

# Dad Gets Fit



PA Reading  
Level 1  
Book 6

Series created  
for PA by  
Abby



## Welcome to PA Reading!

It is important that children are familiar with the vocabulary in the book before reading the story.

The vocabulary list is found on the first page. Teach these words first.

If children struggle to learn new words try making flashcards. Look on the PA (Alternative Curriculum) website for ideas for games that make vocabulary learning fun.

Some words can be 'sounded out' and it's important that 'phonics' or letter sounds are learnt simultaneously.

Book 1 uses eleven words and subsequent books introduce a few more so there is a gradual build up of high frequency words.

There are ten books in total and once children have memorised enough 'key words' they should not need a reading scheme. They can then be introduced to the many wonderful books written in the English language.

Happy reading!

Can you read these  
words?

house

need

lift

push ups

gym

will

have.

tidy

Words that are easy  
to 'sound out.'

fit

fix





This house is a  
tip.





We need to

fix it.





I need to get fit.



You can get fit  
here.





I need to run.





Here, you  
can run with  
Sam.





I need to lift.





Here, you can lift  
this.





Oh look ! A new  
gym.



I want to go in.



I need to do  
push ups in the  
new gym.





Here, you can

push this and we

will have a .....





tidy house !





# About this story

## Book 6 – Dad Gets Fit

Mum wants a clean tidy house but Dad isn't keen on helping. He has his eye on a new gym where he can get fit.

Mum has other ideas!

## Notes for parents about comprehension

**Comprehension skills** are split into two levels; lower level and higher level skills.

**Lower level skills** are the technical skills needed for reading such as the the ability to 'sound out' and memorise those tricky words essential for fluency.

Typical questions to ask children who are right at the beginning of their learning to read journey are:

What can you see in the picture?

Where is Mum? What is Dad doing?

How many dresses does Mum try on? etc.

**Higher level literacy skills** are about extracting meaning from text such as understanding characters, predicting what might happen next in a story or recounting a story.

Typically questions often begin with 'why?'

Why to you think Mum is cross?

Why do you think Lucy is crying?