

# NAM NOTES

## STORIES OF NEIGHBORS HELPING NEIGHBORS



## NAM Welcomes Les Cave

**O**n August 13, 2018, Northwest Assistance Ministries (NAM) Board of Trustees announced the appointment of Les Cave as NAM's next President / CEO. The official job title is "Linda and Harlan Martens Endowed President/CEO" in reference to the endowed fund set up to support the position.

"The board conducted a thorough search, and we were delighted at the talent that came forward and showed an interest in the position," said Michael Watford, NAM's former Board Chair. "We are thrilled to have someone of Les Cave's caliber and background to lead NAM into our next chapter," continued Watford.

Cave started in fundraising when he worked at the Presbyterian Medical Mission Fund where he raised money for medical care in developing countries. From there he worked with Private Sector Initiatives (PSI), Rice University, and was the Executive Director / Campaigns and Major Gifts at UT Health Science Center. With his proven record for successful fundraising, he was asked to serve as the President of the CHRISTUS Foundation for Healthcare in 2003. In 2010, he became the organization's Director of System Philanthropy.

Cave said he'd learned about NAM over the years and heard about the work the organization had done in

reaching out to the community.

"It really is a nice, large organization doing just a whole lot of things in that community and engaging the community in service to their fellow man and woman," Cave said.

Les Cave's official start date was September 17, 2018. NAM held a special meet and greet with Cave on Tuesday, September 25, 2018 at Champions Country Club. It was a wonderful opportunity for the community to meet him and get to know him better.

With NAM's new fiscal year starting, it continues to look forward to more growth and program expansion with Cave as its leader.



# Letter from the CEO

Greetings! I am so grateful for the warm welcome I've received during my first weeks at NAM. What a pleasure it has been to meet many of you and see your passion for serving Neighbors in Need. If we haven't met, I hope our paths cross soon so I can personally thank you for all you do.



As I was being considered for this role, several things about NAM stood out to me. NAM touches so many people, with a wide variety of services that meet absolutely essential needs. That in itself is unique. The fact that NAM is guided by faith-based values is even more appealing.

Now that I'm here, I realize NAM is an even stronger, deeper organization. The support NAM receives is astounding—such generous neighbors helping neighbors. And our volunteers are incredible—the dedication and experience they bring allows us to have a much greater impact in the community.

And let me assure you that NAM is doing extremely well. Working together, let's strengthen what we are now doing, stay attentive and identify gaps in community services, and partner together to develop innovative ways to fill those gaps and advance our mission.

Thank you for all that you have invested over the past 35 years to create such a wonderful pillar of our community. I look forward to the journey ahead!

Sincerely,

*Les Cave*

*Linda & Harlan Martens Endowed President & CEO*

## FINANCIAL STATEMENT

*NAM Operating Statement of Activities for the Eleven Months Ended 8/31/18 (unaudited)*

Total Support and Revenues.....	\$12,463,236
<b>Expenses</b>	
Program Services.....	\$11,615,396
Management and General.....	\$600,920
Fundraising and Development.....	\$598,050
Total expenses.....	\$12,814,366
Increase (Decrease) in Net Assets.....	\$(351,130)

*NAM's fiscal year runs Oct. 1, 2017 to September 30, 2018*

## PROGRAMS & SERVICES

Development/Cash Donations.....	(281)-885-4608
Assistance & Housing Services.....	(281)-885-5600
Joanne Watford Nutrition Center.....	(281)-885-4589
Disaster Relief Services.....	(281)-885-4593
Pediatric Health Center.....	(281)-885-4630
Furniture Donations.....	(281)-885-4545
Family Violence Center.....	(281)-885-4673
Interfaith Homeless Network.....	(281)-885-4567
Training & Learning Center.....	(281)-885-4616
Meals on Wheels.....	(281)-885-4628
Senior Services.....	(281)-885-4600
NAM Resale.....	(281)-885-9000
NAM Resale Boutique.....	(281)-885-4544
Volunteer Coordinator.....	(281)-885-4604
<b>Other agencies at NAM:</b>	
Harris County Social Services.....	(281)-885-4591
Harris County Sheriff's Department.....	(281)-885-4523

## COMMUNITY PARTNERS

*Cash gifts of \$1,000 or more, excluding events, from July – September 2018*

Albert and Ethel Herzstein Charitable Foundation Anadarko Petroleum Corporation Anonymous Avalon Advisors, LLC Bank of America, N.A. Bentley & Associates P C Caldwell Companies, Inc. Christ The Good Shepherd Catholic Community City of Houston, Texas Coalition for the Homeless of Houston/Harris County, Inc. Cruise Industry Charitable Foundation Del Barto Tramonte Foundation Inc. ExxonMobil Foundation Faithbridge Church Greater Houston Community Foundation Harrell Family Foundation Houston Food Bank Houston Methodist Huntsman International LLC John P. McGovern Foundation John Wesley United Methodist Church Klein United Methodist Church	Kroger Lawrence and Nancy Padfield Foundation McLane Global Meals On Wheels America Medallion Foundation, Inc. Mustang Cat Charitable Fund National Charity League - Champions Chapter Northwoods Presbyterian Church Pilot Travel Centers LLC Primrose School of Champions Sewing & Vacuum Warehouse Spring Independent School District Target The Brown Foundation, Inc. The Crump Foundation The Engraved Pencil Foundation The Sprouts Healthy Communities Foundation Tomball Hospital Authority Treasurer of Harris County United Way of Greater Houston Wal-Mart Woodforest Charitable Foundation Working Partner, LLC
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# 2018 Jeans & Jewels LUNCHEON & STYLE SHOW

**O**n Thursday, September 13, 2018, Northwest Assistance Ministries (NAM) honored real estate mogul and community philanthropist Pam Hughes at the 2018 Jeans & Jewels Luncheon & Style Show. Over 410 people joined NAM at Shirley Acres and nearly \$80,000 was raised for NAM's Pediatric Health Center. It was an afternoon filled with fun, friends, and bling!

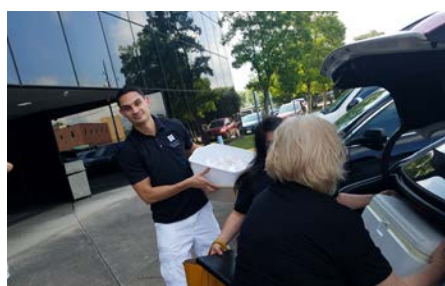
"NAM is a special place and the Pediatric Health Center is dear to my heart," said Hughes. "This was such a great luncheon," continued the Australian native. "I feel so honored to have been a part of it."

Hughes has served two terms on the NAM Board of Trustees and has been on the Jeans & Jewels committee for many years, helping raise more than \$8.5 million for the community. She also serves on the Boards of the Pearl Fincher Museum of Fine Arts and the Houston Northwest Chamber of Commerce.

The luncheon emcee, Katherine Whaley of ABC 13 kept things lively and entertaining. Attendees were able to buy raffle tickets and shop for clothes, bags, and jewelry from The Bath Hut Boutique and Kendra Scott, who also donated 20% of their sales from the event. The afternoon came to an end with a fantastic style show presented by Anything Bling.

Special thanks to co-chairs Carol Cobb and Linda Fowler and the Corporate Circle Sponsor of NAM's Pediatric Health Center, Southwestern Energy. Thank you to the event's major supporters, The Harrell Family Foundation, Cynthia and Rick Foley, Pam and Bob Hughes, Tony Lindsay, Anne Manning, Annette and Ron Young. NAM would also like to thank its major sponsors, PurePoint Financial, Fidelity Investments, Houston Methodist, Linda and Joe Fowler, Donna Asbill, Laura Barousse, Valerie vonBerg, and Janet and Commissioner Jack Cagle. And thank you to everyone who donated and came out to celebrate Pam Hughes and her service to her community and neighbors.





**L**ong before Grubhub or Uber Eats, there was another meal delivery service designed especially for seniors: Meals on Wheels.

For over 30 years, NAM's Meals on Wheels (MOW) program has delivered hot, well-balanced meals—free of charge—to the homes of seniors and other neighbors who are homebound because of disability or illness. Today, on average, nearly 800 individuals in northwest Houston receive meals through the program, delivered by more than 750 volunteers.

For many seniors, it's the highlight of their day. The doorbell rings and a cheerful volunteer from NAM has arrived with a hot, nutritious meal. After some friendly banter, the volunteer moves on to their next delivery. But a connection has been made; the elderly neighbor has been fed in both body and soul.

Meals on Wheels at NAM has been undergoing a major expansion since 2016 when it was awarded a contract from the Area Agency on Aging to serve four additional zip codes in the Bear Creek area. Since then, NAM has begun serving over 150 seniors in the new zip codes. The goal of serving a total of 750 seniors throughout 24 zip codes has been achieved.

"Meals on Wheels makes such a difference," says Grace Jackson, Director of Senior Services at NAM. "By meeting the basic needs of nutrition and a daily safety check on their well-being, many seniors can stay in the place they know and love—their own home."

Volunteers are an essential part of Meals on Wheels, and more are always needed. Deliveries happen around lunchtime, but volunteers choose how often they can serve—whether that's once a month, several times a week, or anywhere in between. Congregations, clubs, businesses, and other groups can also adopt a route, sharing the schedule between their members or employees.

"Our volunteers are often blessed by the experience as much or more as the seniors they serve," says Grace. "It really is a simple, beautiful expression of Neighbors Helping Neighbors."

One additional benefit the program provides is helping seniors care for their pets. Knowing that animals provide companionship and that seniors sometimes feel obliged to share their own meals with their furry friends, NAM's Meals on Wheels program now provides pet food and other treats. Donations are always welcome.

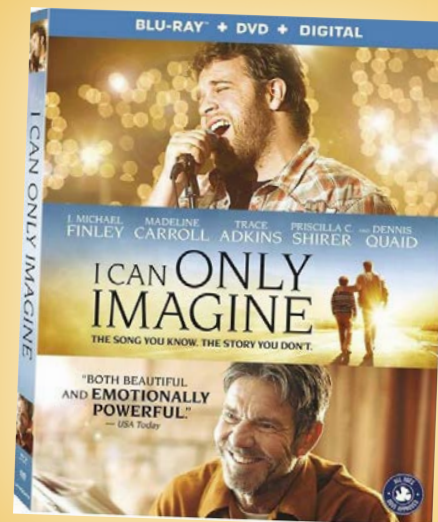
**To volunteer with Meals on Wheels, please contact Courtney Frost-Tadlock at [cfrost@namonline.org](mailto:cfrost@namonline.org). If you are a senior who could benefit from the program, please call (281) 885-4622 to apply for services.**



GUEST SPEAKER  
**Bart Millard**

Frontman of  
award-winning and  
chart topping  
Christian group

**MercyMe**



**SAVE • THE • DATE**

## MEET GRAMMY® AWARD NOMINATED BART MILLARD

The NAM Endowment Fund Dinner will take place on Monday, February 4, 2019, at the Marriott Springwoods Village at 1200 Lake Plaza Dr., Spring, TX 77389. This year, NAM welcomes guest speaker Bart Millard, frontman of award-winning Christian group MercyMe. The songwriting talents of Millard and his fellow band members have made MercyMe a radio mainstay, yielding 29 No. 1 multi-format Christian radio singles and four consecutive mainstream hits. The band's iconic song, "I Can Only Imagine" written solely by Millard, made history in 2014 as it surpassed 2 million digital downloads, making it the first song in Christian music to go platinum and double platinum in the digital domain. The song is also the inspiration behind Millard's first memoir and the critically acclaimed film of the same name.

For information on tickets, tables, or sponsorships please contact Samantha Gonzalez at (281)885-4609 or [sgonzalez@namonline.org](mailto:sgonzalez@namonline.org).

# The Way RE-SALE Should Be

Stop by NAM Resale located behind NAM! Whether you are on a treasure hunt, looking for current collections, designer clothing, or hard to find gems, NAM Resale is filled with great buys and surprises for all. Come visit us and experience a whole new level of shopping. NAM Resale is the way Resale should be!



**NAM  
RESALE**  
WHERE GOOD BUYS DO GOOD DEEDS  
Mon - Sat 10 a.m. - 6 p.m.  
**Located behind NAM**  
15555 Kuykendahl Rd., Houston, TX 77090

**NAM  
RESALE**  
WHERE GOOD BUYS DO GOOD DEEDS  
NAMNotes COUPON expires:  
12.31.2018

**50% OFF one item\***  
Located behind NAM's main building at  
15555 Kuykendahl Road  
Houston, TX 77090  
\*Excluding Furniture












NEF

Legacy Dinner

Coming Spring 2019

[www.neflegacy.org](http://www.neflegacy.org)

# NEW NAM-STARS

-  Cynthia Butler - Family Violence Center
-  Joel Garza - Assistance/Housing Services
-  Toria Jones - Family Violence Center
-  Janeka Russell - Assistance/Housing Services
-  Karen Thomas - Family Violence Center
-  Pam Thompson - Accounting
-  Charles Ware III - JWNC

Volunteer at

NAM



Holiday Coordinators are **DESPERATELY** needed for the upcoming holidays, starting Thursday, November 1, 2018. Holiday coordinators serve one day a week Monday through Friday, either in the mornings from 9 a.m.-12 p.m. or afternoon 12 p.m.-3 p.m., and they are key to making the holidays run smoothly. For more information or to volunteer, please contact NAM's Community Relations Coordinator, Courtney Frost-Tadlock, at (281) 885-4604.

# THANK YOU Volunteers!

## Corporate Volunteers

ADP  
Bank of America  
Eagleburgmann  
ExxonMobil  
DXC Technology  
Houston Methodist  
HP Inc.  
PurePoint Financial  
PV Fluid Products  
Southwestern Energy  
Walgreens

## Congregation Volunteers

Christ the Good Shepherd Catholic Community  
Cypress Creek Christian Church  
Faithbridge United Methodist Church  
Frassati Catholic School  
Holy Comforter Episcopal Church  
John Wesley United Methodist Church  
Kinsmen Lutheran Church

Klein United Methodist Church  
Lakewood United Methodist Church  
Lifepath Church  
North Oaks Baptist Church  
NorthWest Bible Church  
Northwoods Presbyterian Church  
Pass-A-Grille Beach Community Church  
Prince of Peace Catholic Community  
Resurrection Lutheran Church  
St. Dunstan's Episcopal Church  
St. Edward Catholic Community  
St. Ignatius of Loyola Catholic Church  
St. Timothy's Anglican Church  
Trinity Lutheran Church  
Windwood Presbyterian Church

## Service Affiliates

Aldine ISD  
Alpha Kappa Alpha-Omicron Tau Omega Chapter  
Bent Sprockets

Commissioner Pct. 4 Senior Adult Program  
Cy-Fair ISD  
Cypress-Woodlands Junior Forum  
E.B.O.N.Y.  
Epsilon Sigma Alpha, Gamma NU #5432  
Houston North Filipino American Community  
Interface-Samaritan Counseling Centers  
Junior Guild, Inc.  
Junior League of the Woodlands  
Klein ISD  
Klein ISD-Life Readiness Program  
LDS Youth Leadership  
Legacy League  
Lonestar College Nursing Program  
Lonestar College Occupational Therapy Program  
National Charity League Chapters  
Spring High School  
UH School of Nursing  
TWU Nursing Program





# NAM IN ACTION

## Mobile Food Pantry



Starting at 9 a.m. on Saturday, October 27, 2018 the Joanne Watford Nutrition Center will be hosting a Mobile Food Pantry in the parking lot at NAM. Food will be distributed to approximately 200 low-income families on a first-come, first-served basis. Please bring a photo ID and bags or boxes to carry the food.

## 2018 Back to School Project

Thanks to generous donations throughout the year, NAM purchased school supplies for local children in need from kindergarten through 12th grade. This year, NAM handed out school supplies to 2,000 students on Saturday, August 4 and Monday, August 6. Over 1,000 families came to NAM to pick up the supplies their child needed to start school off on the right foot.

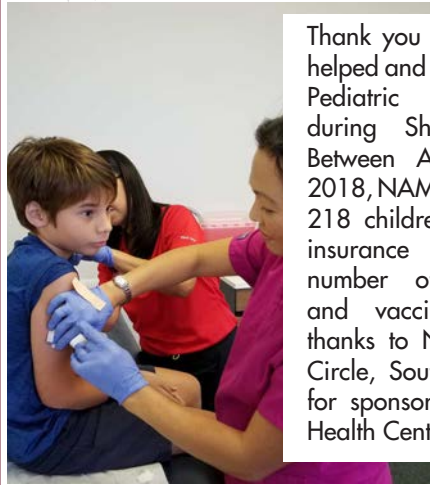


## Christus Health Flu Shot Clinic



Christus Health Foundation will be providing flu vaccines for children and adults on-site at NAM on Wednesday, October 31, 2018 from 9 a.m. to 11 a.m. Vaccines are free of charge, and will not be applied to insurance. No appointment is necessary.

## SHOT BLITZ 2018



Thank you to everyone who helped and supported NAM's Pediatric Health Center during Shot Blitz 2018. Between August 4 - 15, 2018, NAM was able to serve 218 children without health insurance with 703 total number of immunizations and vaccinations. Special thanks to NAM's Corporate Circle, Southwestern Energy for sponsoring the Pediatric Health Center.

## Holiday Project

The Emergency Basic Needs program at NAM is now offering walk-in registration for the Holiday Project. Registration will take place from 9 a.m. to 11 a.m. on Mondays, Wednesdays and Fridays and on Tuesdays from 5 p.m. to 6:30 p.m. until the goal of 1,000 families is reached.

This program provides vouchers to qualifying clients for holiday food in November and December, and toy vouchers for families with children 12 and under. If you need more information, please visit [namonline.org](http://namonline.org) or call (281) 885-4597.

## Wellness Fair

On Saturday, October 27, 2018 from 9 a.m. - 1 p.m. NAM's CCHH Healthy Family Movement will host a Wellness Fair. Participants can receive free flu shots and health screenings. There will also be shingles and pneumonia shots available for seniors courtesy of Walgreens.\* Plus, adults can get a free eye exam provided by Prevent Blindness Texas.

*\*Shots provided courtesy of Walgreens and will be provided on a first-come, first-served basis for those without health insurance. Insurance will be applied for those who are insured.*

## 35th Anniversary Fun Fact

February 1991

NAM's Family Violence Center started. The FVC provides the resources to help clients find safe places, and offers support and the services to begin again on new paths. The FVC offers a variety of services to victims/survivors of domestic violence and sexual assault. To access these services call the FVC Hotline at (281) 885-4673.







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Nonprofit Partner  
**DONORHOUSTON**  
A SERVICE OF GREATER HOUSTON COMMUNITY FOUNDATION

**HOLIDAY BLESSINGS**

2,754 children received a toy

1,839 families received food for the holidays

172,059 meals were provided to seniors from NAM's Senior Services Department

This holiday season, many families and seniors won't be able to afford food. And many young children will go without food or gifts for the holiday. What better way to celebrate the holidays than by sharing what you have with your neighbors who are in need?

Your gift will help NAM continue to provide a number of greatly needed services to families and individuals in the community – including food and gifts during the holidays. Your support will make all the difference in the impact our programs can have.

Your gift will help children in need!

- ☐ Holiday Helper \$35
- ☐ Song of Hope \$50
- ☐ Merry & Bright \$100
- ☐ Precious Gift \$250
- ☐ Cheerful Cherubim \$500
- ☐ NAM Star \$1,000
- ☐ Other \$ \_\_\_\_\_

## NAM NOTES

Fall 2018

NAM Notes is the newsletter of Northwest Assistance Ministries. NAM Notes is published quarterly.

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