365
Barbara Hildebrand, Secretary 765-2513
Victor Squires, Treasurer 765-8119

Lockhartville Minas Waves New Horizons

Goldie McDow
91 McKinley Road, R.R. # 1
Falmouth, NS B0P 1L0

Goldie McDow, President 684-9324
Mariana Adlund, Secretary 684-9894

Millville 60 Plus

Eric Pinner
2673 Hway. # 1
Aylesford, NS B0P 1C0

Eric Pinner, President 847-9737
Pam Pinner, Secretary 847-9737

New Minas

Nora Russell
129 Campbell Road, # 105
Kentville, NS B4N 1Y2

Nora Russell, President 678-6848

Port Williams Seniors' Club

Don Pringle
Port Williams, NS B0P 1T0

Don Pringle, President 542-7316
Ed Weaver, Treasurer

Wolfville Silver and Gold

Sheila Allen
1504 Melansen Road, R.R. # 3
Wolfville, NS B4P 2R3

Sheila Allen, President 542-9870
Edna Roach, Secretary 542-1838

LUNENBURG COUNTY COUNCIL

Lunenburg County Senior Citizens' Council

Jack O'Connell
P.O. Box 114
Chester, NS B0J 1J0

Jack O'Connell, President 275-3359
Laverne Naugler, Secretary 543-2840
Roberta McNabb, Treasurer 634-8763

CLUBS:

Bluenose Senior Citizens' Club

Geraldine Hannams
36 Sawpit Road
Lunenburg, NS B0J 2C0

Geraldine Hannams, President 634-8227
Betty Holland, Secretary 634-4551
Mona Annis, Treasurer 634-8501

Chester Basin Over 40 Club

Neil Theriault
& Hiltz Hill Road
Chester Basin, NS B0J 2E0

Neil Theriault, President 624-8588
Mel Bowdridge, Treasurer 275-3677

Golden Age Club

Shirley Keddy
149 Hway. # 12
New Ross, NS B0J 2M0

Shirley Keddy, President 279-4464
Marie Adams, Sec/Treas. 689-2934

Golden Youth Club

Mona Annis
P.O. Box 1802
Lunenburg, NS B0J 2C0

Mona Annis, President 634-8501
Arlene Smeltzer, Secretary 543-1544
Earl Lantz, Treasurer 624-8863

Rosedale New Horizons Club

Franklyn Dauphinee
261 Mossman Road
West Northfield, NS B4V 5B4

Franklyn Dauphinee, President 543-5493
Kathleen Lohnes, Secretary 543-5858
Joyce Schnare, Treasurer 527-2883

Senior Citizens Association of Nova Scotia

Sunny Side Senior Centre

Anthony Wright
P.O. Box 351
Mahone Bay, NS B0J 2E0

Shirley Morrison, President 275-4074
Anthony Wright, Sec/Treas 624-8098

PICTOU COUNTY COUNCIL

Pictou County Council of Senior Citizens

Seniors Outreach
Valley View Villa
R.R. # 1, Stellarton, NS B0K 1S0

Sandra Hubley, President 752-7608
Sharon Purvis, Secretary 752-8400
Betty Jennex, Treasurer 755-5304

CLUBS:

55 + Seniors' Club

Linda Lloyd
R.R. # 1, New Glasgow
Little Harbour, NS B2H 5C4

Linda Lloyd, President 695-5298
Nellie Bruton, Secretary 755-1757
Cecilia Ramsay, Treasurer

Golden Glen Senior Citizens' Club

Ila MacKenzie
4911 East River Road, R.R. # 2
New Glasgow, NS B2H 5L5

Ila MacKenzie, President 752-1346
Katie Brennan, Secretary 752-3555

Golden Years Club

Dorothy Chisholm
346 Brother Street
New Glasgow, NS B2H 3S9

Dorothy Chisholm, President 752-3904
Loretta Lamey, Secretary 752-1885
Jean Fraser, Treasurer 752-5286

Hillside View #1 Club

Mae Johnston
227 Little Harbour Road, Apt. 34
New Glasgow, NS B2H 3S9

Mae Johnston, President 752-3998
Margaret Rollings, Secretary 752-0080
Vera Jones, Treasurer 755-6590

New Horizons' Pictou

Peter Rankin
P.O. Box 2002
Pictou, NS B0K 1H0

Peter Rankin, President 485-2573
Joyce MacLeod, Secretary 485-6803
Earl Simpson, Treasurer 485-9119

Senior Outreach/Help Line

c/o Valley View Villa
R.R. # 1
Stellarton, NS B0K 1S0

Mary E. MacLellan, Coordinator 752-8406

Steelton Friendly Group

Betty Cooke
Main Street - Union Hall
Trenton, NS B0K 1X1

Betty Cooke, President 752-7280
Daisy Brown, Secretary 752-0671
Lillian Grozen, Treasurer 752-3683

Stellarite Seniors' Club

Alta Roy, Contact Person 755-1674

Westville Heritage Group

Nellie Bruton
20 Powell Road, R.R. # 1
New Glasgow, NS B0K 1S0

Nellie Bruton, President 755-1757
Mary Livingston, Secretary
Mary Morris, Treasurer 396-4098

QUEENS COUNTY

No Seniors Council

30 Belmont Drive
Bridgewater, NS B4V 4E5

Geraldine Ramey, Contact Person 543-6903

CLUBS:

Jolly Ponoquers Senior Citizens' Club

Walter Freeman
Greenfield, NS
B0T 1E0

Walter Freeman, President
Freda Theakston, Secretary 685-3060
Bill Getson, Treasurer 685-2593

Liverpool Keenagers

Box 1033
Liverpool, NS B0T 1K0

Enid MacKay, Contact Person 354-4104
Gordon Pevrill, Secretary 354-5062

Queens Club 60 Plus

Merna Ellis
R.R. # 2, Caledonia
Queens Co., NS B0T 1B0

Shirley Smith, President, 682-2950
Merna Ellis, Sec/Treas

Seaside Seniors

Mabel Shediak
R.R. #1
Brooklyn, NS B0J 1H0

Mabel Shediak, President
Alice Sarty, Secretary 354-5864

RICHMOND COUNTY COUNCIL

Richmond County Senior Citizens' Council

Frank Sutherland
Box 347 - 10909 Hway. # 4
St. Peter's, NS B0E 3A0

Frank Sutherland, President 535-2586
Elizabeth MacNeil, Secretary 828-2078
Christy MacKenzie, Treasurer 587-2482

CLUBS:

Bonnie Brae Senior Citizens' Club

St. Peter's, NS
B0E 3B0

Frank Sutherland, President 535-2586
Dolena Sutherland, Secretary 535-2586
Wilma Martell, Treasurer

Bras D'Or Lakers Seniors Club

Elizabeth MacNeil
131 Lakeshore Drive
Irish Cove, NS B1J 2C2

Carole M. MacNeil, President 828-2326
Elizabeth MacNeil, Secretary 561-2078
Joyce MacMullin, Treasurer 535-2552

Grand River Senior Club

Joanne McCormack
202 E. Side Grand River Road
Grand River, NS B0E 1M0

Joanne McCormack, President 587-2143
Rhodena MacLeod, Secretary 587-2662
Christy MacKenzie, Treasurer 587-2482

Isle Madame New Horizons Senior Club

Arichat, NS
B0E 1A0

Alistair Jollymore, President 226-0554
Gloria LeBlanc, Secretary 226-3075
Jeanette Roberts, Treasurer

Louisdale Fleur des les Seniors

Louisdale, NS
B0E 1V0

Mary Cornell, Secretary 345-2025
Sylvia Hopkins, Treasurer 345-2706

L'Ardoise Jolly Seniors' Club

Rene Samson
L'Ardoise, NS
B0E 1S0

Rene Samson, President
Mary Lou Bedford, Secretary 587-2617
Virginia Getz, Treasurer 587-2814

River Bourgeois 50+ Seniors

Anne Sampson
R.R. # 1, River Bourgeois
Richmond Co., NS B0E 2X0

Anne Sampson, President 535-2803
Sharon Chilvers, Secretary 535-2514
Mary Ellen Penticost, Treasurer 535-2462

SHELBURNE COUNTY COUNCIL

Shelburne Senior Citizens' Council

Evelyn Crowell, Zone Rep.
Site 2, Box 1, Comp 2
Baccaro, NS B0W 1C0

Don Smith, President 745-1402
Ray Crooks, Secretary 637-3240
Mary Whitway, Treasurer 875-2852

CLUBS:

Cape Sable Island New Horizons Club

Don Smith
Clark's Harbour, NS
B0W 1P0

Don Smith, President 745-1402
Marlene Atkinson, Secretary 745-2694
Marjorie Ross, Treasurer 745-2560

Green Hill Senior Citizens' Club

Sheila Perry
P.O. Box 6
Upper Port La Tour, NS B0W 3N0

Marjorie Weeks, President 637-2525
Sheila Perry, Secretary 768-2515
Margaret McDonald, Treasurer 768-2970

Port Saxon Leisure Hour Club

Norma McGray
Clyde River
Shelburne, NS B0W 1R0

Ray Crooks, President 637-3240
Norma McGray, Secretary 637-2820
Vivian Smith, Treasurer 637-2766

Loyalist Seniors Club

Don Whitway
Box 192
Shelburne, NS B0W 1W0

Don Whitway, President 875-2852
Nancy Atkins, Secretary 875-3817
Rebecca Turner, Treasurer 875-1446

YARMOUTH COUNTY COUNCIL

Yarmouth County Senior Citizens' Council

Eileen Pothier
P.O. Box 227
Wedgeport, NS B0W 3P0

Eileen Pothier, President 663-4700
Cassie Amirault, Treasurer 762-2430

CLUBS:

Brooklyn Bright Lights

Helen Goodwin
15 Chestnut Street
Yarmouth, NS B5A 2N5

Eloise Forbes, President 742-8446
Helen Goodwin, Secretary 742-3246
Don Burns, Treasurer 742-3993

East Pubnico New Horizons Club

Jeanne d'Entremont
R.R. # 1, Lower East Pubnico
Yarmouth Co., NS B0W 2A0

Jeanne d'Entremont, President 762-2764
Celeste Amiro, Secretary 762-2660
Phyllis Belliveau, Treasurer 762-2805

Happy Seniors of Pinkney's Point

Viola Saulnier
R.R. # 1, Box 1711
Arcadia, NS B0W 1B0

Viola Saulnier, President 742-3806
Gertrude Deviller, Sec/Treas 742-5895

High Hopes Senior Citizens

Box 7253
R.R. # 4
Yarmouth, NS B5A 4A5

Louise Seeley, President 742-2580
Marina Tokai, Secretary 742-4733
Margaret Fearon, Treasurer 742-8396

Le Club des Acadiens Wedgeport

Phyllis Cottreau
Lower Wedgeport, NS
B0W 2B0

Heiner Mangels, President 663-2780
Claire Pothier, Sec/Treas. 663-4371

Nouveaux Horizons de la Baronie

Celina LeBlanc
Box 51
Middle West Pubnico, NS B0W 2M0

Celina LeBlanc, President 762-2012
Marina d'Entremont, Secretary 762-2452
Claire d'Eon, Treasurer 762-0307

Quinan New Horizons Club

Nettie Doucette
R.R. # 3 - Box 120
Tusket, NS B0W 3M0

Nettie Doucette, President 648-2888
Marilyn Muise, Secretary 762-2471
Adeline Doucette, Treasurer 648-2233

Ste. Anne du Ruisseau New Horizons

Tusket, NS
B0W 3M0

Pauline Bourque, President 648-2467
Phyliss Houston, Secretary 761-2178
Doug Nickerson, Treasurer 742-4790

PROVINCIAL / NATIONAL / OTHER ORGANIZATIONS

NS SENIORS GROUP OF IX

Chair Group of IX

Nova Scotia Government Retired Employees Association

Bernie LaRusic, President
21 Grandview Street
Sydney, NS B1P 3N4
tel/fax: 562-1901
cell: 561-6500
E-mail: bernielarusic_392@hotmail.com

Vice-Chair Group of IX

Gerontology Association of NS

Paige Moorhouse, President
Suite 1421 Veteran's Memorial Building
5955 Veteran's Memorial Lane
Halifax, NS B3H 2E1
tel: 473-8687
fax: 473-1050
E-mail:
paige.moorhouse@cdha.nshealth.ca

Secretary of Group of 1X

Nova Scotia Retired Teachers Organization

Phyllis Cote, President
1681 Riverside Road
West Bay Road, NS B0E 3L0
tel: 625-2306
fax: 227-7513
E-mail: bill@MRCassociates.ca

Canada's Association for the Fifty-Plus (CARP)

Bill VanGorder, President
5545 Stanley Place
Halifax, NS B3K 2C8
455-2945
fax: 455-0624
E-mail: sentinel@ns.sympatico.ca

Federal Superannuates National Assoc.

Ross Osborne
Provincial Advocacy Officer
37-Lorne Avenue
Dartmouth, NS B2Y 3E9
469-7421
E-mail: manorhill1@ns.sympatico.ca

Federation of Senior Citizens and Pensioners

Mary Fleck, President
8343 Cabot Trail
Margaree Forks, NS B0E 2A0
248-2838
E-mail: maryteapot@hotmail.com

Royal Canadian Legion, Nova Scotia /Nunavut Command

Jack Hatcher, Chairman
Veterans Services & Seniors Committee
Royal Canadian Legion
Nova Scotia Nunvut/Command
634 Old Sackville Road
Lr. Sackville, NS B4C 2K3
865-3483
jandchatcher@ns.sympatico.ca

Regroupement des Aînées et Aînés de la Nouvelle-Écosse

Charles Gaudet, President
19 Sidhu Drive
Beaverbank, NS B4G 1B8
864-1324
E-mail: charlesgaudet@ns.sympatico.ca

Canadian Pensioners Concerned,
represented by Community Links
 Contact: Barbara Carthew, President
 120 Beech Hill Road, R.R. # 1
 Rose Bay, NS B0J 2X0
 tel: 766-0334 h. 521-3470 c. 543-4226
 E-mail: haggis@foggycove.ca or
 carthew@mariner.ns.ca

**NATIONAL SENIORS'
 ORGANIZATIONS
 Congress of National Seniors
 Organizations**

The Congress consists of 11 major organizations representing seniors across Canada. It meets regularly to promote dialogue between seniors groups and governments on aging issues. The Congress has an ongoing working partnership with Health Canada's Division of Aging and Seniors and has met with the Minister and Deputy Minister of Health about seniors' issues. Congress members include:

- Alliance des associations de retraités et d'aînés du Québec
- Fédération des aînées et aînés francophones du Canada
- Association québécoise de défense des droits des personnes retraitées et préretraitées
- Canadian Association of Retired Teachers
- Canadian Association on Gerontology
- Canadian Pensioners Concerned
- Congress of Union Retirees
- Federal Superannuates National Association

- Health Secretariat Assembly of First Nations
- National Pensioners and Senior Citizens Federation
- Active Living Coalition for Older Adults

For more information, contact:
 Francis Bowkett, President
 Congress of National Seniors'
 Organizations
 c/o Federal Superannuates National
 Association
 1052 St. Laurent Blvd.
 Ottawa, ON K1K 3B4
 Phone: (613) 745-2559
 E-mail: bowkettf@fsna.com

OTHER SENIORS' & RELATED ORGANIZATIONS

Community Links

Sandra Murphy, Provincial Coordinator
P.O. Box 29103
Halifax, NS B3L 4T8
454-1128
E-mail: communitylinks@hfx.eastlink.ca
Website: www.nscommunitylinks.ca

Northwood Residents' Council

Linda Verlinden, Contact
2615 Northwood Terrace, Room 501
Halifax, NS B3K 3S5
454-3018

Regroupement des Aîné et Aînés de la Nouvelle-Écosse

Erina Termine
54 Queen Street
Dartmouth, NS B2Y 1G3
433-0860

Public Health Agency of Canada Atlantic Region

Maritime Centre
1505 Barrington Street, Suite 1525
Halifax, NS B3J 3Y6
426-2700
Website: www.pph-atlantic.ca

Nova Scotia Centre on Aging

Dr. Janice Keefe, Director
Mount Saint Vincent University
166 Bedford Highway
Halifax, NS B3M 2J6
457-6546
fax: 457-6455
website: www.msvu.ca/nsca

Chebucto Links

Valerie Connors, Coordinator
2080 Windsor Street
Halifax, NS B3K 5B2
422-3525
fax: 422-9611
E-mail: chebucto.links@ns.sympatico.ca
website: www.chebuctolinks.ca

Caregivers Nova Scotia

Sharon Reashore, Executive Director
7001 Mumford Rd, Tower 1, Suite 105
Halifax, NS B3L 4N9
421-7390 / 1-877-488-7390
fax: 421-7338
E-mail: support@caregiversns.org
website: www.caregiversns.org

Department of Seniors

Valerie White, CEO
1740 Granville Street, 4th Floor
P.O. Box 2065
Halifax, NS B3J 2Z1
424-4737 / 1-800-670-0065
fax: 424-0561
E-mail: seniors@gov.ns.ca
website: www.gov.ns.ca/seniors

SENIORS' CENTRES**Metro Region****Spencer House**

5596-Morris St.
Halifax, NS B3J 1C2
421-6131
E-mail: contactus@spencerhouse.ca
Staff: Deborah Dostal

Northwood Community Centre

2615 Northwood Terrace
Halifax, NS B3K 3S5
454-3351
President: Fred Wigginton

Bloomfield Centre

2786 Agricola St.
Halifax, NS B3K 4E1
490-4629

Rockingham Community Centre

199 Bedford Hwy.
Halifax, NS B3M 2J9
490-4686
Staff: Corey Robinson

Dartmouth Seniors' Service Centre

45 Ochterloney St.
Dartmouth, NS B2Y 4M7
465-5578
fax: 465-2755
Director: Wayne MacDonald

Silver and Gold Seniors' Centre

45 Connolly Road
Lower Sackville, NS B4E 1S6
864-5591
Staff: Jackie Cajolais

Cape Breton Region**Louisburg Fortress Club**

2290 Main-à-dieu Road
Main-à-dieu, NS B1C 1W6
Phone: 733-2944
President: Muriel Forgeron

Steelworkers and Sydney Pensioners Club

30 Inglis Street
Sydney, NS B1P 6H2
539-8000

North Shore Region**Valley View Villa - Seniors Outreach**

R.R. #1
Stellarton, NS B0K 1S0
752-8400
E-mail:
seniors.outreach@ns.sympatico.ca
Staff: Sharon Purvis

Club 60

P.O. Box 1012,
Antigonish, NS B2G 2L3
863-3649
Contact: Delia McChesney

Pictou County New Horizons Seniors' Centre

14 Kempt Street
P.O. Box 141
Pictou, NS B0K 1H0
485-2573 (centre)
President: Peter Rankin

Greenfield Oldsters

R.R. # 2
Aspen, NS B0H 1E0
522-2014
Volunteer: Flo Duffy

Valley Region**L.A.M.P.**

P.O. Box 427,
Windsor, NS B0N 2T0
798-4913
Volunteer: Vivian MacMillan

Berwick and Area**Senior Citizens' Centre**

210 Commercial Street
Berwick, NS B0P 1E0
538-7246

Kingston & Area Seniors' Association

Kingston Lions Club
Kingston, NS B0P 1R0
Phone: 765-3292
President: Minnie Rogers

South Shore Region**Bridgewater Senior Citizens' Club**

96 North Street
Bridgewater, NS B4V 2V6
543-2213
Volunteer: Edna Weldon

Sunnyside Senior Centre

1151 # 12 Hway.
R.R. #3
Chester Basin, NS B0J 1K0
275-4074
Volunteer: Shirley Morrison

Loyalist Senior Club

P.O. Box 192
Shelburne, NS B0W 1W0
875-2852
Volunteer: Don Whiteway

Western Region**Bear River New Horizons Centre**

Bear River, NS B0S 1B0
245-2234
Volunteer: Lynn Milbury

Tiverton Super Seniors

Tiverton
Long Island, NS B0V 1G0
839-2244
Volunteer: Diane Outhouse

Freeport Super Seniors

Freeport
Digby Co., NS B0V 1B0
839-2320
Volunteer: Anna Young

Westport Super Seniors

Westport
Digby Co., NS B0V 1H0
839-2052
Volunteer: Connie Bisson

Les Femmes Acadienne de Clare

P.O. Box 31
Saulnierville, NS B0W 2Z0
769-0719
Volunteer: Agnes Thibault

Yarmouth Golden Age Club

14 Second Street
Yarmouth, NS B5A 3C4
742-5354
Volunteer: Corrine LeBlanc

Nouveaux Horizons de la Baronnie

Box 98
Middle West Pubnico, NS B0W 2M0
762-2012
Volunteer: Celina LeBlanc