



Project FIND Hamilton Senior Center
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Salad Menu

Dinner Served from 4:30pm - 6pm
 Bread, Milk, and Coffee or Tea Served Daily
 Voluntary Contribution of \$2.00

December 2018

Funded Under Contract with the NYC Department for the Aging (DFTA)

SALAD BAR					
	December 4, 2018	December 11, 2018	December 18, 2018	December 25, 2018	
Tuesday	Roast Beef Potato Salad (Red Bliss) Beans (Black) Tomatoes (Cherry) Cucumbers Mushrooms Bean Sprouts Cheese (Cheddar) Onions (Green or Red) Peppers (Red or Green)	Roast Pork Loin Corn Salad Spinach Beans (Pink) Mushrooms Carrots (Shredded) Peppers (Red/Orange) Tomatoes (Cherry) Sliced Strawberry, Grapes Onions (Green or Red)	Fresh Tuna Salad Mexican Corn Mix Lettuce (Romaine) Beans (Pinto) Spinach Tomatoes (Cherry) Onion (Red or Green) Peppers (Red or Orange) Cheese (White Cheddar)	Closed for Christmas	
		December 6, 2018	December 13, 2018	December 20, 2018	December 27, 2018
Thursday	Pork Loin Corn Salad Kale Beans (Red Kidney) Diced Apples (Red or Green) Edamame Peppers (Red/Orange) Onions Hard-Boiled Egg Cheese (White Cheddar)	Roast Beef Corn Salad Cabbage (Red) Beans (Chick Peas) Tomatoes (Cherry) Carrots (Shredded) Onions (Green or Red) Sliced Strawberry, Grapes Cheese (White Cheddar) Cucumbers	Grilled Chicken Orzo Salad Spinach Edamame Tomatoes (Cherry) Cucumbers Onion (Green or Red) Sliced Beets Hard - Boiled Egg	Grilled Pork Loin Salad (Macaroni) Spinach Edamame Tomatoes (Cherry) Cucumbers Onions (Green or Red) Sliced Beets Hard-Boiled Egg	