VOLUNTEERS NEEDED

Meals on Wheels

Volunteer drivers needed to deliver meals at:

- NAM
- Windwood
- Bear Creek

Monday - Saturday
8 a.m. - 12 p.m.

58% of home-delivered meal recipients live alone, and for many of them, the person delivering the meal is often the only person they will see that day.

Volunteers must wear a face mask and social distancing is enforced

SIGN UP TODAY!

(281) 885-4604 • volunteer@namonline.org
www.namonline.org/volunteer