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FOR IMMEDIATE RELEASE

## **XTO Energy Donation Funds Student, Teacher Programs at Carlsbad Schools**

The contribution supports training on enhanced teaching models and the local educator pipeline

CARLSBAD, NEW MEXICO (March 16, 2021) — A contribution from XTO Energy will support the operations of two important education resources offered by the Carlsbad Municipal School District. The contribution will help fund the Education Rising program at Carlsbad High School as well as the Conscious Discipline program which will deliver training opportunities for educators, students and families.

“Conscious Discipline is actively changing the way educators respond to and support each student’s individual needs,” says Dr. Washburn, superintendent of Carlsbad School District. “Training families and staff to use a research-backed, brain state model to engage with students will have immediate and lasting effects on our children’s abilities to self-regulate, leading to more compassionate and productive classrooms and homes.”

Training opportunities offered in the Conscious Discipline program include a three-part webinar series about reaching and teaching children with trauma, virtual consultations for administrators and educators, custom training sessions, and e-course options. The program aims to create a compassionate culture and facilitate an intentional shift in adult understanding of behavior through the Conscious Discipline Brain State Model. Conscious Discipline empowers adults and educators to be conscious of brain-body states in themselves and children. It then provides them with the practical skills needed to manage thoughts, feelings and actions.

Through the Educators Rising program, students at Carlsbad High School are introduced early on to careers in education, inspiring interest in the field and strengthening the pipeline of Carlsbad’s teacher workforce. The grant from XTO Energy ensures students will continue receiving access to the program’s proven curriculum, resources and network opportunities while also advancing the city’s “grow your own” teacher recruitment strategy.

“The dedicated educators in the Carlsbad School District nurture our children’s curiosity and invest in their success. XTO Energy is proud to support the district in providing programs that complement classroom-based learning and enhance students’ experiences,” says Rick Cannon, production manager at XTO Energy.

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