



Project FIND Woodstock Senior Center
 127 West 43rd Street
 New York, NY 10036
 (212)-575-0693, Fax 212-302-8239
 E-mail: cthompson@projectfind.org

Breakfast Menu

Breakfast Served Tuesday to Sunday from 8:30 - 10:00 am
 Bread, Milk and Coffee or Tea Served Daily
 Suggested Contribution: \$1.25

September 2019

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Funded Under Contract with the NYC Department for the Aging

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Scrambled Eggs w/ Red Peppers&Onions Maypo Fresh Apricots Orange Pineapple Juice Orange Pineapple Juice
3 Center Closed for Labor Day Center that are open are: Coffeeshouse, Clinton and Hamilton	4 Baked Egg Omelette Turkey Sausage Patty Whole Wheat English Muffin Raisin Bran Cereal Grape Juice Orange	5 Mozzarella & Tomato Sandwich Cheerios Fresh Apricots Orange Juice	6 Hard Boiled Egg Home Fries w/ Peppers & Onions Toasted Oats Cereal Apple Juice	7 Egg a la Mexicana Home Made Grits Whole Wheat Mini Bagel Banana Grape Juice	8 Scrambled Eggs w/ Red Peppers&Onions Oatmeal Orange Juice Pear
10 Turkey Sausage Link Cheesy Home Fries Whole Wheat Mini Bagel Apple Juice	11 Stuffed Breakfast Potato Skins Raisin Bran Cereal Orange Pineapple Juice	12 Turkey Bacon French Toast Oatmeal/Wheat Bran Banana Orange Pineapple Juice	13 Baked Breaded Chicken Cutlet Bran Flakes Cereal Waffles Apple Orange Juice	14 Omelette w/ Peppers & Onions Bran Muffin Maypo Grape Juice Pear	15 Scrambled Eggs w/ Swiss Cheese Cheerios Orange Juice
17 Baked Egg Omelette Wheat Bran Wheatena Whole Wheat Bread Fresh Apricots Orange Juice	18 Hard Boiled Egg Multigrain Cheerios Orange Orange Pineapple Juice	19 Turkey Sausage Patty Home Fries w/ Peppers & Onions Oatmeal/Wheat Bran Apple Orange Juice	20 Lettuce & Tomato Turkey Bacon Grape Nuts Cereal Whole Wheat Mini Bagel Banana Grape Juice	21 Scrambled Eggs Red Peppers&Onion Turkey Sausage Link Cheesy Grits Apple Juice Cantaloupe	22 Omelette w/ Peppers & Onions Oatmeal/Oat Bran Fresh Apricots Grape Juice
24 Hard Boiled Egg Raisin Bran Cereal Whole Wheat Mini Bagel Orange Pineapple Juice	25 Turkey Sausage Link Cheesy Home Fries Maypo Apple Grape Juice	26 Omelette w/ Peppers & Onions Bran Muffin Grits Orange Juice	27 Mozzarella & Tomato Sandwich Bran Flakes Cereal Grape Juice Orange Juice	28 Scrambled Eggs w/ Peppers & Ham Cheerios Whole Wheat English Muffin Banana Orange Pineapple Juice	29 Baked Turkey Breast Home Fries Oatmeal Apple Juice Pear