

To register for the
Caregiver Conference to be held at

Northwest Assistance Ministries
The Harrell Family Opportunity Center
Behind the NAM Main Building

15555 Kuykendahl Rd.
Houston, TX 77090

Call or register online:
713.682.5995 CarePartners
www.CarePartnersTexas.org
(Click on Educational Resources)

There is NO charge to attend the conference.

By attending this conference, I consent for me, and my
loved one (if applicable), to be photographed or
videotaped and to the possible use of these photos and
videos in print and social media.

CarePartners' Programs

Gathering Place: 3.5 hour highly engaging
program for individuals with memory loss (family
caregivers receive 3.5 hours of respite).

Common Ground: Support group for caregivers
caring for loved ones with memory loss and other
challenges of aging.

Second Family: Homebound program to help
individuals living with challenges of aging or illness.

Caregiver Educational Events: Conferences and
workshops that connect family caregivers with
education & resources.

CarePartners Volunteer & Giving Opportunities

email: info@CarePartnersTexas.org

To donate:

www.CarePartnersTexas.org

CarePartners
701 N. Post Oak Road, Ste. 330
Houston, TX 77024
713.682.5995
NAM Conference

CAREGIVER Conference



Equipping and encouraging
FAMILY CAREGIVERS
through skill-building
workshops and resources.



A free community service event presented
by CarePartners and



NORTHWEST
ASSISTANCE
MINISTRIES
Neighbors Helping Neighbors

February 22, 2020

8:00 AM - 12:00 PM

Northwest Assistance Ministries
The Harrell Family Opportunity Center
Behind NAM Main Building
15555 Kuykendahl Rd, Houston, TX 77090

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TIMELINE

8:00 AM	Check In / Exhibits / Breakfast
8:30 - 8:40 AM	Opening Remarks
8:40 - 8:50 AM	Invocation
9:00 - 10:15 AM	Session 1
10:15 - 10:45 AM	Break / Exhibits
10:45 - 12:00 PM	Session 2

BREAKFAST SPONSOR



EXHIBITOR SPONSOR



COMPLIMENTARY RESPITE PROVIDED BY



Please contact Cheryl McClure at 281-382-2754 to reserve a spot for your loved one today.

SESSION 1 | 9:00 - 10:15 AM

- 1. Things to ask Your Primary Care Physician**
Dr. Sarah Candler, Iora Primary Care
One of the most important steps you can take in protecting your health, or the health of a loved one in your care, is building a strong relationship with your Primary Care Physician. Learn about the things you didn't know you could ask your primary care providers to help with.
- 2. Dementia Caregiving from a Caregiver's Perspective**
Leah Stanley, Author/Speaker
Get tips and tricks on how to navigate the tangled path of caregiving for a loved one with Alzheimer's or dementia. This talk will be a down-to-earth discussion on the world of eldercare from the perspective of a family caregiver who has been through it.
- 3. HomeFit: Keeping Your Home Safe for Loved Ones**
AARP
This presentation will focus on smart solutions for making your home comfortable and safe. Most people age 50 and older want to stay in their homes and communities for as long as possible. The AARP HomeFit Guide was created to help people stay in the homes they love.

SESSION 2 | 10:45 - 12:00 PM

- 4. Questions Answered - Caregiver Wellness Panel Discussion**
Holly Hall Retirement Community
A panel discussion focused on caregiver wellness. The panel will cover all aspects of caring for yourself and your loved one including nutrition, exercise, navigating benefits, respite care and more!
- 5. A Gift of Love: Why Funeral Pre-Planning is Important**
Dignity Memorial - Forest Park the Woodlands Funeral Home & Cemetery
Planning a funeral for a family member can be emotional, complicated and costly. Creating a funeral plan well in advance can help minimize stress and confusion.
- 6. VA Benefits for Caregivers**
Vincent C. Morrison
Harris County Veteran Service Officer
Learn about benefits available through the Veterans Administration, eligibility and how to apply including non-pension related benefits and the aid and attendance program. A representative will also be available to answer any questions you may have.

MEDIA SPONSOR

SENIOR RESOURCE GUIDE



Pictured above: Caregivers attending a CarePartners' Caregiver Conference



Exhibitor information can be found on our website www.CarePartnersTexas.org