



Project FIND CoffeehouseSenior Center
 331 W 42nd Street btw 8th&9th Ave
 New York, New York 10036
 (646)545-4624 (646) 532-2421 Fax
 abrown@projectfind.org
 cperez@projectfind.org

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Breakfast Menu

Breakfast is served Monday to Friday from 9am -10:30 am
 Milk and Bread Served with Meal

May 2019

Funded Under Contract with the NYC Department for the Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Turkey Link Sausage O'Brien Potatoes Wheat English Muffin Pear Orange Juice	2 Scrambled Eggs w/ Red Peppers and Onions Cheerios Buttermilk Buscuit Grapefruit Grape Juice	3 Grilled Chicken Breast Home Fries Wheat Mini Bagel Banana Pineapple Juice
6 Omelette w/ Peppers and Onions Bran Flakes Cereal Canned Pineapple Apple Juice	7 Turkey Bacon w/ Lettuce and Tomatoes Honey Nut Cheerios Wheat Mini Bagel Banana Pineapple Juice	8 Grilled Chicken Breast Bran Flakes Cereal Cheesy Home Fries Pear Grape Juice	9 Hard Boiled Egg Cheerios Wheat English Muffin Orange Juice	10 Turkey Link Sausage Oatmeal French Toast w/ Pancake Syrup Banana Orange Pineapple Juice
13 Turkey Link Sausage Bran Flakes Cereal French Toast w/ Pancake Syrup Canned Apricots Orange Juice	14 Baked Egg Omelette Cheesy Homefries Apple Grape Juice	15 Turkey Bacon w/ Lettuce and Tomatoes Bran Flakes Cereal Wheat Mini Bagel Pear Pineapple Juice	16 Scrambled Eggs w/ Diced Peppers and Ham Grits Grapefruit Apple Juice	17 Grilled Chicken Breast Cheerios Wheat Mini Bagel Banana Orange Pineapple Juice
20 Grilled Mozzarella and Tomato Sandwich Cheerios Applesauce Grape Juice	21 Omelette w/ Peppers and Onions Bran Flakes Cereal Banana Orange Pineapple Juice	22 Baked Chicken Cutlet Cheerios Wheat Mini Bagel Canned Pineapple Apple Juice	23 Stuffed Breakfast Potato Skins Farina Oat Bran Grapefruit Pineapple Juice	24 Hard Boiled Egg Cheerios Wheat Mini Bagel Banana Orange Juice
27 Turkey Link Sausage Grits French Toast w/ Pancake Syrup Canned Pineapples Pineapple Juice	28 Center Closed for Memorial Day All Other Centers are Open	29 Baked Chicken Cutlet Oatmeal Wheat Mini Bagel Orange Juice	30 Turkey w/ Lettuce and Tomatoes Fiber One Cereal Banana Orange Pineapple Juice	31 Western Omelette Cream of Wheat Orange Grape Juice