

# URBS AETERNA

## FALL TRIP TO ROME, 2016



### GOLDEN AGE TOURS



### THE PAIDEIA INSTITUTE

TRIP LEADER: DR. ALICE RUBINSTEIN

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# ABOUT THE PAIDEIA INSTITUTE & GOLDEN AGE TOURS



The Paideia Institute for Humanistic Study, Inc. is a non-profit organization whose mission is to promote the study of the classical humanities through innovative, experienced-based educational programming in the U.S. and abroad. Founded in 2010, the Institute currently attracts talented and motivated students across America to its Living Latin and Greek summer programs. Additionally, the Institute partners with high schools and universities to design customized educational experiences in Italy, Greece, and elsewhere in Western Europe. Paideia staff members all have advanced degrees in Classics or related fields and extensive experience in the countries where we operate.

The Paideia Institute has recently begun a new program, Golden Age Tours. These tours are designed to meet the needs and interests of older adult travelers who want a more in-depth travel experience than that provided by commercial package tours. All Golden Age Tours will be accompanied by a Paideia Teaching Assistant, a trained Classicist who speaks fluent Italian and has extensive experience living and teaching in Italy. The Paideia TA will accompany the group throughout the tour, manage the logistics of the trip, and assist the group leader with on-site instruction. In addition, one of the Institute's directors will be assigned to the group and will visit periodically to check in and participate. The director will also be on call 24/7 in case of emergencies.



# PROGRAM STAFF



## DIRECTORS



**E**RIC HEWETT is a long-time resident of Rome, where he teaches Latin and Italian at the university level. For the past five years he has also worked as a private docent for Context Travel. Eric has a Ph.D. in Medieval Philosophy from the University of Salerno and an M.A. in Patristic Sciences from the Augustinian Pontifical University in Rome.

Since 2011, Eric has managed the European operations of the Paideia Institute and has taught and directed its summer programs.



**J**ASON PEDICONE is the Paideia Institute's co-founder and Director of U.S. Operations. He has a Ph.D. in Classics from Princeton University. He has taught Latin and Greek at the university level in the U.S. and Europe.

Jason has years of experience leading educational trips to Italy. Since 2011, he has taught and directed Paideia's summer programs and has worked to coordinate trips abroad for American high schools and universities.

# PROGRAM DETAILS



This program includes the following:

## **Transportation**

- ▶ Flights to and from Rome
- ▶ Transfer to hotel in a private coach
- ▶ Within the city of Rome, the easiest way to get around is by public transport. Each participant will receive a pass for the Rome Public Transportation Network
- ▶ Transport between cities by private coach or train.
- ▶

## **Accommodation**

- ▶ Housing in comfortable hotels in the city center. A typical hotel Golden Age Tours uses is Casa per Ferie dei Cappucini (<http://www.icappucciniroma.it/4/>)
- ▶ Shared double or single rooms

## **Food**

- ▶ Breakfast buffet every morning
- ▶ Three group meals: two dinners at carefully selected Roman restaurants and one lunch in the Jewish Ghetto

## **Guiding and Support**

- ▶ Itinerary designed to meet the interests of the group.
- ▶ A Paideia Assistant: an Italian-speaking graduate student in Classics who stays with the group to provide assistance and logistical support for the entire trip
- ▶ Entrance tickets to all sites and museums
- ▶ Italian cell phone for the group leader

## **Insurance**

- ▶ Travel Insurance through Travelguard

## **Not Included**

- ▶ Extra baggage costs
- ▶ Other meals
- ▶ Gelato, snacks, souvenirs



# ITINERARY



## **Thurs. October 13th**

Fly out of Newport News, VA

## **Fri. October 14th: An Introduction to Rome**

AM - Transfer from Fiumicino Airport and check in to our hotel

PM - Visit the Janiculum Park with its panoramic views of Rome, the magnificent fountain of Paul V, and a masterpiece of Renaissance architecture, the Tempietto of Bramante. Conclude the afternoon with a walking tour of the picturesque quarter of Trastevere. We will then return to our hotel. You can purchase dinner in the neighborhood, and will have the opportunity to get to bed early.

## **Sat. October 15th: Imperial Rome**

AM - Tour the heart of the Roman Empire: the Roman Forum and Coliseum.

PM - Visit the Basilica of San Clemente, famous for its 3 levels of construction: a 12th century basilica atop a 4th century basilica atop a 1st century apartment house and shrine to the Persian god Mithra. After our visit, you will have free time for further exploring or for enjoying an aperitivo in a cafe. Tonight will be our first group dinner.

## **Sun. October 16th: The Capitoline Museum and the Campus Martius**

AM - Visit the Capitoline Hill and Museum

PM - Visit the Campus Martius area, the heart of Medieval Rome, home of the ancient Pantheon and the Piazza Navona, and featuring some of the best coffee and gelato shops in Rome!

## **Mon. October 17th: The Middle Ages - Day Trip to Orvieto**

Today we will take the train to Orvieto, one of Italy's most beautiful Medieval hill towns. Founded by the ancient Etruscans, Orvieto is now famous for its Cathedral and Classico wine. The Cathedral features one of the most elaborate Gothic facades in Italy. Inside the Cathedral is the famous Chapel of San Brizio, containing the frescoes of the Last Judgement by the Renaissance artist Luca Signorelli.

## **Tues. October 18th: The Vatican**

AM - Tour of the Vatican Museums, including the Sistine Chapel and the Raphael Rooms

PM - Tour of St. Peter's Basilica. After visiting the Basilica, we will have a guided tour of the archaeological site underneath the basilica, the 'Scavi', featuring an ancient cemetery and the tomb of St. Peter.

# ITINERARY CONTINUED



## **Wed. October 19th: The Tiber River and the Villa Borghese**

AM - This morning we will visit the area of the city along the Tiber River, which includes the ancient cattle market, or Forum Boarium, Tiber Island, the Mouth of Truth, and the Circus Maximus. We will then have a group lunch together in the nearby Jewish Ghetto area.

PM - This afternoon we will visit the Villa Borghese Museum, famous for its collection of sculptures by Bernini. Nearby are the magnificent Piazza del Popolo and the Spanish Steps.

## **Thurs. October 20th: Free Day**

Today will be free. Dr. Rubinstein and the Paideia Institute staff can help you decide how best to use your time. Some of you may wish to shop, or visit more museums and churches; others may want to take day trips to either Florence or Pompeii, which we can help arrange.

## **Fri. October 21st: An Ancient City - Ostia, the port of Rome**

Today we will visit one of the most perfectly preserved ancient cities, Ostia Antica, which was the port of Ancient Rome. On our return to Rome, we will stop on the Quirinal Hill and visit 2 masterpieces of Baroque Architecture, Borromini's San Carlo alle Quattro Fontane and Bernini's Sant'Andrea al Quirinale. We will then make a final stop at the Trevi Fountain to say *Arrivederci, Roma* - "see you again, Rome"!

In the evening we will celebrate a good-bye dinner at the Ristorante Da Pancrazio, site of the murder of Julius Caesar.

## **Sat. October 22nd: Return to USA**

AM - Transfer to Fiumicino Airport

PM - Flight to USA

For more information, please visit the [trip website](#).