



# Can Healthy (Asymptomatic) People Spread COVID-19?

## Fear

Some believe healthy people could be carriers and transmitters of COVID-19. A new term "asymptomatic," transmission was propagated and used to justify lockdowns and limited gatherings, fearing even the healthy can spread the virus.

## Fact

This has thoroughly been discredited as a false assertion. "Asymptomatic" spread was cautioned as a possibility but was never proven. All respiratory viruses are transmitted by infectious people showing symptoms such as a cough or fever. Healthy people can not be considered carriers or transmitters of COVID-19.