

Sefer Shemot

Parshat Shemot Summary

Yaakov and his family go down to *Mitzrayim*. *Bnei Yisrael* are enslaved in *Mitzrayim*. *Paroh* makes a law that baby boys should be killed, but the midwives do not listen and *Moshe* is born to *Yocheved* and *Amram*. His siblings are *Aharon* and *Miriam*. *Moshe* is saved as a baby by *Paroh's* daughter and grows up in the palace. He has to escape to *Midian* after killing an Egyptian. In *Midian* he marries *Tziporah*, *Yitro's* daughter, and shepherds *Yitro's* sheep. *Hashem* appears to *Moshe* in a burning bush, and gives him three signs to show *Bnei Yisrael* and *Paroh* on his return to *Mitzrayim*.

*Note: Key words build by year group. Previous years' key words should be reviewed in addition to the ones specified.

EFYS

Middah/Mitzvah

Kindness

Moshe is born. *Paroh*, King of *Mitzrayim*, wants to kill all Jewish baby boys. *Moshe's* mother hides him for three months at home and then puts him in a *Tevah* (basket) in the river. His sister watches over him all the time to make sure that he is safe. *Paroh's* daughter takes him out of the river. She takes *Moshe* home to the palace where he grows up.

Key words	Wellbeing PSHE RSE	Resources for teachers
תינוק משה פרעה תבה מרים יוכבד הסוד	Giving Physical Health & Mental Wellbeing Belonging to a community Relationships Living in the wider world Families and people who care for me Caring Friendships Respectful relationships	Books The Lion and the mouse - Jerry Pinkney Bagels from Benny - Aubery Davis Powerpoint Link Music Kindness song

Year 1

Middah/Mitzvah

A Jewish person has a Jewish name

Yaakov's family goes down to *Mitzrayim*. They make their homes there but they keep their Jewish names. After *Yosef's* death, *Paroh* makes them work hard for him and they become his slaves (*Avadim*). (*Moshe's* birth as above). *Moshe's* parents are called *Amram* and *Yocheved* and his older sister and brother are called *Miriam* and *Aharon*. These Jewish names are used to this very day. All the time that *Bnei Yisrael* are in *Mitzrayim* they keep their Jewish names because they are proud of them. The Hebrew word for name is 'שם' and the plural is 'שמות' Make the link to children's Jewish names.

Key words	Wellbeing PSHE RSE	Resources for teachers
משה בתבה יעקב מצרים בני ישראל עבדים עמרם בתיה אהרון שם - שמות	Connect Relationships Belonging to a community – Living in the wider world Caring Friendships	Books A name for baby - Lizi Boyd Rosie and the Moel - Judy Silverman Powerpoint Link Music Uncle Moishy Name Song Name Game

Year 2

Middah/Mitzvah

Kedushat Hamakom - Respect for a holy place (Link with Shul)

Moshe grows up in the palace and sees how *Bnei Yisrael* are suffering from slavery. He kills a *Mitzri* who is beating up a Jew and has to escape to *Midian*. He becomes a shepherd in *Midian* and marries *Zipporah* the daughter of *Yitro*. One day he wanders into the *Midbar* (desert) where *Hashem* speaks to him from a burning bush and tells him to remove his shoes because he is standing in a holy place. *Hashem* tells *Moshe* to go back to *Mitzrayim* to tell *Paroh* to let *Bnei Yisrael* leave. (*Kohanim* remove their shoes to bless the community on some of our *chagim*.)

Key words	Wellbeing PSHE RSE	Resources for teachers
ספר שמות פרשת שמות הסנה הבער מדיו יתרו צפורה גרשם אליעזר	Take Notice Relationships Living in the Wider world Respectful Relationships Health and Wellbeing	Books The Way I act - Steve Metzger The Little Old Lady - Yaffa Ganz Let's go to Shul - Rikki Benenfeld Powerpoint Link Music Grover visits Israel Respect

Year 3

Middah/Mitzvah

Looking for the good in everything

Yocheved sees the birth of *Moshe* as '*Ki Tov*' (it was good), even though the birth of a son at this time is dangerous because of *Paroh's* decree. *Yocheved* trusts in *Hashem* that He will help her to save her baby's life. She accepts that everything that happens is for the good. (Link to '*Ki Tov*' in Parshat Bereshit – *Hashem* sees the good in everything that He has created.)

Key Pasuk	Chumash Skills Spiral links	Wellbeing PSHE RSE	Resources for teachers
Shemot 2:2	Finding the place אשה, בן, טוב, הוא, שלשה, ראה, כי Prefix: ה Suffix: ים	Gratitude Living in the wider world Belonging to a community Families and Friendships Respectful relationships, including friendships Families and people who care for me. Online Relationships Caring Friendships Being Safe	Books The Most Magnificent Thing - Ashley Spires Say it with Zest - Aaron Friedman Powerpoint Link Music Jason Mraz - Look For The Good

Year 4

Middah/Mitzvah

Standing up against injustice

After killing the *Mitzri*, who has beaten up the Jew, *Moshe* escapes to *Midian* where he meets *Yitro's* daughters at the well. *Moshe* protects the daughters by preventing the shepherds from their continual bullying of them when they meet at the well. *Moshe* marries *Yitro's* daughter *Zipporah*. (Link to other 'meetings at the well' scenarios.)

Key Pasuk	Chumash Skills Spiral links	Wellbeing PSHE RSE	Resources for teachers
Shemot 2:16-17 Finding the place	כהן, שבע, בת/בנות, צאן, אב, בוא, רועה/רועים, קום Prefixes: ו, ות, וי... Suffix: ם	Take Notice Living in the wider world Relationships Respecting ourselves and others Families and Friendships Respectful relationships, including friendships Families and people who care	Books Noni Speaks Up - Heather Hartt Sussman Powerpoint Link Video Aesop's Fables - Short Stories for Children - The Right Choice Music Stand Up, Speak Up

Year 5

Middah/Mitzvah

Empathy leading to action

Hashem appears to *Moshe* in a burning bush and tells him that he has heard the cries of *Bnei Yisrael*. He commands *Moshe* to return to *Mitzrayim* to lead *Bnei Yisrael* to freedom. He gives *Moshe* three signs with which to prove to *Bnei Yisrael* and *Paroh* that he has been sent by *Hashem*. Focus: *Moshe's* feelings and concerns for others, which lead him to take action – he kills a *Mitzri* to save a Jew; he rescues *Yitro's* daughters from the bullying shepherds. *Hashem's* feelings and concerns for *Bnei Yisrael* – He hears their cries and takes action – *Moshe* is commanded to return to *Mitzrayim*.

Key Pasuk	Chumash Skills Spiral links	Wellbeing PSHE RSE	Resources for teachers
Shemot 2:11 and 3:7 and Rashi (Hashem 'took notice' of the people's pain and listened to their cries)	Comprehend the plain meaning of a simple Torah text with little support. Identify word families in the text. ראה, יום/ימים, אח/אחים, איש, אמר, עם, אשר, שמע, ידע Prefixes: ו, ב, ה, מ Suffixes: י, תי	Connect Relationships Living in the Wider world Belonging to a community Health and Wellbeing Respectful relationships, including friendships Families and people who care for me. Caring Friendships Being Safe	Books Come with Me - Holly M McGee Talis Slippers Tova's Shoes - Yaffa Ganz Powerpoint Link Video Empathy

Year 6

Middah/Mitzvah

Yirat Shamayim - Respect for and fear of Hashem

Bnei Yisrael in *Mitzrayim*. Their enslavement. *Paroh's* decree to the midwives to kill the Jewish baby boys at birth and his subsequent decree to have them drowned in the river. Focus: *The Yirat Shamayim* of *Yocheved* and *Miriam*, the midwives, gives them the courage and determination to disobey the orders of *Paroh* to murder the Jewish baby boys at birth and his subsequent decree to have them drowned in the river.

Key Pasuk	Chumash Skills Spiral links	Wellbeing PSHE RSE	Resources for teachers
Shemot 1:17	Comprehend the plain meaning of a simple Torah text with little support. Identify word families in the text. ראה, מילדת מילדות, לא, עשה, כאשר, דבר, מלה, ילד/ילדים, חיה Prefixes: ה, ו Suffixes: ו, ן	5 Ways to Wellbeing Physical health and mental wellbeing Respecting ourselves and others Respectful relationships, including friendships	Powerpoint Link Video Link