



Project FIND Woodstock Senior Center  
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# Breakfast Menu

Breakfast Served Tuesday to Sunday from 8:30 - 10:00 am  
 Bread, Milk, and Coffee or Tea Served Daily  
 Suggested Contribution: \$1.25

# January 2019

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Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Center Closed New Year Day	Cheddar Cheese Whole Wheat English Muffin Home Fries w/ Peppers & Onions Apple Juice Orange	Lettuce & Tomato Turkey Bacon Bran Flakes Cereal Whole Wheat Mini Bagel Banana Orange Pineapple Juice	Baked Breaded Chicken Cutlet Oatmeal/Oat Bran Apple Orange Juice	Omelette w/ Peppers & Onions Turkey Sausage Patty Bran Flakes Cereal Apple Juice Cantaloupe	Scrambled Eggs w/ Red Peppers & Onions Oatmeal/Wheat Bran Canned Apricots Orange Pineapple Juice
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Hard Boiled Egg Oatmeal Wheat Bran Apple Grape Juice	Western Omelette Buttermilk Biscuit Grits Orange Juice Pear	Grilled Cheese Sandwich Cheerios Grape Juice Orange	Baked Breaded Chicken Cutlet Whole Wheat English Muffin Wheatena Banana Orange Pineapple Juice	Baked Egg Omelette Oatmeal/Oat Bran Apple Juice Orange	Egg a La Mexicana Toasted Oats Cereal Cantaloupe Orange Juice
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Grilled Cheese Sandwich Oatmeal/Wheat Bran Banana Orange Pineapple Juice	Baked Egg Omelette Turkey Sausage Patty Whole Wheat English Muffin Raisin Bran Cereal Grape Juice Orange	Grilled Mozzarella & Tomato - Sandwich Cheerios Canned Apricots Orange Juice	Baked Breaded Chicken Cutlet Home Fries w/ Peppers & Onions Toasted Oats Cereal Apple Juice	Egg a La Mexicana Grits Whole Wheat Mini Bagel Banana Grape Juice	Scrambled Eggs w/ Red Peppers & Onions Oatmeal Orange Juice Pear
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Baked Egg Omelette Whole Wheat English Muffin Wheatena Wheat Bran Canned Apricots Orange Juice	Center Closed Martin Luther King Jr Holiday  Centers that are open: Clinton, Coffeehouse & Hamilton	Turkey Sausage Patty Home Fries w/ Peppers & Onion Oatmeal/Wheat Bran Apple Juice Cantaloupe	Lettuce & Tomato Turkey Bacon Grape Nuts Cereal Whole Wheat Mini Bagel Banana Grape Juice	Scrambled Eggs w/ Red Peppers & Onions Turkey Sausage Link Cheesy Grits Apple Orange Juice	Omelette w/ Peppers & Onions Oatmeal/Oat Bran Canned Apricots Grape Juice
<b>29</b>	<b>30</b>	<b>31</b>			
Turkey Sausage Link Cheesy Home Fries Whole Wheat Mini Bagel Apple Juice	Stuffed Breakfast Potato Skins Raisin Bran Cereal Apple Orange Juice	Turkey Bacon French Toast Oatmeal/Wheat Bran Banana Orange Pineapple Juice			