



Project FIND Coffeehouse Senior Center
 331 W 42nd Street (btw 8th & 9th Ave), New York, NY 10036
 Phone: (646) 545-4624 | Fax: (646) 532-2421
 abrown@projectfind.org
 cperez@projectfind.org

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Breakfast Menu

December 18

Breakfast is served Monday - Friday from 9am - 10:30am
 Milk and Bread Served with Meal

Funded Under Contract with the NYC Department for the Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Turkey Link Sausage Cheerios Whole Wheat Mini Bagel Orange Pineapple Juice	4 Stuffed Breakfast Potato Skins Bran Flakes Cereal Banana Apple Juice	5 Baked Breaded Chicken Cutlet Oatmeal Whole Wheat Mini Bagel Orange Juice	6 Turkey Bacon w/ Lettuce & Tomato Fiber One Cereal Banana Orange Pineapple Juice	7 Empanadas Western Omelette Cream of Wheat Canned Pineapple Grape Juice
10 Hard Boiled Eggs Bran Flakes Cereal Whole Wheat Mini Bagel Apple Juice	11 Grilled Mozzarella and Tomato Sandwich Cheerios Cheesy Home Fries Banana Pineapple Juice	12 Turkey Link Sausage O'Brien Potatoes Pear Orange Juice	13 Scrambled Eggs w/ Red Peppers and Onions Cheerios Bran Muffin Grapefruit Grape Juice	14 Empanadas Grilled Chicken Breast Cheesy Grits Whole Wheat Mini Bagel Banana Pineapple Juice
17 Hard Boiled Eggs Bran Flakes Cereal Whole Wheat Mini Bagel Banana Orange Pineapple Juice	18 Grilled Mozzarella and Tomato Sandwich Cheerios Cheesy Home Fries Banana Grape Juice	19 Turkey Link Sausage Oatmeal French Toast w/ Pancake Syrup Pear Pineapple Juice	20 Scrambled Eggs w/ Swiss Cheese Grits Banana Orange Juice	21 Empanadas Grilled Chicken Breast Cheerios Whole Wheat Mini Bagel Apple Juice
24 Hard Boiled Egg Bran Flakes Cereal Whole Wheat Mini Bagel Banana Orange Pineapple Juice	25 Christmas Day No Breakfast Doors Open at 12:00PM for Lunch	26 Closed For Christmas All Other Centers Open	27 Scrambled Eggs w/ Swiss Grits Banana Orange Juice	28 Empanadas Grilled Chicken Breast Cheerios Whole Wheat Mini Bagel Apple Juice
31 Omelette w/ Peppers and Onions Bran Flakes Cereal Canned Pineapples Apple Juice				