



NAM'S PROGRAMS & SERVICES



EMERGENCY BASIC NEEDS

281.583.5600

Monday - Thursday: 8:30 a.m. - 3:30 p.m.

Friday: 8:30 a.m. - 3 p.m.

Extended hours: Tuesdays 5 p.m. - 7 p.m.

Emergency Basic Needs provides temporary assistance for neighbors facing a crisis, including food, clothing, prescription medicines, gasoline vouchers, bus tokens, financial help with rent or mortgage, and referrals to other organizations. Families may also qualify to receive school supplies, as well as holiday food and toys.

HOUSING SERVICES

281.885.4531

Monday - Thursday: 8:30 a.m. - 3:30 p.m.

Friday: 8:30 a.m. - 3 p.m.

Housing Services at NAM is a comprehensive program to put families who are homeless or at risk of becoming homeless on a path toward self-sufficiency. Services include financial assistance with rent or mortgage, help finding affordable housing, case management, and referrals to address other needs the family may be facing.

Some of NAM's housing programs aid specific groups, such as the Veterans Assistance Program and the Homes for School Children project. NAM is also the only Coordinated Access location in northwest Harris County for Continuum of Care, a federal program whose goal is to create integrated, community-wide strategies to prevent and end homelessness.

JOANNE WATFORD NUTRITION CENTER

For Food Assistance: 281.583.5600 To

Donate Food: 281.885.4589

Monday - Thursday: 8:30 a.m. - 3:30 p.m.

Friday: 8:30 a.m. - 3 p.m.

The Joanne Watford Nutrition Center (JWNC) is a choice food pantry that operates much like a grocery store. Guests choose their own food from designated categories, including fresh produce, meat, dairy, and frozen items. The JWNC also offers specialized services such as a mobile food pantry, holiday meals for families in need, and cooking demonstrations of tasty, healthy recipes.

PEDIATRIC HEALTH CENTER

281.885.4630

Monday - Thursday: 8 a.m. - 5 p.m.

Friday: 8 a.m. - 4 p.m.

Closed 11:30 a.m. - 12:30 p.m.

The Pediatric Health Center at NAM provides top-quality primary care for children from birth to age 18, as well as integrated comprehensive healthcare.

As a partnership between NAM and the University of Texas Health Science Center, the PHC cares for everyday medical needs of children with or without insurance, including Medicaid and CHIP. But it goes far beyond that to address issues that may be impacting a child's health, such as financial need, their home environment, nutrition and exercise, coordination with specialists, or the need for behavioral health therapy.

New this year is the Community Centered Health Home. NAM is leading the way in addressing issues that impact the community as a whole, with educational sessions, mobile health screenings and well woman exams for adults, wellness fairs, and conversations that bring the community together to address health-related issues.

INTERFAITH HOMELESS NETWORK

281.885.4567

Monday - Thursday: 8:30 a.m. - 3:30 p.m.

Friday: 8:30 a.m. - 3 p.m.

The Interfaith Homeless Network at NAM is a collaboration of faith-based congregations who work together to meet the needs of local families who are homeless. Congregations participate in any of three ways: serving on search and place teams to help families find a safe, affordable place to live; providing furnishings or specific financial assistance to a family; or conducting donation drives for coats, blankets, move-in kits and other essential items.

NAM RESALE

281.880.9000

Store Hours:

Monday - Saturday: 10 a.m. - 6 p.m.

Donation Hours:

Monday - Saturday: 9 a.m. - 4:45 p.m.

NAM Resale operates two stores offering gently-used clothing, furniture, household items and more at very affordable prices. Income generated by the stores helps support NAM's programs and services. In addition, when NAM's clients need clothing or household items, a voucher system allows them to choose exactly what they need in the styles they prefer—free of charge.

FIFTY PLUS SENIOR CENTER

281.885.4600

Monday: 8 a.m. – 5 p.m.
Tuesday - Friday: 8 a.m. – 3 p.m.

Fifty Plus is designed to help anyone over the age of 50 meet new friends, stay active, and have a fun outlet for mental and physical activity.

The program offers an exciting array of activities for seniors to choose from, including cultural trips to the theater or museums; educational classes on topics like money management, nutrition, or safe driving; physical activities such as yoga or line dancing; and games ranging from Bingo to Wii bowling. Three days a week, seniors can also gather at NAM's 60+ Café for a hot, nutritious lunch with friends—free of charge.

MEALS ON WHEELS

281.885.4622

Monday - Thursday: 8 a.m. - 5 p.m.
Friday: 8 a.m. - 4 p.m.

Meals on Wheels delivers hot, well-balanced meals—free of charge—to the homes of seniors and other neighbors who are homebound because of disability or illness.

Each weekday, an average of 755 individuals throughout 24 zip codes receive meals through NAM's program. Some seniors also receive meals on Saturdays, monthly grocery deliveries, and/or pet food. The program is possible only because of more than 750 volunteers who deliver the meals along with a friendly smile and a daily check on well-being.

FAMILY VIOLENCE CENTER

24-Hour Hotline

281.885.4673 / 888.750.HOPE

Office hours:

Monday – Thursday: 8 a.m. – 5 p.m.
Friday: 8 a.m. – 4 p.m.

The Family Violence Center at NAM provides crisis intervention, safety planning, a 24-hour hotline, adult and children's counseling, emergency shelter, and legal advocacy for those in abusive relationships as well as victims of sexual assault. A youth education program reaches thousands of teens with lifesaving information, and a pilot housing program for victims of domestic violence provided safe housing for 70 families this year.

Through NAM's comprehensive array of services, FVC clients can also receive food, clothing, transportation and more, to help them out of dangerous situations and put them on a path toward a new beginning.

LEARNING CENTER

281.885.4616

Monday – Thursday: 8:30 a.m. – 4 p.m.

The Learning Center at NAM helps adults gain the necessary skills to chart a career path that will lead to financial stability.

Through a partnership with Harris County Department of Education, adults can learn English, take Adult Basic Education classes, or prepare for the GED. As part of the THRIVE program from United Way, vocational scholarships are awarded to qualifying adults for training in careers such as: welding, phlebotomy, certified nursing assistant, administrative assistant, accounting assistant, HVAC, sterile processing technician, and community health worker. THRIVE students also receive job search assistance to help them begin their new careers, and financial coaching to assist them in meeting their financial goals. The Learning Center in partnership with the Women's Resource of Greater Houston also offers Financial Literacy classes monthly to the general public and Learning Center clients.

DISASTER RELIEF SERVICES

281.885.4593

Monday – Thursday: 8:30 a.m. – 3:30 p.m.
Friday: 8:30 a.m. – 3 p.m.

Disaster Relief and Behavioral Health Services became an official program of NAM in 2017, in response to overwhelming community needs after Hurricane Harvey. Like NAM, Relief offers a multitude of services in one location and works with Rebuild partners to help neighbors recover.

Through a variety of partnerships and funding sources, Relief provides mortgage & rental assistance, emergency housing, food, car repairs and down payments, counseling, construction materials, labor partnerships to repair damaged homes, furniture, appliances and more. Relief designs recovery plans with each family, looking at long-term solutions that will best help them recover from the storm and rebuild their lives on solid ground.

