

How to Raise A Tweenager, Resource Page

Parent & Child Resources

www.kidshealth.org

www.brightfutures.org

www.bullyfree.com

www.stopbullying.gov

The National Child Traumatic Stress Network www.nctsn.org

Parental Internet Monitoring Sites/Apps

www.Qustodio.com

www.kidslox.com

Books for Parents and Tweens

Helping Your Child Through Early Adolescence by the US Department of Education

How to Take the Grrrr Out of Anger (Laugh & Learn) by Elizabeth Verdick

Getting to Calm: Cool-Headed Strategies for Parenting Tweens + Teens by Laura S. Kastner

How to Talk So Kids Will Listen & Listen So Kids Will Talk by Adele Faber