EMERGENCY BASIC NEEDS
281.583.5600
Monday - Thursday: 8:30 a.m. - 3:30 p.m.
Friday: 8:30 a.m. - 3 p.m.
Extended hours: Tuesdays 5 p.m. - 7 p.m.
Emergency Basic Needs provides temporary assistance for neighbors facing a crisis, including food, clothing, prescription medicines, gasoline vouchers, bus tokens, financial help with rent or mortgage, and referrals to other organizations. Families may also qualify to receive school supplies, as well as holiday food and toys.

HOUSING SERVICES
281.885.4531
Monday - Thursday: 8:30 a.m. - 3:30 p.m.
Friday: 8:30 a.m. - 3 p.m.
Housing Services at NAM is a comprehensive program to put families who are homeless or at risk of becoming homeless on a path toward self-sufficiency. Services include financial assistance with rent or mortgage, help finding affordable housing, case management, and referrals to address other needs the family may be facing.

JOANNE WATFORD NUTRITION CENTER
For Food Assistance: 281.583.5600 To
Donate Food: 281.885.4589
Monday - Thursday: 8:30 a.m. - 3:30 p.m.
Friday: 8:30 a.m. - 3 p.m.
The Joanne Watford Nutrition Center (JWNC) is a choice food pantry that operates much like a grocery store. Guests choose their own food from designated categories, including fresh produce, meat, dairy, and frozen items. The JWNC also offers specialized services such as a mobile food pantry, holiday meals for families in need, and cooking demonstrations of tasty, healthy recipes.

PEDIATRIC HEALTH CENTER
281.885.4630
Monday – Thursday: 8 a.m. – 5 p.m.
Friday: 8 a.m. – 4 p.m.
Closed 11:30 a.m. – 12:30 p.m.
The Pediatric Health Center at NAM provides top-quality primary care for children from birth to age 18, as well as integrated comprehensive healthcare.

INTERFAITH HOMELESS NETWORK
281.885.4567
Monday - Thursday: 8:30 a.m. - 3:30 p.m.
Friday: 8:30 a.m. - 3 p.m.
The Interfaith Homeless Network at NAM is a collaboration of faith-based congregations who work together to meet the needs of local families who are homeless. Congregations participate in any of three ways: serving on search and place teams to help families find a safe, affordable place to live; providing furnishings or specific financial assistance to a family; or conducting donation drives for coats, blankets, move-in kits and other essential items.

NAM RESALE
281.880.9000
Store Hours:
Monday – Saturday: 10 a.m. – 6 p.m.
Donation Hours:
Monday – Saturday: 9 a.m. – 4:45 p.m.
NAM Resale operates two stores offering gently-used clothing, furniture, household items and more at very affordable prices. Income generated by the stores helps support NAM's programs and services. In addition, when NAM's clients need clothing or household items, a voucher system allows them to choose exactly what they need in the styles they prefer—free of charge.
FIFTY PLUS SENIOR CENTER
281.885.4600
Monday: 8 a.m. – 5 p.m.
Tuesday - Friday: 8 a.m. – 3 p.m.

Fifty Plus is designed to help anyone over the age of 50 meet new friends, stay active, and have a fun outlet for mental and physical activity.

The program offers an exciting array of activities for seniors to choose from, including cultural trips to the theater or museums; educational classes on topics like money management, nutrition, or safe driving; physical activities such as yoga or line dancing; and games ranging from Bingo to Wii bowling. Three days a week, seniors can also gather at NAM’s 60+ Café for a hot, nutritious lunch with friends—free of charge.

MEALS ON WHEELS
281.885.4622
Monday - Thursday: 8 a.m. - 5 p.m.
Friday: 8 a.m. - 4 p.m.

Meals on Wheels delivers hot, well-balanced meals—free of charge—to the homes of seniors and other neighbors who are homebound because of disability or illness.

Each weekday, an average of 755 individuals throughout 24 zip codes receive meals through NAM’s program. Some seniors also receive meals on Saturdays, monthly grocery deliveries, and/or pet food. The program is possible only because of more than 750 volunteers who deliver the meals along with a friendly smile and a daily check on well-being.

FAMILY VIOLENCE CENTER
24-Hour Hotline
281.885.4673 / 888.750.HOPE
Office hours:
Monday - Thursday: 8 a.m. – 5 p.m.
Friday: 8 a.m. – 4 p.m.

The Family Violence Center at NAM provides crisis intervention, safety planning, a 24-hour hotline, adult and children’s counseling, emergency shelter, and legal advocacy for those in abusive relationships as well as victims of sexual assault. A youth education program reaches thousands of teens with lifesaving information, and a pilot housing program for victims of domestic violence provided safe housing for 70 families this year.

Through NAM’s comprehensive array of services, FVC clients can also receive food, clothing, transportation and more, to help them out of dangerous situations and put them on a path toward a new beginning.

LEARNING CENTER
281.885.4616
Monday – Thursday: 8:30 a.m. – 4 p.m.

The Learning Center at NAM helps adults gain the necessary skills to chart a career path that will lead to financial stability.

Through a partnership with Harris County Department of Education, adults can learn English, take Adult Basic Education classes, or prepare for the GED. As part of the THRIVE program from United Way, vocational scholarships are awarded to qualifying adults for training in careers such as: welding, phlebotomy, certified nursing assistant, administrative assistant, accounting assistant, HVAC, sterile processing technician, and community health worker. THRIVE students also receive job search assistance to help them begin their new careers, and financial coaching to assist them in meeting their financial goals. The Learning Center in partnership with the Women’s Resource of Greater Houston also offers Financial Literacy classes monthly to the general public and Learning Center clients.

DISASTER RELIEF SERVICES
281. 885.4593
Monday – Thursday: 8:30 a.m. – 3:30 p.m.
Friday: 8:30 a.m. – 3 p.m.

Disaster Relief and Behavioral Health Services became an official program of NAM in 2017, in response to overwhelming community needs after Hurricane Harvey. Like NAM, Relief offers a multitude of services in one location and works with Rebuild partners to help neighbors recover.

Through a variety of partnerships and funding sources, Relief provides mortgage & rental assistance, emergency housing, food, car repairs and down payments, counseling, construction materials, labor partnerships to repair damaged homes, furniture, appliances and more. Relief designs recovery plans with each family, looking at long-term solutions that will best help them recover from the storm and rebuild their lives on solid ground.

THRIVE students also receive job search assistance to help them begin their new careers, and financial coaching to assist them in meeting their financial goals. The Learning Center in partnership with the Women’s Resource of Greater Houston also offers Financial Literacy classes monthly to the general public and Learning Center clients.