

# Volunteer Opportunities



Volunteers play a vital role at Northwest Assistance Ministries, and NAM could not fulfill its mission without them. NAM, with the help of its volunteers, has been helping neighbors in need since 1983. More than 2,500 volunteers donate their time and skills on a regular basis to help NAM serve those in need in the northwest Houston community.

Volunteers must be at least 16 years of age unless accompanied by a parent. Certain programs indicated with an \* require volunteers to be 18 or older to participate.

## \*Meals on Wheels (MOW)

*Provides nutritious meals and groceries to homebound seniors and disabled adults.*

**Volunteer Opportunities** - Meal Delivery Drivers are needed at three locations to deliver meals.

Monday - Saturday, mornings only, 9 a.m. - 12 p.m.

## Joanne Watford Nutrition Center (Food Pantry)

*Choice food pantry that provides groceries and meals for clients.*

**Volunteer Opportunities** - Food Sorting/Stocking, Client Assistance

Mondays and Tuesdays, daytime; Fridays 12:30 p.m. - 3:30 p.m.

## Assistance - Emergency Basic Needs

*Provides emergency assistance for basic needs, including shelter, food, prescriptions and clothing.*

**Volunteer Opportunities** - Assistance Interviewer, Receptionist

Monday - Friday, daytime

## Assistance - Housing Services

*Provides housing assistance and case management.*

**Volunteer Opportunities** - Data Entry, Donation Room Sorter, Receptionist

Monday - Friday, daytime

## \*Resale Store

*Receives and sells donations, generating funds for NAM's programs and services.*

**Volunteer Opportunities** - Sorting, Tagging, Organizing, Creating Displays, Data Entry, Greeting Customers

Monday - Saturday, mornings and afternoons

## Development

*Responsible for fundraising, volunteers, and special events.*

**Volunteer Opportunities** - Office and Data Entry, Opportunities available for Special Events

Monday - Friday, daytime; some evenings and weekends for special events

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## Fifty Plus Senior Center

*Offers activities and classes to enhance the lives of seniors. The Center also serves hot meals to seniors on Mondays, Wednesdays, and Fridays and provides transportation to NAM.*

**Volunteer Opportunities** - Lunch Servers on Mondays, Wednesdays, and Fridays; Receptionists, Substitute Bus Drivers, Activity Leaders and Bingo Callers - Monday - Friday, daytime

## \*Pediatric Health Center

*Offers primary health care for children from infancy through age 18.*

**Volunteer Opportunities** - Data Entry, Filing/Shredding, Spanish/English Translators  
Monday - Friday, daytime

## \*Learning Center

*Offers adult education, vocational training, job search assistance and financial literacy classes.*

**Volunteer Opportunities** - Receptionist  
Monday - Thursday, daytime

## \*Family Violence Center

*Provides resources and support for victims and survivors of domestic abuse and sexual assault.*

**Volunteer Opportunities** - Answering Hotline Calls, Intakes with Clients, Case Management  
Mondays, Wednesdays, and Fridays, 9 a.m. - 3 p.m.

## \*Information Technology

*Oversees all IT support through NAM.*

**Volunteer Opportunities** - Assistance with troubleshooting, configuring (loading software), break-down of PCs and laptops  
Monday - Friday, daytime

## Relief Services

*Provides assistance with short and long term recovery efforts, including referrals, deposits, and more.*

**Volunteer Opportunities** - Answering Phones, Taking Messages, Translating, Office Organization  
Monday - Friday, daytime

## Special Events

*NAM hosts a variety of events throughout the year where volunteers are needed, including:*

*Back to School Supply Distribution, Career/Job Fairs, Holiday Food and Toy Distribution, Jeans & Jewels events.*  
Times vary - includes opportunities for evenings and weekends.

## More Opportunities:

**Volunteer Groups** - Groups of volunteers are always welcome to join NAM for a day of service. Please contact NAM's Community Relations Coordinator to schedule a youth group, employer day of caring, scout troop, congregational service, or any other group than wants to help a neighbor in need!

**Donations** - NAM is always in need of volunteers and groups to donate project supplies such as groceries, toiletry baskets, birthday bags for children and teens, move-in supplies for housing assistance clients and more!

**For more information contact NAM's Community Relations Coordinator at [volunteer@namonline.org](mailto:volunteer@namonline.org) or visit <http://namonline.org/volunteer>**

*Northwest Assistance Ministries is a non-profit, community-based social service agency that strives to meet basic human needs through Neighbors Helping Neighbors. NAM provides assistance in areas such as food, shelter, health, education and domestic violence awareness and intervention. During its last fiscal year, NAM touched the lives of more than 130,000 people through its many programs and services.*