

## 2019 National Youth Summit: What is Your Super Power?

School/Agency	Workshop title	Audience	Workshop description
<b>MORNING BREAKOUT SESSION OPTIONS</b>			
Steele Canyon High School (CA) & East Chapel Hill High School (NC)	Your Super Power? You Can Say Something!	MS/HS	Say Something teaches youth how to recognize signs and signals, especially within social media, from individuals who may be a threat to themselves or others and Say Something to a trusted adult BEFORE it is too late. Learn how to Know the Signs and to Say Something. This session will show how youth can present the Say Something training and ideas will be shared for Say Something Week.
Dutchtown High School (GA)	The Social Circle	MS/HS	A workshop on how to increase student engagement and discussion about important social skills such as bullying, friendship, inclusion, etc. using technology tools and events.
O.H. Platt High School (CT)	Heroic Youth Voices	MS/HS	This workshop will focus on best practices on navigating our youth's opinions. Learn how to utilize circle discussions, guided questions, and youth facilitators with little-to-no adult interaction other than a copious note-taker and question answerer on an as-needed basis. The workshop will showcase a small sample of what these sessions look like, how they can be easily implemented in a school or community center, and ways adults can utilize the information shared to influence culture and climate in their community.
Optimism Preventive Services, Inc. (SC)	"POW" Power of Words	MS	Words can heal or hurt; boost self-esteem or destroy self-esteem. Words and also be helpful or harmful. This session will present the presence of Word Heroes that will show the how crucial the words we choose to use can shape our lives in positive or negative ways.
Sandy Hook Promise	Empower & Engage: Elevating the Youth Voice in Gun Violence Prevention	MS/HS	The SHP Policy team would like to present an overview and discussion of the important of youth activism in violence prevention. Specifically, we would like to provide opportunities for students to share stories and testimonies, and provide resources for creating and executing effective advocacy campaigns.
St. Stephens High School (NC)	Sticks & Stones: Using Theatre as a Super Power	ES/MS/HS	Join us as we showcase our Sticks & Stones Project. The project would work well with any grade level, but this first outing involved Fifth graders sharing stories of their personal accounts of bullying and meanness. Tractor Shed Theatre teens then took those stories to create an original play called Sticks & Stones which they performed at the elementary school. After the show, they led an awareness activity, and a kindness project. They also used technology to vlog advice to student participants in a tailor-fit YouTube channel for the children.
Miami Southridge Senior High (FL)	Courageous Counselors Conquer Conflict	ES/MS/HS	Learn how to take on the powers of a Counselor. Explore how to manage conflicts from other perspectives and use your ultimate super power, empathy! This interactive session will include a series of scenarios that participants will search for positive and efficient ways to solve them.
Brandon High School (MS)	SuperPower: Social Media	MS/HS	This workshop is designed to share how Brandon High School successfully implemented the SAVE-SADD club using a great deal of social media.
Sandy Hook Promise	Feedback Session: Start With Hello and Say Something Programs	Advisors Only	This workshop will review the primary elements of the Start With Hello and Say Something presentations as well as potential revisions to these presentations. The workshop will also include structured opportunities for participants to provide feedback that will improve both presentations.
E. A. Laney High School (NC)	It's not the Onions that are making me cry: it's the bullying	MS/HS	This interactive session will cover the issues that can lead to bullying. Learn about the different types of bullying: physical, verbal, psychological, and cyberbullying through social media platforms. Discuss what leads to bullying and solutions to prevent bullying in your school, through small group discussions.

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<b>AFTERNOON BREAKOUT SESSION OPTIONS</b>			
Tuscola SAVE Promise Club (NC)	Start With Hello Heroes	ES/MS/HS	Tuscola SAVE Promise Club will engage participants in fun, creative Start With Hello week ideas. We will also discuss ways to stay Start With Hello heroes all year, to Start With Hello and keep it going.
Mukwonago High School (WI)	Superheroes in the Community	ES/MS/HS	Show how to integrate our club's ideas and practices within the community by presenting what we have been working on throughout the year and the other activities we plan on doing the rest of years to come.
Sandy Hook Promise	Help to Improve Start With Hello and Say Something Programs	ES/MS/HS	This workshop will review the primary elements of the Start With Hello and Say Something presentations as well as potential revisions to these presentations. The workshop will also include structured opportunities for participants to provide feedback that will improve both presentations.
John F Kennedy HS (CA)	Let's Share Superpowers!	MS/HS	How do you use your superpowers at school, your community, or in general? This session will be teaching you how to plan school awareness events, offer resources to students from a student perspective and what they look like. We will share with how we have recruited new members every year and about the activities we have done to improve the school climate.
Chapel Hill High School (NC)	The Super Power of Youth Voice, Lobbying and Advocacy	HS	This workshop addresses how to effectively advocate for change. Whether to local, state, or national officials. Hear from the voices of students with experience influencing decisions and lobbying. Learn how to let your voice be heard.
Swansboro High School (NC)	Things Change	MS/HS	Change. It's all around us. It's just part of growing and evolving. Our session will discuss the different types of change, how to deal with difficult changes and how to utilize your club to support your community through change.
Cutler Bay Senior High (FL)	S.T.A.N.D. Together as Superheroes!	MS/HS	The S.T.A.N.D. (Students Together Against Negative Decisions) Club will review the impact and success of activities implemented through the "Know the Signs" programs, both Start with Hello and Say Something. It will also seek to empower students to be engaged in promoting school safety and preventing social isolation.
Florence Middle School (MS)	Having "SUPER" Vision	ES/MS/HS	This workshop will help students and adults recognize the signs of social isolation and how to approach and connect with those students or adults who struggle with finding their "niche" in their school culture.
Pinecrest High School (NC)	Positive Behavior Interventions create Super Powers	Advisors Only	Pinecrest High School's SAVE Promise members are ambassadors on the Positive Behavior Interventions and Support (PBIS) team. The PBIS Team uses Canvas, an Online learning System, that allows for single sign-on, class sign on, and input learning strategies that reaches every student school wide. PBIS uses evidence and data-based programs, practices and strategies to frame behavioral improvement in terms of student growth in academic performance, safety, behavior, and establishing and maintaining positive school culture. SAVE Promise members and their advisor will share their club Canvas page and the Pinecrest's High Schools PBIS Canvas page to demonstrate how to utilize this interface system to reach the majority of the schools population and implement lesson plans and videos from Sandy Hook Promise during, "Start with Hello" and "Say Something" week.
Little Miami High School (OH)	The Superhero's guide to resist bullying	MS/HS	Join us to learn about bullying and the presumptions we have of others before getting to know who they really are. Start with Hello and Say Something will be incorporated to allow individuals to reflect on their ability to positively impact others.